

Local Resources for Older Adults in Washtenaw County

This resource database provides a list and description of services available in Washtenaw County to older adults and their families. It is organized by types of assistance.

If you do not see the category you are looking for, use the Find function (CTRL+F) to search for keywords.

Michigan Medicine Geriatrics Center does not endorse any of the services listed on this website. It is intended to be as comprehensive as possible. We apologize in advance for any omissions or errors. Please contact us at (734) 998-9353 or tswp.info@umich.edu to suggest changes.

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ADULT DAY CARE / RESPITE SERVICES - rev June 2022

Many assisted living and nursing facilities offer respite care based on availability.

Be sure to inquire at the specific facility.

Many home care agencies offer respite care in the home; also check with them.

AgeWays Nonprofit Senior Services (formerly AAA 1-B) — Caregiver Respite Voucher Program

Website: www.ageways.org (multiple languages)

Phone: (248) 292-5500

Services: Gives eligible caregivers up to \$575 annually (depending on available funding) to spend on respite care. **Eligibility:** Provide unpaid care for someone 60 or older; provide at least 2 hours of care a week. Professional referral required. Use CareLinx online site to hire a caregiver with these funds.

Hours: Monday - Friday 8 am - 5 pm

Fees: No fee.

AJ Lightfoot Adult Day Care Center

Address: 503 Miller Avenue, Ann Arbor, MI 48103

Phone: (734) 213-0566

Services: Provides recreational and therapeutic day services to dependent adults 55+, including those with Alzheimer's, dementia, Parkinson's & stroke. Can accommodate wheelchairs. Cannot accommodate smokers.

Hours: Tuesdays and Thursdays 9 am - 4 pm

Fees: Call for current rates.

ALS of Michigan - In-Home Respite

Website: alsofmi.org

Toll Free: (800) 882-5746

Services: Assistance program funds for respite care provided by local home healthcare agencies. Must have Amyotrophic Lateral Sclerosis (ALS/Lou Gehrig's disease).

Hours: Monday - Friday 8:30 am - 4:30 pm

Fees: No fee.

Alzheimer's Association - Michigan Chapter - Respite Care Financial Assistance

Website:

www.alz.org/gmc/helping_you/supportive_services/respite_care_financial_assistance#Respite

Toll Free: (800) 272-3900 24 Hours

Email: helplinegmc@alz.org

Services: Respite scholarships help cover the costs of adult day programs, in-home care, and/or overnight care. Eligibility requirements may apply.

Hours: 24 Hours

Fees: No fee.

American House Senior Living Residence

Website: www.americanhouse.com/carpenter

Address: 3470 Carpenter Road, Ypsilanti MI 48197

Phone: (734) 961-4578

Services: Short- or long-term respite with care coordination and available medical services.

Hours: Call for hours.

Fees: Call for current rates.

Ageways Nonprofit Senior Services (formerly Area Agency on Aging 1B)

Website: www.ageways.org/caregiver-resources/adult-day-programs/

Address: 29100 Northwestern Hwy., Suite 400, Southfield MI 48034

Phone: (248) 357-2255

Toll Free: (800) 852-7795

TTY Toll Free: (800) 649-3777

Fax: (248) 262-9971

Services: A directory of selected adult day care programs in Washtenaw County. For additional help finding an adult day or respite care program nearby, call the toll free number.

Hours: Information and assistance: Monday - Friday 8 am - 5 pm

Fees: Call programs for current rates and discounts. Some programs have eligibility requirements.

Catholic Charities of Washtenaw County (formerly: Catholic Social Services) - Volunteer Caregiver Respite (VCR)

Website: ccwwashtenaw.org/seniors/volunteer-caregiver-respite/

Phone: (734) 971-9781 ext. 511

Services: Trained volunteers provide in-home companionship visits for homebound Washtenaw County older adults, 2-4 hours per week. Clients must be at least 60 years old. No medical attention or assistance with toileting.

Hours: Scheduled visits of 2-4 hours per week.

Fees: No fee; donations accepted.

Chelsea Retirement Community - Respite & Short Stay Programs

Website: umrc.com/communities/chelsea-retirement-community/respite-short-stay/

Address: 805 W. Middle Street, Chelsea Michigan 48118

Phone: (734) 385-1323

Services: provide assistance with everyday tasks in Glazier Assisted Living.

Hours: Stays from 30 days minimum up to 6 months.

Fees: Call for current rates.

Chelsea Senior Center - Ease the Day

Website: chelseaseniors.org/programs-activities/ease-the-day-memory-support-programs/

Address: 512 Washington St, Chelsea, MI 48118

Phone: (734) 475-9242

Email: caregiversupport@chelseaseniors.org

Services: Gives family caregivers and their older adult loved ones (55 and better) a much-needed break without worry or guilt.

Hours: Tuesdays and Thursdays

Fees: Suggested contribution of \$5-35 per hour

Dottie Crim Adult Day Education Center - EHM Senior Solutions

Website: ehmss.org/services/adult-day-program/

Address: 200 Brecon Drive and 101 Brecon Drive, Saline MI 48176

Phone: (734) 429-1155

Email: marketing@ehmss.org

Services: Housed in the Memory Support Center and Brecon Village, Adult Day Care provides secure environments with specially trained staff to offer daily recreation, social support, and individually-based activities. Overnight respite is available.

Contact agencies directly for current hours / services.

Hours: Adult Day Services Monday – Friday; Respite & Overnight Services – 7 days a week.

Fees: Call for current rates. Hourly rates available.

Hillside Terrace

Website: www.hillside terrace.net

Address: 1939 Jackson Avenue, Ann Arbor MI 48103

Phone: (734) 761-4451

Services: Respite care available. LGBT-friendly.

Hours: Based on availability.

Fees: Call for current rates.

Jewish Family Services of Washtenaw County - Caregiver Assessment, Respite, Education & Support (CARES)

Website: www.jfsannarbor.org/cares/

Address: 2245 S. State Street, Ann Arbor MI 48104

Phone: (734) 769-0209

Email: info@jfsannarbor.org

Services: Respite care includes COMPANION CARE -- meal preparation, companionship, household chores, errands and/or SKILLED CARE -- bathing, dressing, dementia care, chronic condition care.

Hours: Vary. Limited to 36 hours during a 90 day period.

Fees: No fee.

Jewish Family Services of Washtenaw County - WISE

Address: 2245 S. State Street, Ann Arbor MI 48104

Website: www.jfsannarbor.org/wise.html

Phone: (734) 769-0209

Email: info@jfsannarbor.org

Services: Personalized support for older adults and caregivers; care coordination and management; and caregiver support, education and respite.

Hours: Vary.

Fees: No fee.

Linden Square Assisted Living Center - Respite Care

Website: linden-square-assisted-living-center-saline-michigan/

Address: 650 Woodland Drive East, Saline MI 48176

Phone: (734) 429-7600

Email: lindensquarealc@heritagepmi.com

Services: Adult Day Care ranges from a few hours to overnight and includes medication assistance, structured activities, snacks and/or meals, and quiet space as needed. Short-term stays are available for a week or a few months.

Hours: Provided hourly to monthly.

Fees: Call for current rates. Offers limited free Respite Ministry through area churches.

Michigan Parkinson Foundation - Respite Subsidies

Website: parkinsonsmi.org

Phone: (248) 433-1011

Toll Free: (800) 852-9781

Services: Provides individuals with Parkinson's disease with financial assistance of up to \$1,575 for respite care in a facility of their choice or for care in their home.

Contact agencies directly for current hours / services.

- **Out of home respite:** Must suffer from Parkinson's disease, be a Michigan resident, and attend a day care program in Michigan.
- **In-home respite:** Must have physician-diagnosed Parkinson's disease. Financial assistance for in-home care is income-based.

Hours: Call for hours.

Fees: No fee.

No Place Like Home Health

Website: <http://www.nplhh.com/>

Address: 37695 Pembroke Ave. Livonia, MI 48152

Phone: (734) 259-4200

Fax: (734) 259-4201

Email: info@nplhh.com

Services: Offers a free in-home evaluation to discuss the type and length of respite care needed, and will develop a plan of service. Covers a few hours, a day, a week or longer.

Hours: Call for hours

Fees: Vary by service.

PACE (Program of All-Inclusive Care for the Elderly) - Huron Valley

Website: www.HuronValleyPACE.org

Address: 2940 Ellsworth Road, Ypsilanti MI 48197

Phone: (734) 572-5777

Toll Free: (855) 483-7223

TDD/TTY Toll Free: (800) 649-3777

Services: Adult Day program and respite care for enrolled participants. Eligibility is based on medical criteria. Must be 55+ or with disabilities and live in the service area. Transportation provided.

Hours: Varies according to services provided. Office: Monday - Friday 8:30 am - 5 pm

Fees: No cost if on Medicaid / Medicare. If on Medicare only, responsible for portion of cost. Call for additional information.

Shelter Association of Washtenaw County - Recuperative Care Center

Website: www.annarborshelter.org

Address: Delonis Center, 312 W. Huron Street, Ann Arbor MI 48103

Phone: (734) 662.2829

Services: A medically based shelter that provides homeless individuals with time to recover from illness. Has medical supervision, case management and a bridge to permanent housing.

Hours: Admin Monday - Friday 9 am - 4:30 pm; Shelter 24 Hours.

Fees: No fee.

St. Louis Center

Website: stlouiscenter.org

Address: 16195 Old U.S. 12, Chelsea MI 48118

Phone: (734) 475-8430

Fax: (734) 475-0310

Email: mail@stlouiscenter.org

Services: Respite care for individuals 18+ with intellectual/developmental disability & cognitive impairment. Must meet admission criteria. Typical stays are 2-7 days.

Hours: Call for availability

Fees: Call for information.

St. Joseph's Village - Ann Arbor & Ypsilanti

Website: www.trinityhealthseniorcommunities.org/st-josephs-village

Address: 5341 McAuley Drive, Ypsilanti MI 48197

Phone: (734) 712-1610

Services: Respite care based on availability. Thirty (30) day minimum for independent or assisted living. Language services available for non-English speakers.

Hours: Office 8:30 am - 4 pm

Fees: Call for current rates.

Silver Club Memory Programs - Michigan Medicine

Website: michmed.org/silver-club-memory

Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor, MI 48105

Phone: (734) 998-9352

Fax: (734) 998-9340

Email: GerMedSilverClub@umich.edu

Services: Recreational and therapeutic day care services for older adults with mild and moderate memory loss. Activities include exercise, music, gardening, art and socialization. Interview required to determine eligibility. Early stage memory loss programs also available. Memory Care Cafe for individuals with dementia and their caregivers.

Hours: Monday through Friday 10 am - 3 pm. Early stage memory loss programs meet one day a week; call for information.

Fees: Hourly rates based on ability to pay; donations accepted.

Silver Maples of Chelsea

Website: silvermaples.org/living-options/short-stay/

Address: 100 Silver Maples Drive, Chelsea MI 48118

Phone: (734) 475-4111

Email: info@silvermaples.org

Services: Short-term respite stays in The Meadows assisted living residence. Includes social and recreational activities, art, musical and intellectual interests. Based on availability.

Hours: One week minimum to several months. Office: Monday - Friday 8 am - 5 pm

Fees: Call for current rates; prepayment required with refunds as appropriate.

Unforgettable Memory Care

Website: www.unforgettablememorycare.com/

Address: 5504 New Meadow Drive, Ypsilanti MI 48197

Phone: (734) 489-5839

Email: unforgettablememorycare@gmail.com

Services: Offers caregiver burnout support via day and evening respite care and overnight/short-term stays for ages 55+ at a licensed adult foster care home. Provides guidance, resources and nurse consulting to caregivers.

Hours: 24 Hours

Fees: Private pay.

VA - Geriatrics and Extended Care & Program of Comprehensive Assistance for Family Caregivers (PCAFC)

Website: www.patientcare.va.gov/geriatrics.asp

Address: 2215 Fuller Road, Ann Arbor MI 48105

Contact agencies directly for current hours / services.

Phone: (734) 222-7101 Caregiver Support

Toll Free: (855) 260-3274 Caregiver Support Line

Services: Offers Adult Day Health Care (ADHC) and Home or Nursing Home Respite Care for veterans. PCAFC offers up to 30 days of respite care per year.

Hours: Monday - Friday 8 am - 4:30 pm

Fees: Varies according to income and/or military service-connected disability.

COUNSELING / MENTAL HEALTH - rev Dec 2022

988 Suicide and Crisis Lifeline

Website: 988lifeline.org

[Ayuda En Español](#)

Toll Free or text: 988

TTY Toll Free: 711 then 988

Online Live Chat: 988lifeline.org/chat/

Services: Trained counselors are available to assess needs and connect callers with resources, and alert local emergency crisis teams, if necessary. Offers aid and resources for maternal mental health, Black mental health, Native Americans and Alaskan Natives and for individuals who are deaf, hard or hearing or who have hearing loss. Has specialized resources for individuals with neurodiversity, veterans, suicide attempt survivors, disaster survivors, loss survivors, LGBTQ+ individuals, and youth. Operates through the National Suicide Prevention Lifeline's network of more than 200 locally operated and funded crisis centers nationwide, including those in Michigan.

Hours: 24 Hours

Fees: No fee.

Ann Arbor Center for Independent Living (CIL)

Website: www.annarborcil.org

Address: 3941 Research Park Drive, Ann Arbor MI 48108

Phone: (734) 971-0277 AA & Livingston Co.

Fax: (734) 971-0826

Email: info@aacil.org

Services: The Center provides short-term individual counseling, skill-building classes, and independent living coaching for people with disabilities. Serves Washtenaw, Livingston and Monroe Counties.

Hours: Monday - Friday 8 am - 5 pm

Fees: No fee; donations accepted.

Ann Arbor Center for the Family

Website: www.annarborcenter.com

Address: 2395 Oak Valley Drive Suite 100, Ann Arbor MI 48103

Phone: Service/Intake (734) 995-5181 Alternate (734) 995-9010

Fax: (734) 995-9011

Services: Psychotherapy for individuals, couples, families, and groups; divorce and other mediation; and family business consultation.

Hours: Varies according to therapist

Fees: Varies. Some insurances accepted.

Catholic Charities of Washtenaw County (formerly: Catholic Social Services) - Behavioral Health Counseling Services

Website: www.cccwashtenaw.org/bhs/counseling

Address: 4925 Packard Road, Ann Arbor MI 48108

Phone: (734) 926-0155 Intake

Fax: (734) 971-2730

Services: Licensed social workers and psychologists provide assessment and short-term, solution focused therapy for individuals, couples, and families. Substance abuse assessment and treatment is also available. Provides psychiatric evaluation and medication monitoring when appropriate.

Hours: Monday - Friday 8:30 am - 4:30 pm; Saturday by appointment

Telehealth (phone and Zoom) appointments available.

Fees: Most insurance policies accepted, sliding scale available, self-pay rate.

Dawn Farm

Website: www.dawnfarm.org

Address: 315 N. Main, 1st Floor, Ann Arbor MI 48104 - Outpatient Services

Contact agencies directly for current hours / services.

6633 Stony Creek Road, Ypsilanti MI 48197

Spera (Detox) Recovery Center, 502 W. Huron, Ann Arbor MI 48104

Phone: (734) 821-0216 AA or (734) 485-8725 Ypsi or (734) 669-8265 Detox Intake

Email: info@dawnfarm.org

Services: Addiction treatment center providing assessments, case management, detox, residential services, and out-patient group/family/individual counseling to adolescents & adults.

Hours: Call for information.

Fees: Sliding scale, Medicaid.

Elder Abuse Hotline & Resources - Michigan - Dept. of Attorney General

Website: www.michigan.gov/ag/elder_abuse

Toll Free: (855) 444-3911 Report Abuse (800) 24 ABUSE (2-2873) Resources

Services: Call or complete a complaint form online to report suspected elder or vulnerable adult neglect, abuse or exploitation. AG site advises on how to document the situation.

Hours: 24 Hours

Fees: No fee.

EMU Community Behavioral Health Clinic (formerly EMU - Psychology Clinic)

Website: www.emich.edu/psychology/psychologyclinic

Address: 1075 N. Huron River Drive, Ypsilanti MI 48197

Phone: (734) 487-4987 Older Adults & Caregivers (734) 627-7620 leave name & number

Fax: (734) 487-4989

Email: psychclinic_admin@emich.edu

Services: Comprehensive cognitive and neuropsychological assessments and group and/or individual psychotherapy are provided to the Ypsilanti community and surrounding areas. Speciality programming available for caregivers and for older adults 60+ who have concerns about thinking, remembering or problem-solving.

Hours: Monday & Thursday 8 am – 7 pm; Tuesday - Wednesday 9 am - 7 pm; Friday 8:30 am – 4 pm

Telehealth sessions available.

Fees: \$5 per group session, \$10 per individual session; \$300 for a full psychological assessment. Fees due at time of service.

Family Crisis Center of Washtenaw

Website: www.familycrisiscenterwashtenaw.org

Address: 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104

Phone: (734) 660-7059

Services: Provides professional mental health assistance as well as resources to families, individuals, and couples. Holds small group sessions and workshops. Grief/loss support meetings are every Wednesday.

Hours: Call for hours.

Fees: Vary; call for information.

Hoarding Task Force of Washtenaw County % Synod Community Services

Website: htfwashtenaw.org

Address: 615 S. Mansfield, PO Box 980465, Ypsilanti MI 48198

Phone: (734) 340-5813

Email: hoarding@htfwashtenaw.org

Services: Provides Hoarding Behavior Assessments, counseling referrals, clutter assistance volunteer program, speakers and links to support groups for individuals.

Hours: Call for information.

Fees: Medicare and most insurances; some free or donation suggested on a sliding scale. Costs for code compliance are not covered.

Home of New Vision

Website: homeofnewvision.org

Address: 3115 Professional Drive, Ann Arbor MI 48104

Phone: (734) 975-1602

Fax: (734) 975-1604

Email: admin@homeofnewvision.org

Services: Various programs for those affected by substance abuse including recovery housing, recovery support program, and early intervention. Special programs include:

- **The Engagement Center** is a 24-hour crisis intervention facility providing a supervised, supportive setting for individuals with substance use and co-occurring disorders.
- **The Assessment and Referrals Program** serves clients referred from courts, Friend of the Court, Child Protective Services, Secretary of State, private attorneys, and other service agencies by performing psychosocial diagnostic assessments.
- **Washtenaw Recovery Advocacy Project** (under *Recovery Support Services*) - Seeks to save lives and to reduce the stigma surrounding Substance Use Disorders (SUD) through activities and events.
- **Detoxification Program** (under *Clinical Services*) provides non-medical (sub-acute or social) detoxification in a safe, home-like environment.

Hours: Monday - Friday 9 am - 5 pm

Fees: Services covered by Medicare/Medicaid and other insurances.

Kettles VA Medical Center (VA Ann Arbor) – Mental Health

Website: www.va.gov/ann-arbor-health-care/health-services/#mental-health-care

Address: 2215 Fuller Road, Ann Arbor MI 48103

Phone: (734) 845-3471

Toll Free: (800) 361-8387 Ext. 53471 Veterans Crisis Line 888 press 1 24 Hours

Services: General mental health, PTSD, substance use disorder, neuropsychology, geropsychiatry (persons 50+), returning veterans program, Military sexual trauma, suicide prevention, and women's mental health. Offers clinical videoconferencing.

Hours: Call for hours. Crisis Line 24 Hours.

Fees: Covered by VA health care.

LGBT National Help Center - Senior Hotline

Website: www.glbthotline.org/senior-hotline

Toll Free: (888) 234-7243

Online Live Chat: Yes, Peer Support

Email: help@LGBThotline.org

Services: Provides anonymous and safe space where callers can speak on many different issues and concerns including, but not limited to, coming out issues, gender and/or sexuality identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide,

and more. Offers factual information and local resources for the senior community via the GLBTnearme.org national database.

Hours: Monday - Friday 4 pm - 12 am (midnight); Saturdays 12 pm - 5 pm

Fees: No fee.

Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)

Website: mcedsv.org

Phone: (517) 347-7000

Toll Free: (855) VOICES4 (855) 864-2374 Sexual Assault (866) 864-2338 Domestic Violence

Fax: (517) 347-1377

TTY: (517) 381-8470

Text: (866) 238-1454 Sexual Assault (877) 861-0222 (Domestic Violence)

Online Live Chat: mcedsv.org/hotline/hotline-chat/ - Sexual Assault

mcedsv.org/hotline-domestic-violence/hotline-chat/ - Domestic Violence

Services: Develop and promote efforts to end domestic and sexual violence in Michigan. Resources include information on relationship violence and sexual violence in LGBT communities.

- [UMOJA, or Unity](#), an anti-oppression group forms social connections & provides education.
- [Survivor Law Clinic](#) provides legal representation; education, technical support and training; and expert witness referrals.

Hours: 24 Hour hotline, chat and text

Fees: No fee.

Michigan Medicine - Geriatrics Center - Social Work and Community Programs

Website: medicine.umich.edu/dept/geriatrics-center/community-programs/social-work

Address: 4260 Plymouth Road, Ann Arbor MI 48109

Phone: (734) 764-2556

Fax: (734) 647-8535 Clinic fax

Services: Various therapy groups available to anyone in the community; individual counseling for Turner Geriatric Clinic patients.

Hours: Monday - Friday 8 am – 5 pm

Fees: Services reimbursed by Medicare and most insurances.

Michigan Medicine Hospital - Psychiatric Emergency Services – 24 Hour Crisis Center

Website: www.medicine.umich.edu/dept/psychiatric-emergency-service

Address: Michigan Medicine Hospital, 1500 E. Medical Drive, Floor B1, Room A240, Ann Arbor MI 48109 (use Emergency Dept. entrance)

Phone: (734) 936-5900 24 Hours (734) 996-4747

Toll Free: 988 or 1-800-273-TALK (8255) National Suicide Prevention Lifeline

Services: Psychiatric Emergency Services (PES) provides crisis phone services and emergency/urgent walk-in evaluations resulting in treatment recommendations; crisis intervention; screening for inpatient psychiatric hospitalization; and mental health referral information.

Hours: 24 Hours

Fees: Charges are the same as an ER Visit. Covered by insurance plans and Medicare.

Michigan Mental Health Networker

Website: mhweb.org

Email: networker@mhweb.org

Services: Provides alphabetic listings, under county names, for agencies & therapists and for therapists by city. The "Bulletin Board Announcements" have upcoming programs & offers of services,

Hours: 24 Hours

Fees: No fee.

Muslim Social Services of Washtenaw County

Website: www.muslimsocialservices.net

Address: 2301 Plymouth Road, Ann Arbor MI 48105

Phone: (734) 206-2239

Services: Mental health and behavioral health counseling.

Hours: By appointment only

Fees: No fee.

NAMI (National Alliance of Mental Health) Washtenaw County

Website: namiwc.org

Address: 1100 N. Main Street, Ann Arbor MI 48104

Phone: (734) 994-6611

Toll Free: (800) 950-NAMI (6264) Helpline Mondays - Fridays 10 am - 6 pm

Text: "NAMI" to 741-741 Crisis SMS Service

Email: office@namiwc.org info@nami.org Monday - Friday 10 am - 6 pm

Services: Offers support groups and educational programs plus advocates for mental health issues.

Hours: Call for hours

Fees: No fee.

National Domestic Violence Hotline

Website: www.thehotline.org espanol.thehotline.org

Toll Free: (800) 799-SAFE (7233)

TTY Toll Free: (800) 787-3224

Text: START to 88788

Online Live Chat: [Yes](#)

Video Phone: (855) 812-1001 National Deaf Domestic Violence Hotline

IM: DeafHotline

Email: nationaldeafhotline@adwas.org Abused Deaf Women's Advocacy Services

Services: Trained advocates talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship. Additional links to services for Native Americans. Provides information on [Legal Help](#).

Hours: 24 Hours

Fees: No fee.

THRIVE - Jewish Family Services of Washtenaw County

Website: thrivecounselinga2.com

Address: 2245 S. State Street, Suite 1100, Ann Arbor MI 48104

Phone: (734) 436-4249

Email: hello@ThriveCounselingA2.com

Services: Clinical counseling services for individuals, couples and families.

Hours: Monday - Thursday 9 am - 5 pm & Friday 9 am - 3 pm

Fees: Many insurances, including Medicare & Medicaid, and employee assistance programs (EAP) accepted. Sliding scale available for uninsured.

Trans Lifeline

Website: translifeline.org [Español](#)

Toll Free: (877) 565-8860 24 Hour hotline (has Español-speaking operators.)

Services: A trans-led organization that connects trans people to the community, support, and resources needed to survive and thrive. Family & Friends Line callback available on request.

Hours: 24 Hours

Fees: No fee.

Trinity Health Michigan - Chelsea Hospital Behavioral Health - Clocktower Commons

Website: chelsea-hospital-behavioral-health-clocktower-commons

Address: 350 N. Main, Chelsea MI 48118 Outpatient

Phone: (734) 593-5251

Fax: (734) 593-5255

Services: Outpatient and inpatient programs are available. Services include individual and family counseling as well as support groups.

Hours: Call for hours.

Fees: Most insurance policies accepted.

Trinity Health St. Joseph Mercy Ann Arbor - Behavioral Health

Website: www.stjoesannarbor.org/behavioral-health (language services available)

Address: SJM-AA Hospital, 5301 McAuley Drive, Ann Arbor MI 48197

Huron Oaks - 5401 McAuley Drive, Ann Arbor MI 48106 (Adult Partial Hospitalization)

Greenbrook Recovery Center - 5401 McAuley Drive. PO Box 995, Ann Arbor MI 48106

Phone: (734) 712-3456

(734) 786-2300 AA, 2006 Hogback Road, Suite 1, Ann Arbor MI 48105 - Outpatient

(734) 593-5251 Chelsea, 350 N. Main Street, Suite 150, Chelsea MI 48118 - Outpatient

(734) 712-2762 AA & (734) 593-5200 Chelsea Hospital - Inpatient

(734) 712-5850 Adult Partial Hospitalization

(734) 786-4900 Outpatient Chemical Dependency @ Greenbrook Recovery Center

(734) 786-2300 Psychological Testing - Huron Oaks, 5401 McAuley Dr, Ypsilanti MI 48197

(734) 712-5762 Transition Clinic, 5401 McAuley Drive, Ann Arbor MI 48106

Services: Cognitive evaluation; mood, memory and behavior testing; social work counseling and assistance. Support to family members who are caregivers.

Hours: Varies by program; call for hours.

Fees: Covered by Medicare and most insurances.

University of Michigan - Eisenberg Family Depression Center - Depression Toolkit

Website: depressioncenter.org/outreach-education/community-education/depression-toolkit

Services: Information, tools, support, and resources for mental health journeys.

Hours: 24 Hours

Fees: No Fee

Veterans Crisis Line

Website: www.veteranscrisisline.net or any VA website - top right corner

[Español](#)

Toll Free: 988, press 1

TTY Toll Free: 711 then 988

Text: 838255

Online Live Chat: [Yes](#)

Services: Counseling for veterans, family members, National Guard and Reserve members, and friends or supporters.

Hours: 24 Hours

Fees: No fee.

Washtenaw County - Community Mental Health - Access/Crisis

Website: www.washtenaw.org/839/Community-Mental-Health (multiple languages)
www.washtenaw.org/2936/Crisis-Services

Address: Adult Services Clinics, 555 Towner Street, Ypsilanti MI 48197

Adult Services Annex, 110 N. Fourth Avenue, Ann Arbor MI 48107

Persons with Intellectual/Developmental Disabilities, 2140 E. Ellsworth, Ann Arbor MI 48108

Phone: 24 Hours (734) 544-3050

Toll Free: 24 Hours (800) 440-7548

Services: Crisis planning, stabilization and support for substance abuse and mental health.

- Project Outreach (PORT) Services for the Homeless - crisis management and transition to mainstream services
- OBRA Services for Older Adults - Nursing Home Screening and Services.

Includes Crisis Residential Services (CRS), crisis housing intended as a short-term alternative to inpatient psychiatric services for individuals experiencing an acute psychiatric crisis; and Self-Determination / Choice Voucher program. Offers mobile crisis services for Washtenaw County residents.

Hours: Monday - Friday 8:30 am – 5 pm. Closed on holidays. 24 Hour crisis services hotlines.

Telehealth (Zoom) appointments available with Trained Medical Interpreters available.

Fees: Some insurances and based on ability to pay.

The Women's Center of Southeastern Michigan

Website: www.womenscentersemi.org

Address: 1100 Victors Way, Suite 10, Ann Arbor MI 48108

Phone: (734) 973-6779

Fax: (734) 973-6609

Email: info@womenscentersemi.org

Services: Personal counseling, job and financial coaching, divorce education & support, career coaching, and community [resource](#) information.

Hours: Monday - Friday 9 am - 5 pm; other hours by appointment.

Fees: Insurance or based on ability to pay.

EDUCATION - rev May 2023

ALI (Adult Learners Institute) Michigan (formerly Adult Learners Institute of Chelsea MI)

Website: alimichigan.org/

Address: PO Box 134, Chelsea MI 48118

Phone: (734) 292-5540

Email: info@ALIMichigan.org

Services: ALI provides a diverse selection of quality community-based learning experiences and camaraderie for adults in central Southern Michigan. ALI is a Lifelong Learning Institute (LLI) affiliated

Contact agencies directly for current hours / services.

with the [RoadScholar LLI Resource Network](#). Programs are also conducted in cooperation with [Washtenaw Community College](#), the Chelsea District Library and the Chelsea Senior Center.

Hours: Leave message for call to be returned. Registration for in-person and online (Zoom) classes and for free classes is via printed registration form submitted by mail or email. (Online registration is coming soon.) Payments made by credit card assess an additional 5% charge.

Fees: Vary by course offered; assistance program available; some are no fee.

American Association of Retired Persons (AARP) - Virtual Community Center

Website: local.aarp.org/virtual-community-center/

Services: Free interactive online events and classes designed for learning, self improvement and fun. Also offers free online showings of select [Movies For Grownups](#). Registration required for events and movies.

Hours: See scheduled events for dates and times

Fees: No fees; membership not required.

American Association of Retired Persons (AARP) - Driver Safety Program

Website: www.aarp.org/auto/driver-safety/ [Español](#) [Chinese](#)

Address: 309 N. Washington Square, Suite 110 Lansing MI 48933

Toll Free: (517) 267-8931 (866) 227-7448 Call Center

TTY Toll Free: National (877) 434-7598 (English) or (866) 238-9488 (Español)

Email: miaarp@aarp.org

Online Live Chat: 24 Hours

Services: Offers live virtual (Zoom) & online classes. Call for dates & times or see schedules online.

- Smart DriverTEK™ - The latest high-tech safety features in cars
- Car Fit - Find the right vehicle fit
- Smart Driver™ - Refresh driving skills

Also offers free online seminars such as "[We Need to Talk](#)" on assessing a loved one's driving skills and tools to help with conversations about limiting or stopping driving.

Hours: Monday – Friday 9 am – 5 pm

Fees: Vary by course offered; some are no fee.

American Association of Retired Persons (AARP) - Skills Builder for WorkSM

Website: www.aarp.org/work/skills-builder/

Services: Earn certificates after completing self-paced, online courses in various fields.

Hours: 24 Hours

Fees: One free course then discounts on courses offered by MindEdge Learning. AARP members get bigger discounts.

Elderwise

Website: www.elderwiselearning.org/

Address: Vineyard Church of Ann Arbor, 2275 Platt Road, Ann Arbor MI 48104

Phone: (734) 340-4691

Email: elderwiselearning@gmail.com

Services: In-person, online and hybrid classes offer in-depth courses and interactive learning with peer teaching, plus social activities. Programs may include the arts, film, music, literature, history, nature, politics and more.

Hours: Monday – Friday 9 am – 5 pm

Fees: Varies according to program - \$30/year membership fee, which can be prorated by term, entitles member to a discount on course fees; membership is not required for class enrollment.

Catholic Charities of Washtenaw County (formerly Catholic Social Services) - Senior Services - Technology Training

Website: ccwcwashtenaw.org/seniors/

Phone: (734) 971-9781 ext. 352

Services: In partnership with AskKevin, EMU College of Health & Human Services - Occupational Therapy, and Jewish Family Services, provides in-home technology assessment and training on how to navigate the Internet, including the [Senior Resource Connect](#) website.

Hours: By appointment.

Fees: No fee. (Grant from the Senior Citizens Housing of Ann Arbor / SCHAA Fund)

GetSetUp - Michigan Department of Health & Human Services

Website: www.getsetup.io/partner/michigan

Toll Free: (888) 559-1614

Email: help@getsetup.io

Services: Live online interactive classes for mental, physical and social health; technology, travel, art and series on cooking and photography. Offers videos on setting up a profile, registering and 1:1 help.

Hours: Call for hours

Fees: No fee for Community Programs. Premium membership of \$19.99/month is available — cost may be covered by Medicare Advantage Plans, government programs or community organizations.

Jewish Family Services of Washtenaw County

Website: www.jfsannarbor.org/

Address: 2245 S. State Street, Ann Arbor MI 48104

Phone: (734) 769-0209

Email: info@jfsannarbor.org

Services: [ESL](#) (English as a Second Language) and [Citizenship](#) classes.

Hours: Daytime, call for schedule.

Fees: No fee.

MSU Extension - Washtenaw County

Website: www.canr.msu.edu/washtenaw/

Address: 705 N. Zeeb Road, PO Box 8645, Ann Arbor MI 48103

Phone: (734) 997-1678

Fax: (734) 222-3990

Email: msue.washtenaw@county.msu.edu

Services: Free educational programs: Food safety; children and caregivers, finances, agriculture, horticulture, natural resources, master gardener training, small business and physical & mental health topics. Open to Washtenaw County residents; mostly held online.

Hours: Monday - Tuesday and Thursday - Friday 10 am - 2 pm; Wednesdays - closed

Fees: Varies according to program; some have no fee.

Osher Lifelong Learning Institute at the University of Michigan (OLLI) - Michigan Medicine

Website: www.oli.umich.org/

Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

Phone: (734) 998-9351

Fax: (734) 998-9340

Email: oli.info@umich.edu

Services: Lectures, study groups, shared interest groups, mini classes, plus travel. Ages 50+. Some events offered via Zoom. Online video catalog available for members — search by category & year.

Hours: Monday – Friday 9 am – 5 pm

Fees: \$35 basic annual membership fee; \$100 and \$300 for enhanced and all-inclusive memberships. Additional fees vary by program; scholarships available; some events are free and open to the public.

Road Scholar (formerly *Elderhostel*)

Website: www.roadscholar.org

Address: PO Box 56033, Boston MA 02205-6033

Toll Free: (800) 454-5768

Email: contact@roadscholar.org

Services: Educational field trips, excursions, and a variety of activities around the world. Offers [Caregiver Grants or scholarships](#) for respite and renewal.

Hours: Monday – Friday 9 am - 6:30 pm

Fees: Varies according to program; no membership fee.

Senior Planet from AARP - Digital Skills Ready@50+™

Website: seniorplanet.org/digitalskillsready/ (en Español and Chinese)

Toll Free: (888) 713-3495 Technology Trainer Hotline

Services: Online classes, free class recordings and how-to videos, and instructional handouts help older adults find and secure jobs, change careers or explore entrepreneurship.

Hours: Hotline Monday - Friday 9 am - 8 pm. Classes have set times; recordings, videos and handouts are available 24 Hours.

Fees: No fee.

Trinity Health - Events (formerly St. Joseph Mercy, Ann Arbor)

Website: www.trinityhealthmichigan.org/health-and-wellness/classes-and-events/

Services: Search by categories such as Exercise, Health, Lifestyle and/or by location to find classes of interest. Currently (May 2024) most classes are virtual and oriented toward surgeries.

Hours: Varies

Fees: No fee or minimal fee; varies according to class.

Turner Senior Wellness Program - Michigan Medicine

Website: michmed.org/tswp

Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

Phone: (734) 998-9353

Fax: (734) 998-9340

Email: tswp.info@umich.edu

Services Provided: Community and caregiver resources, health lectures, exercise classes, computer mentoring, cooking demonstrations, Gallery 55+ (art of artists 55+). Has a small online library of Healthy Living topics.

Hours: Monday – Friday 9 am – 5 pm

Fees: Varies according to the program. Scholarships available. Some are free.

University of Michigan – Center for Education of Women+

Website: www.cew.umich.edu

Contact agencies directly for current hours / services.

Address: 330 E. Liberty Street, 2nd Floor, Ann Arbor MI 48104-2274

Phone: (734) 764-6360

Email: contactcew@umich.edu

Services: Workshop and programs: career development, finances, leadership development, personal development, work/life balance. Job search assistance: members of the surrounding community, men and women, students, faculty, and staff from the University of Michigan. [Virtual Presentations and Resources](#) are available for past presentations, webinars and virtual workshops.

Hours: Tuesdays 1 - 4 pm; Wednesdays, Thursdays & Fridays 8:30 am - 4 pm

Fees: Fees apply to some programs.

Washtenaw Community College - Emeritus Scholarship Program

Website: www.wccnet.edu/financial-aid/scholarships/emeritis

Address: Student Welcome Center, Student Center Bldg., 2nd Floor - Virtual visits available
4800 E Huron River Drive, Ann Arbor MI 48105

Phone: (734) 973-3543

Email: info@wccnet.edu

Services: For Washtenaw County residents 65+. Covers tuition for non-credit and credit classes and some fees for credit classes. Scholarship does not apply to mandatory fees.

Hours: By phone: Monday – Thursday 8 am – 7 pm; Fridays 10 am - 5 pm; Saturdays 9 am - 1 pm

In person: Monday - Thursday 8 am - 6 pm; Fridays 10 am - 5 pm

Virtual visits: Monday - Thursday 10 am - 6 pm; Fridays 10 am - 4 pm

Hours may vary with the academic year schedule.

Fees: Tuition but no fees for most non-credit classes. Regular tuition & fees for credit classes. Many basic courses have no book cost through use of [Open Education Resource \(OER\)](#) textbooks and other educational materials. A listing of [Free Videos](#) may also be useful.

Washtenaw Community College – Senior Focus

Website: www.wccnet.edu/personal-enrichment/seniors

Address: Morris Lawrence - ML 104, 4800 E Huron River Drive, Ann Arbor MI 48105

Phone: (734) 667-5060

Email: ecdevelopment@wccnet.edu

Services: Community Enrichment at WCC offers classes that are requested by and designed for older adults. Classes meet at convenient sites, including community and senior centers, throughout Washtenaw County and are available to county residents 65+. [Contact information is given for each participating location.](#)

Hours: Monday – Friday 8 am – 5 pm

Fees: Varies according to program.

Washtenaw Literacy

Website: www.washtenawliteracy.org (available in multiple languages)

Address: 5577 Whittaker Road, Ypsilanti MI 48197

Phone: (734) 337-3338

Email: info@washtenawliteracy.org

Services: One-on-one and group tutoring for adults in various locations for basic literacy skills, educational attainment training and jobs and workforce literacy. Also offers English as a Second Language (ESL) tutoring, citizenship tutoring, computer literacy, and more. Available to Washtenaw county adults who live, work, or volunteer in Washtenaw County. Currently offered both in-person and virtually. Also offers Community Tutoring, a quick-start, drop-in option.

Contact agencies directly for current hours / services.

Hours: Mondays & Wednesdays 9:30 am - 2:30 pm; Fridays 10 am - 12:30 pm — Office; tutoring sessions at various times and places in Washtenaw County.

Fees: No fee.

Check with local public school districts to discover inexpensive, discounted or free community education classes, events and programs

Washtenaw County schools contact information given below.

Ann Arbor Public Schools	(734) 994-2300	recedstaff@a2schools.org
Chelsea District Schools	(734) 433-2208 x 4	no department email
Dexter Community Schools	(734) 424-4180	no department email
Lincoln Consolidated Schools	(734) 484-7007	no department email
Manchester Community Schools	(734) 428-9711	no department email
Milan Area Schools	(734) 439-5272	no department email
Saline Area Schools	(734) 401-4020	no department email
Whitmore Lake Public Schools	(734) 449-4461 ext. 3057	wlcinfo@wlps.net
Ypsilanti Community Schools	(734) 221-1200	no department email

EMERGENCY SERVICES - rev Nov 2022

Aid in Milan (AIM)

Website: www.aidinmilan.org

Address: 89 W. Main Street, Milan MI 48160

Phone: (734) 439-8420

Email: info@aidinmilan.org

Services: Rent and utility crisis intervention, emergency food pantry via pickup or via mobile pantry, personal care items, groceries and meals delivered for seniors, and winter clothing. Generally reserved for residents of Milan School District or 48160 zip **with proof of residency and income.**

Hours: Monday, Wednesday - Friday 9 am - 3 pm; **Tuesdays** 12 pm - 5 pm;

Pantry pickup available — Tuesdays 12 pm - 5 pm, Wednesday & **Thursday** 9 am - 3 pm

Fees: No fee.

American Red Cross - Southeast Michigan

Website: www.redcross.org/local/michigan or www.redcross.org (also en Español)

Address: 7800 Outer Drive W., Suite 205, Detroit MI 48235

Contact agencies directly for current hours / services.

Blood, Platelet & Plasma Donation Center: 4624 Packard Road, Ann Arbor MI 48108

Phone: (313) 833-4440 Military family emergency (877) 272-7337

Toll Free: (800) RED-CROSS 733-2767

Services: Works to meet immediate needs after an emergency or disaster; provides shelter, food, personal and other emergency supplies, plus health and mental health services. In addition, provides emergency communication services between the military and a soldier's family. Smartphone apps available; also works with Amazon Alexa.

Hours for Blood Donations: [Find A Drive](#) by zip code

Fees: No fee.

The Ann Arbor Thrift Shop

Website: www.annarborthriftshop.org

Address: 3500 Washtenaw Avenue, Suite K, Ann Arbor MI 48104

Phone: (734) 662-6771

Services: Takes referrals from social service case workers on behalf of local residents who need emergency aid for clothing, housing, utility bills, medical or dental care, transportation or other needs.

Hours: Monday - Tuesday & Thursday - Friday 10 am - 4 pm; Saturday 10 am - 1 pm

Fees: No fee.

The Back Door Food Pantry

Website: www.backdoorfoodpantry.org

Address: Wisdom House, Genesis Campus, 2309 Packard Street, Ann Arbor MI
pantry drive is off Eastover

Phone: (734) 662-2449

Services: A "client choice" pantry with order forms in English, Español, Arabic, and Chinese for pickup at the site.

Hours: Thursdays 4 - 7 pm

Fees: No fee.

Catholic Charities of Washtenaw County (formerly Catholic Social Services) of Washtenaw County - Food Pantry

Website: ccwcwashtenaw.org/family-children/ccwc-food-pantry/

Address: Northside Community Center, 815 Taylor, Ann Arbor MI 48105

Phone: (734) 662-4462

Services: In partnership with Food Gatherers, distributes groceries and personal care items to low-income families and individuals on a monthly and/or emergency basis. Referrals to other agencies for clothing and other critical services are provided as needed. Must live in Washtenaw County and meet the low-income poverty levels.

Hours: Tuesdays 2 - 5:30 pm; Thursdays 10 am - 2:30 pm;

Fees: No fee. Food donations are accepted.

Emmanuel Lutheran Church - Food Pantry & Clothes Closet

Website: www.emmanuelpsi.org/calendar

Address: 201 N. River Street, Ypsilanti MI 48198 Clothes Closet - Education Hall, N. Entrance

Phone: (734) 482-7121

Email: info@EmmanuelPsi.org

Services: A drive-thru Food Pantry is open year-round except for Thanksgiving Day and Christmas Eve. Clothes Closet is open for bag of free clothes once a month on Wednesdays, weather

permitting. Curbside service will be available on days with inclement weather. No referrals necessary for food or clothing.

Hours: Food Pantry - Wednesdays & Thursdays 3 - 3:45 pm
Clothes Closet - Wednesdays 9 - 10:30 am

Fees: No fee.

Faith in Action (FIA) - Chelsea & Faith in Action - Dexter Food Pantry

Website: www.faithinaction1.org

Address: 603 S. Main Street, Chelsea MI 48118 7651 Dan Hoey Road, Dexter MI 48103

Phone: (734) 475-3305 Chelsea (734) 426-7002 Dexter Food Pantry

Services: A "client choice" pantry with food for 3–5 days available weekly by appointment or curbside pickup. For residents of Chelsea and Dexter school districts, Scio Farms neighborhood, and Grass Lake zip code.

Clothing available: no residency requirement but limited to every 2 weeks & no more than 12 times per year. Household and other supplies not purchasable with food stamps; and financial assistance for rent and utilities: must be low income and live within the Dexter and Chelsea School Districts.

Medical equipment closet.

Hours: Chelsea: Mondays, Tuesdays, Thursdays 9 am - 4 pm; Wednesdays 9 am - 7 pm;
Fridays 10 am - 2 pm

Dexter Food Pantry: Mondays 9 am - 4 pm; Wednesdays 12 - 7 pm; Fridays 10 am - 2 pm

Fees: No fee.

The Farm at Trinity Health, Ann Arbor

Website: stjoesfarm.org/need-help-getting-food/ (multiple languages)

Address: 5557 McAuley Drive, Ypsilanti MI 48197

Email: TheFarm@stjoeshealth.org

Services: Improves access to fresh food through weekly or bi-weekly farm shares — boxes of seasonal fruits and vegetables from local farms, at low or reduced cost with free shares available for qualified applicants. Season is April - December.

- **Farm Share Assistance (Sliding Scale)** – Pay a sliding scale amount for Farm Share based on income (formally known as the Farm Share Assistance Program)
- **Farm Share Assistance (SNAP/EBT)** – Use SNAP/EBT card to pay a discounted amount per Farm Share box.

Hours: Pick up Wednesdays 3 pm - 6 pm, Food Hub

Wednesdays 12 pm - Sunday evenings, Outside Food Hub Share Cooler

Fees: Vary depending on program selected.

Focus: HOPE Food Distribution

Address: Pittsfield Senior Center, 701 W. Ellsworth Road, Ann Arbor MI 48104 - parking lot

Phone: (313) 494-4600 Focus: HOPE

Services: Free Supplemental Food Program Food Packages contain: milk, pasta/grains, cereal, protein, meat, vegetables/soup, fruits/juice and cheese. Income limitations: single seniors with annual income of \$18,954; or a two senior family with annual income of \$25,636. If income is slightly over, Focus: HOPE may be able to help. Please bring identification, proof of age, proof of residency, and household size.

Hours: Second Thursday of every month, 11-11:30 am

Fee: No fee.

Food Gatherers - Find Food

Website: www.foodgatherers.org/foodresources

(also in Español / en Español, Arabic, Chinese (Simplified))

Services: Provides a Food Map and calendars of food and meal sites within Washtenaw County. There are also separate Food Lists for Ann Arbor, Ypsilanti, outside of AA/Ypsi & Open Now sites.

Phone: (734) 761-2796; call individual sites to confirm if open

Email: info@foodgatherers.org

Hours: Vary by site — see map / calendars

Fees: No fee.

Friends in Deed

Website: www.friendsindeedmi.org

Address: 1196 Ecorse Road, Ypsilanti MI 48198

Phone: (734) 484-4357 Helpline

Furniture Line: (734) 484-7607 Tuesday - Friday 9:30 am - 12:30 pm

Fax: (734) 484-5335

Email: Helpline@FriendsInDeedMI.org and Furnitureline@FriendsinDeedMi.org

Services: Provides furniture, transportation assistance and utility shut-off help. Information and referrals for housing, health and employment-related needs, childcare, clothing, prescriptions/Rx, and medical needs. Focuses on unmet needs for Washtenaw County residents, such as those that other human services agencies cannot meet.

Hours: Monday - Friday 9:30 am - 2 pm Helpline Document drop-off by appointment.

Fees: No fee.

Grace's List

Website: GracesList.org/

<https://new.graceslist.org/services/tags/ann-arbor/>

Services: Lists emergency services and other social services by geographic region worldwide. The most listings for [Ann Arbor](#) are in the categories of Education, Emergency, Health, Homeless Shelters, Housing – including domestic violence and women's shelters, and Meals.

Hours: 24 Hours

Fees: No fee to access information online

House by the Side of the Road

Website: www.housebythesideoftheroad.org

Address: 2051 S. State Street, Ann Arbor MI 48104

Phone: (734) 769-4085

Email: housebyroad@gmail.com

Services: Free clothing and small household items available to people in need.

Hours: Monday - Friday 10 am - 2 pm

Fees: No fee.

Housing Access for Washtenaw County (HAWC)

Website: www.housingaccess.net

Address: 100 Arbana Drive, Ann Arbor MI 48103

Phone: (734) 961-1999

Email: HAWC@washtenaw.org

Services: Central intake or single point of entry for all emergency shelters and housing resources that are available to serve residents experiencing homelessness in Washtenaw county. Assistance available en Español. Links to **Housing Resource List** for affordable rental housing in the county.

Hours: Monday - Friday 8:30 am - 5:00 pm Call Center

Fees: No fee.

Kettles VA Medical Center (VA Ann Arbor) - Homeless Veterans

Website: www.va.gov/ann-arbor-health-care/health-services/homeless-veteran-care/

Address: 2215 Fuller Road, Ann Arbor MI 48105

Phone: (734) 845-5058

Toll Free: 24 Hours (877) 424-3838

Online Live Chat: Yes

Services: Combines HUD housing vouchers with VA supportive services to help Veterans who are homeless (HUD-VASH), and their families (SSVF), find and sustain permanent housing. Also provides support for community employment (HVCES), compensated work therapy (CWT), and dental and/or health care (HCHV) for homeless veterans.

Hours: Varies; call.

Fees: No fee.

Kiwanis Club of Ann Arbor - Foundation Voucher Program

Website: a2kiwanisfoundation.org/voucher-program/ and www.kiwanissale.com

Address: 100 N. Staebler at Jackson (1 mile west of Zeeb), Ann Arbor MI 48103

Phone: (734) 665-0450

Services: Social workers trained by Kiwanis may bring clients to the Thrift Sale to shop. Ann Arbor Kiwanis sells used furniture, household goods, and clothing.

Hours: Thursdays 9 - 9:30 am; building closes at 11 am (Voucher Services by appointment with caseworkers trained by Kiwanis.)

Fees: No fee w/voucher. Merchandise as priced.

Lions of Michigan Service Foundation - Emergency Disaster Relief Program

Website: www.lmsf.net/programs/emergency-disaster-relief-program

Address: 5730 Executive Drive, Lansing MI 48911

Phone: (517) 887-6640

Fax: (517) 887-6642

Email: info@lmsf.net

Services: Provides help for people victimized by floods, forest fires, tornadoes, and other natural disasters. Funding may be provided for food, clothing, shelter and other personal needs.

Hours: Call for information.

Fees: No fee.

Manchester Community Resource Center

Website: manchestercrc.org

Address: 710 E. Main Street, Riverside Intermediate School, PO Box 433, Manchester MI 48158

Phone: (734) 428-7722

Email: info@manchestercrc.org

Services: Assistance includes Medicare issues, respite care referrals, emergency services and more. Older Adults can meet with a Senior Resource Advocate from Catholic Charities of Washtenaw County (formerly Catholic Social Services). Serves the Village of Manchester and surrounding townships: Freedom, Bridgewater, Sharon and Manchester. Call for appointment. Manchester School District must meet income guidelines to shop the entire food pantry; all others can receive limited assistance. Food pantry open for phone-in orders and scheduled pick up only.

Hours: Office & Food Pantry - Monday - Thursday 9 am - 3 pm

Fees: No fee.

Manchester Family Services, Inc.

Address: PO Box 471, Manchester MI 48158

Phone: (734) 428-7183

Services: Vouchers given any time for food, rent, and utility assistance. Location for food pick up varies each month. Must call in advance to participate in the food program and live in Freedom, Manchester, Bridgewater, or Sharon Townships. Based on need.

Hours: Food pantry available 3rd Wednesday each month 1 - 3 pm call for locations

Fees: No fee.

Michigan Department of Human Services - Adult Protective Services

Website: www.michigan.gov/mdhhs/adult-protective-services

Toll Free: (855) 444-3911

Services: Call to report adults 18+ of being abused, neglected or exploited. Caller can remain anonymous.

Hours: Call for hours

Fees: No fee.

MissionA2 (Mission Itinerant Shelter System Independent Out of Necessity)

Website: www.missiona2.org/

Phone: (734) 929-4404

Email: ask.missiona2@gmail.com

Services: Provides temporary housing, food and personal services — showers and laundry facilities, via “houses of hospitality” — Hill House (currently closed), Peace House Ypsi, Mercy House, and the Ypsi Gathering Space to combat homelessness in Ann Arbor and Ypsilanti.

Hours: Vary by place.

Fees: No fee.

Peace Neighborhood Center

Website: www.peaceneighborhoodcenter.org

Address: 1111 N. Maple Road, Ann Arbor MI 48103

Phone: (734) 662-3564

Email: info@peaceneighborhoodcenter.org

Services: Provides **emergency** assistance — aid for food, rent and unexpected expenses plus regular food assistance. Coordinates with other agencies to provide services.

Hours: Monday - Friday 9:30 am - 5:30 pm

Food Pantry (fruits & vegetables only): Fridays, arrive 8:30 or later to take a number; distribution begins 9:30-10 am - ends 11 am (September - June)

Fees: No fee.

Poison Control Center aka National Capital Poison Center

Website: www.poison.org

Toll Free: (800) 222-1222

Services: Telephone guidance for poisoning emergencies. Provides guided online help via webPOISONCONTROL.org website.

Hours: 24 Hours

Fees: No fee.

SOS Community Services - Food Pantry & Housing Crisis Center

Website: www.soscs.org

Address: Resource Center, 114 N. River Street, Ypsilanti MI 48198

Phone: Food Pantry (734) 484-9945 Housing via HAWC (734) 961-1999
Office (734) 485-8730 Resource Center & Utility Assistance (734) 484-5411

Fax: Office (734) 485-8739

Email: info@soscs.org

Services: Information and referral services, short-term crisis counseling, financial assistance (when funds available), eviction prevention, utility assistance, & transportation. Must be a Washtenaw County resident for some services. "Choice" food pantry is available weekly. Personal care items and meats from Pantry for eligible residents by appointment.

Hours: Resource Center — Mondays 9 am - 1 pm; Tuesdays & Fridays 9 am - 1 pm by appointment
Food Pantry — Tuesdays 1 - 6:30 pm; Wednesdays 9 am - 1 pm

Fees: No fee.

SafeHouse Center

Website: www.safehousecenter.org (also en Español)

Address: 4100 Clark Road, Ann Arbor MI 48105

Phone: 24 Hour Helpline (734) 995-5444 uses Language Line for interpreters as needed
Office (734) 973-0242

Fax: (734) 973-7817

TTY: Helpline (734) 973-2227

Email: info@safehousecenter.org

Services: Provides safety, support, legal advocacy, and resources for survivors (female, male & LGBT) of sexual assault and domestic violence and their children. Has a 20-room, 50-bed emergency shelter, limited to a 35 day stay. Must be a survivor of an intimate partner of domestic violence to use the services. All domestic violence services are confidential.

Hours: Monday - Friday 9 am - 2 pm for counseling and legal advocacy. 24 Hour helpline.

Fees: No fee.

Saline Area Social Service

Website: salinesocialservice.com

Address: 1259 Industrial Drive, Saline MI 48176

Phone: (734) 429-4570

Email: info@salinesocialservice.com

Services: Has a food pantry which provides up to 15 meals per week plus special items (monthly) such as household essentials, toiletries, and feminine hygiene products. Provides temporary emergency financial aid for car repairs, energy bills, prescription/Rx co-pays, and rent to residents of Saline Area School District. Must provide ID & meet income guidelines.

Hours: Mondays 10 am - 6 pm; Tuesday - Thursday 10 am - 2:30 pm. Non-food emergency aid by appointment only.

Fees: No fee.

Salvation Army - Washtenaw County (Ann Arbor & Ypsilanti)

Website: centralusa.salvationarmy.org/washtenaw

Address: 100 Arbana, Ann Arbor MI 48103 3020 Packard, Suite 1, Ypsilanti, MI 48197

Phone: (734) 668-8353 AA (734) 481-4700 Ypsilanti

Email: salarmya2@gmail.com

Contact agencies directly for current hours / services.

Services: Non-perishable and fresh foods and hygiene items weekly; utility assistance and shelter provided during an emergency. Call to make appointments; application must be picked up in person. Eligibility determined on an individual basis. Must be a Washtenaw County resident.

Hours: Monday - Friday 8 am - 4:30 pm AA & Ypsi

Food Pantry (AA) Tuesdays & Thursdays 9:30 - 11:30 am and 1 - 3 pm

Fees: No fee.

Shelter Association of Washtenaw County (SAWC) - Delonis Center

Website: www.annarborshelter.org

Address: 312 W. Huron Street, Ann Arbor MI 48103

PO Box 7370, Ann Arbor MI 48107

Phone: Office (734) 662-2829 Ext. 254

Email: shelterassociation@ewashtenaw.org

Services: Provides temporary shelter and supportive services on a walk-in or appointment basis. Employment assistance, substance abuse evaluations, mental health assessments, meals, health care, referrals for clothing, transportation assistance, and other community resources are offered to clients 18+, drug-free, and sober. Washtenaw County residents served first; all others will be on a 30-day wait list pending availability. Offers a Medical Recuperative Care program by referral; Pathways program (substance abuse detoxification); Winter program November - March; and a [Shelter Clinic](#).

Hours: 24 Hours; Packard Health Clinic Mondays 8 am - 12 pm & Thursdays 1 - 5 pm

Admin Monday - Friday 9 am - 4:30 pm

Fees: No fee.

Staples Family Center - Salvation Army of Washtenaw County

Website: centralusa.salvationarmy.org/washtenaw/provide-housing

Address: 336 Packard Street, Ann Arbor MI 48108

Phone: (734) 961-1999 (HAWC)

Services: A drug-free homeless shelter of 36 beds. Phone screening required.

Hours: 24 Hours

Fees: No fee.

St. Thomas Catholic Church - St. Vincent de Paul Outreach

Website: sta2.org/church/ministries/outreach/

Address: Parish Office Bldg., 530 Elizabeth Street, Ann Arbor MI 48104

Phone: Office (734) 761-8606 Ext. 2901

Email: vdepaul530@gmail.com

Services: Provides help with rent, security deposits, utility bills, sometimes medical supplies, and information on local resources. Parishioners leave a message at the number above; other Washtenaw County residents must have social workers request assistance on their behalf.

Hours: Monday - Thursday 8 am - 8 pm & Friday 8 am - 6 pm (office closed 12-1 pm all days)

Fees: No fee.

State of Michigan - Department of Health & Human Services - Assistance Programs

Website: www.michigan.gov/mdhhs/AssistancePrograms

Address: MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198

Phone: (734) 481-2000

TTY Toll Free: 711

Services: The Emergency Relief Program provides immediate help to individuals or families facing conditions of extreme hardship or for emergencies that threaten health and safety. Through direct financial assistance and contracts with a network of non-profit organizations, it helps low-income

Contact agencies directly for current hours / services.

households meet emergency needs such as heat & utilities, home repairs, relocation assistance, home ownership services, and burial. Designed for low-income households which occasionally need help when unexpected emergency situations arise, not for chronic difficulties. Includes migrant and refugee assistance. Must meet eligibility requirements. Apply online via [MI Bridges](#) or visit local office.
Hours: Monday - Friday 8 am - 5 pm excluding state holidays; MI Bridges 24 Hours
Fees: No fee.

University of Michigan. Department of Psychiatry - Psychiatric Emergency Services

Website: www.medicine.umich.edu/dept/psychiatry/psychiatric-emergency-service

Address: Michigan Medicine Hospital, 1500 E. Medical Center Drive, Floor B1, Room A240; Ann Arbor MI 48109 (use Emergency Department entrance)

Phone: (734) 936-5900 (734) 996-4747 both 24 Hours

Services: Offers assistance with psychological emergencies, including suicide prevention. Provides psychiatric evaluations, treatment recommendations, crisis intervention, screening for inpatient psychiatric hospitalization and mental health referral information.

Hours: 24 Hours

Fees: Patient's insurance is billed for services. If uninsured, other billing agencies may be considered.

Veteran's Haven of Hope House - Salvation Army of Washtenaw County

Website: centralusa.salvationarmy.org/washtenaw/provide-housing/

Address: 809 Henry Street, Ann Arbor MI 4810

Phone: (734) 961-1999 (HAWC)

Services: Provides transitional housing (no meals) with 7 beds for male veterans at Hope House and 4 beds for male, female or veterans with families at Staples Family Center.

Hours: 24 Hours

Fees: No fee.

Washtenaw County - Community Mental Health - Access/Crisis (multiple languages)

Website: www.washtenaw.org/2935/Programs-Services
www.washtenaw.org/2936/Crisis-Services

Address: Adult Services Clinic, 555 Towner Street, Ypsilanti MI 48197

Adult Services Annex, 110 N. Fourth Avenue, Ann Arbor MI 48107

Persons with Intellectual/Developmental Disabilities, 2140 E. Ellsworth, Ann Arbor MI 48108

Phone: 24 Hours (734) 544-3050

Toll Free: 24 Hours (800) 440-7548

Fax: (734) 544-6732 Ypsilanti

Services: Crisis planning, stabilization and support for substance abuse and mental health.

- **Project Outreach (PORT) Services for the Homeless** - crisis management and transition to mainstream services
- **OBRA Services for Older Adults - Nursing Home Screening and Services.** Includes
 - **Crisis Residential Services (CRS)**, crisis housing intended as a short-term alternative to inpatient psychiatric services for individuals experiencing an acute psychiatric crisis
 - **Self-Determination / Choice Voucher program.** Offers mobile crisis services for Washtenaw County residents.

Hours: Monday - Friday 8:30 am – 5 pm. Closed on holidays. 24 Hour hotlines.

Fees: Some insurances and based on ability to pay.

Ypsilanti Thrift Shop

Contact agencies directly for current hours / services.

Website: www.ypsithriftshop.org

Address: 14 S. Washington Street, Ypsilanti MI 48197

Phone: (734) 483-1226

Services: Provides housewares; toys & books; clothing for men, women & children; jewelry, and small appliances. Vouchers accepted from area agencies and must be signed by the Thrift Shop social worker.

Hours: Mondays & Fridays 1 - 4 pm; Tuesdays 12 - 6 pm; Wednesdays & Thursdays 10 am - 4 pm;
Saturdays 11 am - 2 pm

Fees: Cash and vouchers accepted.

FINANCIAL ASSISTANCE - rev January 2023

In addition to entries in this section relating to financial assistance for prescription or Rx co-pays or coverage, there is a section [Health Services - Prescription Assistance Programs](#) that has more information on discount drug cards or coupons, prescription assistance organizations, coverage for the uninsured or under-insured, and drug company programs.

AARP Foundation - TaxAide

Website: www.aarp.org/money/taxes/aarp_taxaide/locations.html

Services: Provides free tax preparation in Washtenaw County via appointment for Drop-Off services. Register online or call the site. Also offers free coaching help from IRS-certified tax counselors for [Preparing Taxes Online](#). Income restrictions for filing via [OnlineTaxes](#).

Preparation services during 2024 are held at

- **Chelsea Senior Center**, 512 Washington Street, Chelsea MI (734) 475-9242
- **Housing Bureau for Seniors** (734) 998-9341
 - KKMS Building, 3621 S. State Street, Door #710, Ann Arbor MI
- **Milan Senior Center**, 45 Neckel Court, Milan MI (734) 508-6229
- **Saline Area Senior Center**, 7190 N Maple Road, Saline MI (734) 429-9274
- **Ypsilanti District Library**
 - *Superior*, 1900 N Harris Road, Ypsilanti MI (734) 482-4110
 - *Whittaker Road*, 5577 Whittaker Road, Ypsilanti MI (734) 482-4110

American Association of Daily Money Managers (AADMM)

Website: secure.aadmm.com

Address: 174 Crestview Drive, Bellefonte, PA 16823-8516

Phone: (814) 357-9191

Fax: (814) 355-2452

Email: info@aadmm.com

Services: Daily Money Managers deliver essential personal financial services to seniors and older adults, people with disabilities and others. Search the directory to find a money manager locally and/or who works remotely and who specializes in seniors and older adults.

Fees: Vary with services provided.

Ann Arbor Thrift Shop

Website: www.annarborthriftshop.org

Address: 3500 Washtenaw Avenue, Suite K, Ann Arbor MI 48104

Phone: (734) 662-6771

Services: Takes referrals from social service case workers on behalf of local residents who need short-term support / emergency aid for clothing, housing, utilities, medical or dental care, transportation, or other needs. Provides monthly grants to agencies for emergency aid plus program and capacity-building grants.

Hours: Monday - Tuesday, Thursday - Friday 10 am - 4 pm; Saturday 10 am - 1 pm

Fees: No fee.

B&B Payee Services

Website: www.bbpayeeservices.org

Address: PO Box 980295, Ypsilanti MI 48198

Phone: (734) 480-1347

Fax: (734) 480-1327

Email: info@bbpayeeservices.org

Services: A non-profit organization provides budgeting, bill payment, reports, maintenance of benefits (federal fiduciary services), conservator services & financial management assistance.

Hours: Call for hours

Fees: Vary by service; Social Security & VA determine flat rates for clients as does the Probate Court; others pay hourly, prorated.

BenefitsCheckUp - National Council on Aging

Website: www.benefitscheckup.org (also en Español)

Services: Finds benefits programs for seniors and for people with disabilities with limited income and resources. Search by zip code for information on: medication/Rx, food and nutrition, income assistance, health care, housing and utilities, discounts, tax relief, transportation, education, employment, veterans, and other assistance such as legal aid for civil matters. Helps find out where to apply online or how to get help from a benefits counselor.

Hours: 24 Hours

Fees: No fee.

Consumers Energy - Payment Plans & Assistance

Website: www.consumersenergy.com/residential/programs-and-services/payment-assistance

Toll Free: (800) 477-5050

Toff Free Fax: (800) 363-4806

TTY Toll Free: 711

Services: Offers programs for emergency and ongoing assistance including senior citizens.

Contact agencies directly for current hours / services.

- **Consumers Affordable Resource for Energy (CARE) Program** - a portion of the monthly bill is paid and past due balances are gradually forgiven for on-time payments.
- **Critical Care Program** - shut-off protection for those on life support or with a life-threatening medical condition; must enroll every year.
- **Electric Senior Citizen Bill Credits** - offers a monthly credit to heads of household meeting age requirements.
- **Medical Emergency Protection** - for qualified, documented medical emergencies, protects from shut-off for up to 21 days.
- **Shut-Off Protection Plan** - for seniors 65+ and qualifying customers; monthly payments of estimated usage plus payments on past due balance
- **Winter Protection Plan** - for those 65+ and qualifying customers; pay partial charges during winter months

Hours: Monday - Friday 7 am - 6 pm; Saturdays 8 am - 2 pm

Fees: Varies according to service.

Department of Veterans Affairs - Washtenaw County

Website: washtenaw.org/959/Veterans-Affairs (multiple languages)

Address: 2155 Hogback Road, Ann Arbor MI 48108

Phone: (734) 973-4540

Fax: (734) 973-4560

**BUILDING LOCKED TO
CUSTOMER TRAFFIC**

Services: Help offered to apply for federal, state and local veterans' pensions and benefits including financial assistance for food, housing, medical costs, transportation and utilities. Acts as liaison with the Michigan Veterans Trust Fund, which has emergency funds for assistance with employment and burial expenses.

Hours: Monday - Thursday 8:30 am - 12 pm & 1 - 5:30 pm

Telephone & Video Appointments 1 - 5:30 pm

Closed for Lunch 12 - 1 pm; Closed Fridays - Sundays & Holidays

Fees: No fee.

DTE - Energy Efficiency Assistance (EEA)

Phone: (734) 544-3008 Washtenaw Co. OCED (734) 358-8100 Habitat for Humanity HV

Website: dteenergy.com/residential/save-money-energy/

Services: For help paying energy bills, DTE offers a [Shut-Off Protection Plan](#) - for low-income customers year round and seniors 65+ (Age 62+ before 10/31/2023 are grandfathered.)

Home energy assessments may result in the installation of energy-efficient products. Contact these contractors serving Washtenaw County:

EverGreen Energy Savers - Manchester (734) 358-3909

Habitat for Humanity Huron Valley - Ann Arbor (734) 358-8100

Pro Energy Consultants - Ann Arbor (734) 827-1003

Spink Insulation - Ann Arbor (734) 622-8260

Transcending Services - Belleville (734) 378-8958

Hours: Call for hours.

Fees: Varies according to service.

Faith in Action (FIA) – Chelsea & Dexter

Website: www.faithinaction1.org

Address: St. Joseph Mercy Chelsea, Faith in Action Bldg., 603 S. Main Street, Chelsea MI 48118
7651 Dan Hoey Road, Community Building C, Dexter MI 48130 (food pantry)

Phone: (734) 475-3305 Chelsea (734) 426-7002 Dexter

Services: Financial help with heat, electric, water, and rent when shut-off notice or notice to quit/eviction is received. Social work staff negotiate with utility companies and landlords to clarify expectations. Free medical equipment closet. Referral to Kiwanis sale for furniture. Emergency food. Available primarily to residents of Chelsea and Dexter School Districts.

Hours: Call for hours.

Fees: No fee. Income eligibility requirements.

Financial Empowerment Center (FEC) - Washtenaw County

Website: www.washtenaw.org/3061/Financial-Empowerment-Center

Phone: (734) 544-6748

Email: fec@washtenaw.org

Services: In partnership with Engage@EMU, Jewish Family Services, and Faith in Action the FEC offers professional, one-on-one financial counseling. [Schedule an appointment](#) at one of four locations or virtually. No income limits or residency requirements. Interpreting and translation services are available upon request. In-personal appointments are held at:

- **Washtenaw County Office of Community and Economic Development** - 415 W Michigan Avenue, Ypsilanti, Second floor
- **Jewish Family Services** - 2245 S State Street, Ann Arbor
- **Eastern Michigan University** - University Advising and Career Development Center, 200 McKenny Hall, 878 Cross Street, Ypsilanti
- **Faith in Action** - 7275 Joy Road, Dexter

Hours: Call for hours.

Fees: No fee.

Friends for Life - Humane Society of Huron Valley

Website: www.hshv.org/friendsforlife/

Phone: (734) 661-3550

Services: Offers help for those experiencing difficulties — health, transportation or financial — caring for companion animals.

- **Essential Services & Supplies** — Distributes pet food at HSHV, Meals on Wheels Ypsilanti and Ann Arbor, Community Action Networks and Manchester Family Services.
- **Veterinary Services** — Discounted service rates for senior pet owners, in-home veterinary visits and financial assistance (as available).
- **Short-Term Housing** — Boarding with a foster family after surgery or during an emergency.
- **Pet Behavior Advice** — Online resources; classes & Q&A coming soon
- **Pet Visitation & Adoption** — Adoption consultations for seniors, [free senior-to-senior adoptions](#),

Hours: See website or call.

Fees: Discounts or free for seniors 62+

Friends in Deed

Website: www.friendsindeedmi.org

Address: 1196 Ecorse Road, Ypsilanti MI 48198

Phone: (734) 484-4357 (Helpline/Transportation) or (734) 484-7607 (Furniture)

Fax: (734) 484-5355

Email: Helpline@FriendsInDeedMi.org and furniture@FriendsInDeedMi.org

Services: Financial help or referrals for unmet needs of Washtenaw County residents such as utility shut off and transportation — car repair assistance, gasoline, tags/registration, bus rides, used cars, etc. With other social service agencies refers to shelter, food banks, clothing & medical equipment.

Contact agencies directly for current hours / services.

Hours: Monday - Friday 9:30 am - 2 pm (Helpline); Tuesday - Friday 9:30 - 12:30 (Furniture)

Fees: No fee.

GreenPath Financial Wellness

Website: www.greenpath.com

Address: 2470 Collingwood St., Detroit, MI 48206 and 36500 Corporate Drive, Farmington Hills, MI 48331 and c/o People Driven Credit Union, 24333 Lahser, Southfield, MI 48033

Toll Free: (800) 550-1961

Services: Non-profit company provides confidential credit reports, money management assistance, debt counseling and consolidation, foreclosure prevention, home-buying and reverse mortgage counseling.

Hours: Call for hours and in-person appointments.

Fees: Varies according to service.

Habitat for Humanity - Huron Valley - Critical Home Repair & Weatherization

Address: 950 Victors Way, Suite 50, Ann Arbor MI 49108

Website: www.h4h.org/criticalhomerepair

Phone: (734) 677-1558

Fax: (734) 215-9843

Services: Provides assistance with pre- and post-energy audits; roof replacement, bathroom modifications, refrigerator and water heater replacement; furnace test and tune-up; and additional home repairs. Based on need and available funding. Special Veterans Home Repair Program. Some programs in cooperation with DTE.

Hours: Monday - Friday 10 am - 2 pm

Fees: No fee. Income eligibility requirements.

HealthWell Foundation

Website: www.healthwellfoundation.org (also [en Español](#))

Address: Head Office, PO Box 489, Buckeystown MD 21717

Toll Free: (800) 675-8416

Fax: (800) 282-7692

Email: Grants@HealthWellfoundation.org

Services: A non-profit organization for improving access to care for America's underinsured. Assists with copays, premiums, deductibles and out-of-pocket expenses including travel for specific diseases. Also covers behavioral health. Eligibility is determined by financial, medical, and insurance information. Apply online or via automated phone system. Additional [resources](#) include organizations which may help, a medication list by manufacturer, and a mental health screening tool.

Hours: Monday - Friday 9 am - 5 pm.

Fees: No fee.

Hope Clinic

Website: thehopeclinic.org

Address: 518 Harriet Street, Ypsilanti MI 48197

Phone: (734) 484-2989

Email: info@thehopeclinic.org

Services: Provides limited financial help for [medical care & prescription co-pays](#), and help with other emergency financial needs including [food & meals](#), [vision screening & glasses](#), [dental care](#) and [behavioral health / counseling](#).

Hours: Monday - Friday 9 am – 4 pm; Saturdays 8:30 am - 12 pm

Fees: No fee.

Housing Bureau for Seniors - Michigan Medicine

Website: www.uofmhealth.org/hbs/housing-bureau-seniors-home

Address: 3621 S. State Street, Door #710, Ann Arbor MI 48108

Phone: (734) 998-9339

Email: housingbureauseniors@umich.edu

Services: Offers support and resources for older adults in search of sustainable housing. Staff social workers conduct assessments, provide appropriate information and offer decision-making tools to help find and maintain stable, affordable living arrangements. Through the [Foreclosure Prevention](#), [Housing Counseling](#) and [Elder Eviction Prevention](#) programs, HBS provides resources and helps find community support systems for those planning or making housing transitions, and/or those handling housing-related crises.

Hours: Monday - Friday Call for hours

Fees: No fee. Donations accepted.

Jewish Family Services of Washtenaw County - Community Assistance

Website: www.jfsannarbor.org/

Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104

Phone: (734) 769-0209

Fax: (734) 769-0224

TTY Toll Free: 711

Email: info@jfsannarbor.org

Services: Helps Washtenaw County residents access a variety of emergency community funds, based on those programs' income and asset guidelines.

Hours: Monday - Thursday 9 am – 5 pm; Friday 9 am – 3 pm

Fees: No fee.

Lifeline - Universal Service Fund

Website: www.lifelinesupport.org/

www.fcc.gov/lifeline-consumers

Toll Free: (800) 234-9473

Email: LifelineSupport@usac.org

Services: Provides up to a \$9.25 monthly discount on telephone or Internet service for eligible low-income subscribers. Those participating in SNAP, Medicaid, Federal Public Housing Assistance, SSI, or the Veterans and Survivors Pension Benefit are also eligible. Administered by USAC which notifies participants

Fees; No fee.

Low Income Home Energy Assistance Program (LIHEAP)

% Washtenaw County Office of Community and Economic Development

Website: liheapch.acf.hhs.gov/profiles/Michigan.htm#charitable www.washtenaw.org//oced

Address: 415 W. Michigan Avenue, Suite 2200, PO Box 915, Ypsilanti MI 48197

Phone: (734) 544-6748

Services: Assistance with ongoing heating costs and emergencies. income eligibility levels. Apply online through [MI Bridges](#).

Hours: Normal business hours. MI Bridges 24 Hours.

Fees: No fee.

Manchester Family Services, Inc. (MFS, Inc.)

Contact agencies directly for current hours / services.

Address: 17000 Bethel Church Road, PO Box 471, Manchester MI 48158

Phone: (734) 428-7183

Email: manchesterfamilyservice@gmail.com

Services: Emergency aid for residents of Manchester School District or the townships of Bridgewater, Freedom, Manchester or Sharon. Can provide food or help with rent, utility payments, and prescription costs.

Hours: Monday – Friday Call for hours

Fees: No fee.

MI Bridges

Website: newmibridges.michigan.gov/

Phone: (844) 799-9876 Helpdesk

Services: Online site to find help and benefits for healthcare coverage, food assistance (SNAP), cash assistance, state emergency relief and more. Registration required for various benefits.

[Resources](#) can be explored without registration.

Hours: 24 Hours for Resources; Helpdesk Monday - Friday 8 am - 5 pm

Fees: No fee for finding help and benefits.

MiCafe - ELM (Elder Law of Michigan, Inc.)

Website: elderlawofmi.org/micafe

Toll Free: (877) 664-2233

Services: Assists in applying for SNAP (Supplemental Nutrition Assistance Program - USDA) benefits.

Hours: Monday - Friday 9 am - 3 pm

Fees: No fee.

Michigan Ability Partners (MAP) - Representative Payee

Website: www.mapagency.org/payee

Address: 3810 Packard Road, Suite 260, Ann Arbor MI 48108

Phone: (734) 975-6880

Fax: (734) 975-2956

Email: info@mapagency.org

Services: Provides financial management assistance. Helps participants increase money management skills, build and maintain credit, and achieve financial stability. Also offers varied [veterans services](#) and [housing support](#).

Hours: Monday - Friday 8:30 am - 12 pm and 1:30 - 4:30 pm

Fees: Typically flat rate as set by Social Security, currently \$43 per month.

Michigan Department of Health and Human Services - Assistance Programs

Website: [www.michigan.gov/mdhhs/Assistance Programs](http://www.michigan.gov/mdhhs/Assistance_Programs)

Address: MDHHS, Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198

Phone: (734) 481-2000

Fax: (734) 481-8362

Services: Handles applications for Medicaid, State Emergency Relief, and other state financial programs - cash, food (SNAP), medical, home, utilities and water, & burial assistance. Also offers migrant and refugee assistance. Must meet income limits.

Hours: Monday - Friday 8 am - 5 pm

Fees: No fee.

Michigan Medicare/Medicaid Assistance Program, Inc. (MMAPI)

Website: www.mmapinc.org

Address: Services offered at various locations

Toll Free: (800) 803-7174

Services: A health-benefit counseling service which assists in choosing a Medigap plan and/or Part D Medicare plan for prescription/Rx coverage, applying for Extra Help through Social Security, applying for Medicaid, getting a Medigap Subsidy, exploring long term care financing options, and understanding medical bills.

Hours: 9 am - 4:30 pm

Fees: No fee.

Michigan Parkinson Foundation

Website: www.parkinsonsmi.org

Address: 30400 Telegraph Road, Suite 150, Bingham Farms MI 48025

Phone: (248) 433-1011

Toll Free: Michigan (800) 852-9781

Email: info@parkinsonsmi.org

Services: Assists Michigan residents who have Parkinson's disease and who meet financial criteria obtain relief for medication/Rx costs and respite care. Can help find sources of funding for medication/Rx costs.

Hours: Monday - Friday 8:30 am - 5 pm

Fees: No fee.

National Kidney Foundation of Michigan, Inc.

Website: www.nkfm.org

Address: 1169 Oak Valley Drive, Ann Arbor MI 48108

Phone: (734) 222-9800

Toll Free: Michigan (800) 482-1455

Fax: (734) 222-9801

Email: info@nkfm.org or patientservices@nkfm.org

Services: Partners with organizations in Michigan to offer assistance to residents with basic needs — food assistance, housing and utility assistance, The NKFM offers [Senior SNAP](#) application assistance for those 60+ in English by calling (313) 259-1574 ext. 3160 or by emailing snap@nkfm.org. For assistance in another language, contact MIBridges Language Assistance Services at (517) 241-2112.

Hours: Monday - Friday Call for hours

Fees: No fee.

Pathlight Community Services - Special Needs Trusts

Website: mipath.org

Address: 615 S. Mansfield Street, PO Box 980465, Ypsilanti MI 48198

Phone: (734) 483-9363

Email: info@mipath.org

Services: Safely provides for expenses that are unaffordable or not covered by benefits.

Hours: Regular business hours.

Fees: Call for fees.

SOS Community Services - Food Pantry & Resource Center

Website: www.soscs.org

Address: 114 N. River Street, Ypsilanti MI 48198

Contact agencies directly for current hours / services.

Phone: Food Pantry (734) 484- 9945 Housing (734) 961-1999 Office (734) 485-8730
(734) 484-5411 for Utility Assistance

Fax: (734) 485-8739

Email: info@soscs.org

Services: Information and referral services, short-term crisis counseling, financial assistance (when funds available), eviction prevention, utility assistance (based on shut-off notification). Must be a Washtenaw County resident for some services. Housing assistance provided via referrals from Housing Access for Washtenaw County ([HAWC](#)). Personal care items and meats from Pantry for eligible residents by appointment only.

Hours: Monday - Friday Walk-in hours temporarily suspended

Food Pantry: Tuesdays 1 - 6:30 pm; Wednesdays 9 am - 1 pm Pickup appointments recommended

Fees: No fee.

Saline Area Social Service

Website: salinesocialservice.com

Address: 1259 Industrial Drive, Saline MI 48176

Phone: (734) 429-4570

Email: info@salinesocialservice.com

Services: Short-term help with prescriptions/Rx co-pays, car repair, food and personal items, rent, and utility bills. For help other than food, must live in the Saline School District or work in Saline and meet household income criteria.

Hours: Mondays 10 am - 6 pm; Tuesday - Thursday 10 am - 2:30 pm. Non-food emergency aid by appointment only.

Fees: No fee.

Salvation Army - Washtenaw County (Ann Arbor & Ypsilanti)

Website: centralusa.salvationarmy.org/washtenaw

Address: 100 Arbana, Ann Arbor MI 48103

3020 Packard Suite 1, Ypsilanti MI 48197

Phone: (734) 668-8353 (AA)

(734) 482-4700 (Ypsi)

Email: salarmya2@gmail.com

Services: Emergency financial assistance – Food, clothing, and information on shelter provided during an emergency. Call to make an appointment; application must be picked up in person; eligibility determined on an individual basis. Offers utility assistance plus food and nutrition programs. Must be a Washtenaw County resident.

Hours: Monday - Friday 8 am - 4 pm

Food Pantry (AA): Tuesdays & Thursdays 9:30 - 11:30 am & 1 - 3 pm

Meals (carryout): Hope Clinic, 518 Harriet Street, Ypsilanti MI 48197

Daily except Wednesdays 5 - 6 pm

Fees: No fee.

SilverBills, LLC

Website: www.silverbills.com

Address: 300 West 57th Street, 40th Floor, New York NY 10019

Toll Free: (800) 825-1924

Fax Toll Free: (866) 817-8198

Email: info@silverbills.com

Services: A bill management service for seniors or caregivers at flat rates from \$50/month depending on the number of bills handled. Regular communication does not require a computer and can be conducted via phone, email, text, fax or videoconference. Requires 30 day cancellation notice.

Hours: Call for hours.

Fees: Flat monthly fee..

Social Security Administration - Medicare Part D & SSI

Website: www.ssa.gov/benefits/medicare/prescriptionhelp/ & www.ssa.gov/benefits/ssi/
(multiple languages)

Address: 3971 Research Park Drive, Suite A, Ann Arbor MI 48108

Toll Free: (877) 402-0825 Ann Arbor (800) 772-1213 National

TTY Toll Free: (800) 325-0778 National

Fax: (734) 759-9916

Services: Enrolls financially-eligible Medicare beneficiaries in Part D Extra Help to assist with prescription/Rx costs; enrolls financially-eligible seniors and younger disabled people in Supplemental Security Income.

Hours: Monday - Friday 9 am - 4 pm;

Fees: No fee.

Social Security Administration - Representative Payee Program

Website: www.ssa.gov/payee/ (multiple languages)

Toll Free: (800) 772-1213

TTY Toll Free: (800) 325-0778

Services: Provides benefit payment management for beneficiaries incapable of managing their Social Security or Supplemental Security Income (SSI) payments. Appoints a suitable representative payee who manages the payments on behalf of the beneficiaries. Generally, family or friends serve as payees. When friends or family members are not able to serve as payees, SSA looks for qualified organizations. SSA also offers the option to advance designate up to three individuals who could serve as payee if the need arises.

Hours: Regular business hours.

Fees: Organizational payees receive the lesser of 10% or \$43/month.

THAW (The Heat and Warmth Fund)

Website: thawfund.org/

Phone: (313) 226-9465

Toll Free: (800) 866-THAW / 8429

Services: In partnership with agencies across the state, THAW distributes energy and utility assistance to Michigan households including the elderly and disabled who are facing financial crisis. Contact utility providers first to see what options may be available to you.

Hours: Monday - Friday 8:30 am - 5 pm

Fees: No fee.

United States Department of Agriculture. Supplemental Nutrition Assistance Program (SNAP)

Website: www.fns.usda.gov/snap/supplemental-nutrition-assistance-program
www.michigan.gov/mdhhs/assistance-programs/food

Toll Free: (888) 642-7434 Michigan

Services: Provides food benefits to low-income families to supplement their grocery budget. Must apply in the state of Michigan and must meet certain requirements, including resource and income limits. Special rules for the elderly (60+) and disabled.

Hours: 24 Hours websites

Fees: No fee

United Way of Southeast Michigan - Get the Tax Facts (Tax Preparation Assistance)

Website: unitedwaysem.org/get-help/community-resources/tax-assistance/

Toll Free: 211

Live Chat: Yes

Services: IRS certified tax experts from Accounting Aid Society and Way Metro volunteer to work with taxpayers to file accurate tax returns for free. Appointment scheduling begins late January or early February. How to File unitedwaysem.org/get-help/community-resources/tax-assistance/need-to-file/ links to pre-registration and shows the documents needed. Participants may also file taxes online through myfreetaxes.com/ My Free Taxes with VITA support specialists available via email, chat and phone.

Hours: Daytime, evening and weekend appointments available during tax season..

Fees: No fee.

University of Michigan Credit Union - Financial Wellness Program

Website: www.umcu.org/Resources/Financial-Wellness

Address: Administrative office: 340 E. Huron, Suite 100, Ann Arbor MI 48104 (+ [branches](#))

Phone: (734) 662-8200

Toll Free: (800) 968-8628

Fax: (734) 996-4522

Email: umcu@umcu.org

Services: Free online access to educational videos, webinars and audio segments via links to YouTube or within YouTube; search for University of Michigan Credit Union then click on videos and/or playlists. Offers free workshops on budgeting, credit, debt reduction, home buying, preventing fraud and other topics via WebEx.

Hours: YouTube 24 hours; workshops as scheduled.

Fees: No fee.

Washtenaw County - Income Tax Assistance

Website: www.washtenaw.org/2351/Income-Tax-Assistance

Phone: (734) 998-9339 seniors via UM Housing Bureau for Seniors

211 households with annual income less than \$64,000 via United Way of Southeast MI

Services: Free income tax preparation and filing via MyFreeTaxes.com or the offices listed above. Briefly explains the Homestead Property Tax Credit and Earned Income Tax Credit.

Hours: Call offices above; website 24 Hours.

Fees: No fee.

Washtenaw County - Poverty Exemptions [for Property Taxes]

Website: www.washtenaw.org/2339/Poverty-Exemptions

Services: Links to guidelines and applications for one year city, village or township property tax reductions within Washtenaw County for eligible, low-income homeowners. Exemption application must be filed annually at the March, July or December Boards of Review; owner of property must be its principal resident. Other requirements are given on the website and its link to the 2024 City and Township Poverty Exemption Guidelines www.washtenaw.org/DocumentCenter/View/4013/2024-Poverty-Exemption-Guidelines-PDF?bidId= . Free [income tax assistance](#) is available for qualifying households.

Hours: Call city, village or township offices.

Fees: No fee.

Washtenaw Health Project - Medicaid

Website: washtenawhealthproject.org/medicaid-for-adults/

Address: Washtenaw Health Project, 555 Towner Street, Ypsilanti MI 48198
plus others

- **St. Joseph Mercy Ann Arbor & Chelsea** - [St. Joseph Mercy Health Financial Assistance Programs](#) (734) 712-2009
- **Michigan Medicine, Ann Arbor** - [Michigan Medicine - Patient Financial Counselors](#)
 - (877) 326-9155 or Email: PFC-Counselors@med.umich.edu
- **Packard Health** - [Packard Health - Insurance Enrollment Assistance](#) (multiple sites)
- **Manchester Community Resource Center** - (734) 428-7722 or Email: info@manchestercrc.org
- **Faith in Action - Chelsea & Dexter** www.faithinaction1.org/programs-services/
 - (734) 475-3305 Chelsea & (734) 426-7002

Phone: Ypsi (734) 544-5030

Email: whp@washtenaw.org

Services: Assists in applying for expanded Medicaid. Must be a Michigan resident, ages 16-64, and not in or qualified for Medicare. Zoom appointments available. Ypsi has Español, Arabic & French in-person interpretation services available.

Hours: Ypsi Monday - Friday 9 am – 12 and 1 - 4 pm

Fees: No fee.

Washtenaw County - WHP (Washtenaw Health Plan - Plan B)

Website: www.washtenaw.org/1878/Plan-B-Information (multiple languages)

Address: 555 Towner Street, Ypsilanti MI 48198

Phone: (734) 544-3030

Toll Free: (866) 291-8691

Services: Health coverage which provides medical care at reduced prices, some on a sliding scale, to low-income county residents. Limited yearly benefit for certain types of medical equipment and supplies. Includes immunizations and a discount prescription/Rx drug program for County residents of all ages who have limited, exhausted, or no prescription/Rx drug coverage. Links to a ["Guide to Free & Low Cost Health Care in Washtenaw County"](#) (dated 2019) for the uninsured.

Hours: Monday – Friday 9 am - 4 pm

Fees: No fee for membership.

World Medical Relief - Local Programs

Website: www.worldmedicalrelief.org/local-programs

Address: 21725 Melrose Avenue, Southfield MI 48075

Phone: (313) 866-5333

Fax: (313) 866-5588

Email: info@worldmedicalrelief.org

Services: Facilitates the distribution of surplus medical resources where they are needed. Goods are distributed in a non-discriminatory manner without regard to race, color, gender, religion, nationality or political beliefs. Flyers in English and Español.

- **Affordable Prescriptions Program** - Available for financially-qualified individuals 18+. Financial guidelines: low/medium income as determined by federal guidelines and are uninsured or underinsured. Must have no or insufficient prescription/Rx coverage; not enrolled in Medicaid. May qualify with Medicare Part D.

Contact agencies directly for current hours / services.

- **Medical Supply Service** (*metro Detroit*) - Provides a variety of medical supplies to people in need — dressings, bandages, nutritional supplements, and incontinence supplies.
- **Durable Medical Equipment (DME) Program** (*metro Detroit*) - Must have the ability to pick up medical equipment from the Southfield warehouse.

Hours: Call for business hours.

Fees: \$ 8.30 per 30-day prescription/Rx. DME handling fee.

Ypsilanti Thrift Shop

Website: www.ypsithriftshop.org

Address: 14 S. Washington Street, Ypsilanti MI 48197

Phone: (734) 483-1226

Services: Accepts vouchers for clothing, household items and other goods from the store. Provides temporary emergency funding, on a case-by-case basis, for housing, utilities and medical or dental care to individuals and families. Agency social workers must apply online or contact the shop's Director of Social Services at (734) 483-3932 for approval of vouchers or emergency funding.

Hours: Mondays & Fridays 1 - 4 pm; Tuesdays 12 - 6 pm; Wednesdays & Thursdays 10 am - 4 pm; Saturdays 11 am - 2 pm Donations accepted Tuesdays, Thursdays & Saturdays

Fees: Cash and vouchers accepted.

HEALTH SERVICES - ALZHEIMER'S / DEMENTIA / MEMORY LOSS - rev Feb 2023

Alzheimer's Association - Greater Michigan Chapter

Website: www.alz.org/gmc www.alz.org [\(En Español\)](#)

Toll Free: 24 Hour (800) 272-3900 (Helpline)

Fax: (734) 369-2816

Email: helplinegmc@alz.org

Services: Provides care consultation, resource referral, support groups and message boards, publications/newsletters, educational programs, professional training, a speakers' bureau, a resource library with free lending, [SafeReturn®](#) (A nationwide program for wandering support), and opportunities for clinical trials. Provides multiple language services.

Hours: Helpline available 24 Hours

Fees: Varies according to service – most are offered at no cost.

Kettles VA Medical Center (VA Ann Arbor) - Specialty Care - Neurology

Website: www.va.gov/ann-arbor-health-care/health-services/#specialty-care

Address: 2215 Fuller Road, Ann Arbor MI 48105

Phone: (734) 769-7100

Toll Free: (800) 361-8387

TTY Toll Free: (800) 361-8387 Ext. 711

Services: Veterans requiring evaluation of dementias and movement disorders are seen in the Neurology Clinic. A referral is required from the patient's primary care provider.

Hours: Call for hours.

Fees: Varies according to income and/or military service-connected disability.

Michigan Medicine - Geriatrics Specialty Clinic - Cognitive Disorders Clinic

Website: www.uofmhealth.org/our-locations/eaahc-geriatrics-specialty

Address: East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109

Phone: (734) 764-6831

Toll Free: (877) 865-2167

TTY Toll Free: (800) 649-3777

Fax: (734) 647-8535

Services: Provides diagnosis and management of people with memory loss, cognitive impairment due to Alzheimer's and related disorders, and other neurodegenerative diseases.

Hours: Call for hours

Fees: Varies according to insurance.

Michigan Medicine - Michigan Alzheimer's Disease Center (MADC)

Website: alzheimers.med.umich.edu

Address: 2101 Commonwealth Blvd., Suite D, Ann Arbor MI 48105

Phone: (734) 936-8803

Email: UM-Ask-MADC@med.umich.edu

Services: The MADC, part of the Dept. of Neurology, provides information on Alzheimer's disease and related disorders to people 50+ experiencing memory changes. Promotes care and wellness for individuals / families affected by memory loss. Participation in research studies available.

Hours: Call for hours

Fees: No fee. Stipend may be offered for participation in research studies.

HEALTH SERVICES – DENTAL rev July 2022

Hope Clinic - Dental Clinic

Website: www.thehopeclinic.org/dental-clinic/

Address: 518 Harriet Street, Ypsilanti MI 48197

Phone: (734) 484-2989 outgoing message & voicemail options only

Services: Provides limited dental treatment to low income persons without dental insurance or the ability to pay for dental care. If not seen at the clinic before, call or visit the website to find out when the next new patient sign-up day will be. Eligibility guidelines are based on family size and income. Proof of income, photo ID, and Covid-19 vaccination card are required during new patient sign-up.

Hours: Monday - Friday 9 am - 12 pm and 1 - 5 pm

Fees: Does not accept patients with any dental insurance.

University of Michigan - Dental School

Website: www.dent.umich.edu/patient-care

Address: 1011 N. University, Ann Arbor MI 48109

Phone: Dental Student appts. (734) 763-6933

Dental Faculty appts. (734) 764-3155

Community Clinic (734) 998-9640

Graduate General Dentistry appts. (734) 764-1532

Toll Free: (888) 707-2500 Special Care Clinic

Services: Comprehensive dental care provided by students, graduate students and expert dentists. Special Care Clinic treats patients 16+ with disabilities including dementia; progressive neurologic conditions; and physical disabilities that limit mobility, vision, or hearing.

Hours: Call for hours.

Follows the academic schedule for holidays and semester breaks.

Fees: Most major insurances accepted.

Washtenaw County Dental Clinic

Website: www.washtenaw.org/Dental-Clinic

Address: Haab Health Building, 111 N. Huron Street, Ypsilanti MI 48197

Phone: (734) 480-4250

Toll Free: (877) 313-6232 Patient registration

Services: Dental services for adults who are uninsured and low income or who are enrolled in Medicaid. Dental clinic staff speak Arabic and Mandarin. Telephone translation available for other languages. A program in partnership with Trinity Health AA Hospital, the Washtenaw Health Plan, Washtenaw County and [My Community Dental Centers](#).

Hours: Call for Information.

Fees: Sliding scale for the uninsured. Reduced fees for uninsured veterans. Call for more information.

HEALTH SERVICES – GERIATRIC HEALTH ASSESSMENT - rev June 2022

Kettles VA Medical Center (VA Ann Arbor) - Geriatrics and Extended Care Program

Website: www.patientcare.va.gov/geriatrics.asp

Phone: (734) 769-7100 (Kettles Center) (734) 222-7600 (Packard)

Address: Kettles VA Medical Center, 2215 Fuller Road, Ann Arbor MI 48105

Packard Road Clinic - 3800 Packard Road, Suite 120, Ann Arbor, MI 48108

Services: Kettles Center specialists evaluate and treat conditions and diseases of the brain, spine, and nervous system, including headache, stroke, Alzheimer's disease, epilepsy, Parkinson's disease and other conditions. Packard Road offers consultation, evaluation, and treatment for confused thinking, memory problems and more.

Hours: Monday - Friday 8 am - 4:30 pm

Fees: Varies according to income and/or military service-connected disability.

Michigan Medicine - Geriatrics Center Clinics

Website: medicine.umich.edu/dept/dgpm/geriatrics-center-clinics

Address: East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Ann Arbor MI 48109
and West Ann Arbor Health Center Parkland Plaza, 380 Parkland Plaza, Ann Arbor MI 48103

Phone: (734) 764-6831 Careline: (734) 764-6831 24 Hours

Toll Free; (877) 865-2167

Fax: (734) 647-8535

Services: Provides comprehensive, multidisciplinary geriatric assessment as well as ongoing primary care, transitional care and specialty care for elderly patients. The **Neurology Cognitive Disorders Clinic** provides diagnosis and management for people with memory loss, cognitive impairment due to Alzheimer's disease and related disorders, and other neurodegenerative disorders that affect memory and thinking. Includes a Chinese Clinic with a Chinese-speaking physician and a Chinese language interpreter.

Hours: Monday - Friday 8 am - 5 pm

Fees: Varies according to insurance.

Trinity Health IHA Medical Group - Senior Care

Website: ihacares.com/locations/iha-senior-health

Address: 5361 McAuley Drive, Ypsilanti MI 48197

Phone: (734) 712-9968

Fax: (734) 222-3106

Services: Provides support to aging adults and caregivers by offering a comprehensive assessment, developing a plan and making connections to local resources. An IHA Senior Health visit may be

Contact agencies directly for current hours / services.

beneficial for general aging concerns, questions about memory loss, concerns about falling, consideration of change in living situation, assistance with advance care planning and concerns about depression or isolation. No ongoing care. Requires referral from a health provider.

Hours: Monday - Friday 8 am - 5 pm

Fees: Covered by Medicare and most insurances.

Trinity Health Michigan - Ann Arbor & Livingston - Neurology

Website: [Trinity Health Michigan IHA Neurology, Ann Arbor Campus](#)

[Trinity Health Michigan - Neurology, IHA Livingston Campus](#)

Address: 5301 McAuley Drive, Suite 6109, Ypsilanti MI 48197 (Ann Arbor)

820 Byron Road, Suite 200, Howell MI 48843 (Livingston campus)

Phone: (734) 712-1400 Ann Arbor / Ypsilanti and Livingston / Howell

Services: Neurological treatment and care of Alzheimer's disease and dementia, cognitive disorders, and Parkinson's disease.

Hours: Monday - Friday 8 am - 5 pm

Fees: Covered by Medicare and most insurances.

HEALTH SERVICES – HEALTH CARE ORGANIZATIONS - rev Dec 2022

Alzheimer's Association – Greater Michigan

Website: www.alz.org www.alz.org/gmc (also en Español)

Toll Free: (800) 272-3900 24 Hour National

TTY Toll Free: (866) 403-3073 24 Hour

Services: Provides a 24 hour helpline, care consultation & resource referral, support groups, message boards, publications and newsletters, educational programs, professional training, a speakers bureau, a resource library with free lending opportunities, and opportunities for [clinical trials](#). The Alzheimer's Association provides multi-lingual services.

Hours: -24 Hour helpline

Fees: Varies according to service – most are offered at no cost.

American Cancer Society Michigan

Website: www.cancer.org or www.cancer.org/about-us/local/michigan.html (multiple languages)

Address: PO Box 10069, Detroit MI 48210

Toll Free: (800) 227-2345 24 Hours National

Online Live Chat: Yes, via 800 number at bottom right, opens Skype

Services: Offers access to clinical trials, extensive information regarding cancer prevention, cancer treatments, and cancer facts and figures.

Hours: Helpline 24 Hours..

Fees: Fees vary according to service – most are offered at no cost.

American Diabetes Association

Website: diabetes.org

Address: 2451 Crystal Drive, Suite 900, Arlington VA 22202 or PO Box 7023, Merrifield VA 22116

Phone: (248) 433-3830

Toll Free: (800) DIABETES (342-2383) National

Email: ADAMI@diabetes.org Michigan
askada@diabetes.org or Preguntas@diabetes.org (en Español)

Services: Provides information and other services to people with diabetes, their families, health professionals and the public. Advocates for the rights of people with diabetes.

Hours: National Helpline Monday - Friday 9 am - 5:30 pm ET

Fees: Fees vary according to service; most are offered at no cost.

American Heart Association - Detroit

Website: www.heart.org/en/affiliates/michigan/detroit www.heart.org

Address: 26555 Evergreen Road, Suite 570, Southfield MI 48076

Phone: (248) 936-5800

Toll Free: National (800) 242-8721

Fax: (248) 936-5784

Services: Offers information and resources pertaining to heart disease and stroke, CPR and ECC certification, classes on healthy lifestyle management, as well as advocacy and fundraising efforts. Selected brochures available en Español. Affiliated with the American Stroke Association.

Hours: Monday - Friday 8 am - 8 pm & Saturday 10 am - 6 pm National

Fees: Varies with program/service.

American Lung Association

Website: www.lung.org (multiple languages)

Toll Free: National (800) 586-4872 press 2

TTY Toll Free: (800) 501-1068

Services: Offers information and resources pertaining to lung cancer disease, lung disease, COPD, tuberculosis, asthma, tobacco use, and clean air. Some online / virtual programs. [Spanish resources.](#)

Hours: Call for hours.

Fees: Varies according to program.

American Red Cross of Southeast Michigan

Website: www.redcross.org/local/michigan or www.redcross.org (also en Español)

Address: 7800 Outer Drive W., Suite 205, Detroit MI 48235

Blood. Platelet & Plasma Donation Center - 4624 Packard Road, Ann Arbor MI 48108

Phone: (313) 833-4440

Toll Free: (866) RED-CROSS (733-2767) 24 Hours

Services: Trains the community in First Aid, CPR, AED, Babysitting, Pet First Aid, Aquatics, and Nurse Assistant / CNA. Some classes available online / virtually. Holds blood drives; schedule all donations online or by phone (800 number, above.)

Fees: Varies according to class or program.

American Stroke Association - Southeast Michigan

Website: www.heart.org/en/affiliates/michigan/detroit www.stroke.org

Address: 26555 Evergreen Road, Suite 570, Southfield MI 48076

Phone: (248) 936-5800

Toll Free: National (888) 4-STROKE (478-7653)

Services: Offers information and resources pertaining to stroke warning signs, prevention, treatment and certification, and recovery information. Selected brochures available en Español. Affiliated with the American Heart Association.

Hours: Monday - Friday 8 am - 8 pm; Saturday - Sunday 10 am - 6 pm National

Fees: Varies with program or service.

Arthritis Foundation - Great Lakes Region - Michigan

Website: www.arthritis.org (also en Español)

Address: 888 W. Big Beaver, Suite 305, Troy MI 48084

Phone: (947) 282-2955

Toll Free: (800) 283-7800 National

Email: Michigan@arthritis.org

Services: Offers support for more than 100 types of arthritis and related conditions. Provides public health education; does advocacy, public policy, and legislation; leads and funds research to improve the quality of life for those living with arthritis. Has some virtual events.

Hours: Regular business hours; returns messages the next business day

Fees: Varies according to program.

The Association for Frontotemporal Degeneration

Website: theaftd.org (multiple languages)

Toll Free: (866) 507-7222

Email: info@theaftd.org

Services: Links to resources on managing FTD, general support, research & clinical trials, support groups, and [publications](#).

Hours: Call for hours.

Fees: No fee.

Bone Health and Osteoporosis Foundation (formerly *National Osteoporosis Foundation*)

Website: www.bonehealthandosteoporosis.org ([also en Español](#))

Services: Gives information on preventing osteoporosis and broken bones, promoting strong bones for life, educating clinicians, advocacy and research. Includes information on Paget's disease. Links to support groups, some virtual.

Hours: 24 Hours website

Fees: No fee.

Greater Detroit Agency for the Blind and Visually Impaired (GDABVI)

Website: www.gdabvi.org (links to Google Translate for translation services)

Address: 16625 Grand River Avenue, Detroit MI 48227

Phone: (313) 272-3900

Email: info@gdabvi.org

Services: Provides services that increase self-reliance, productivity and dignity for persons with severe vision loss. Offers in-home rehabilitation services to adults and seniors, and community education programs on eye health and safety. Eligibility: Adults, age 60+ (age limit is flexible) who are blind or visually impaired.

Hours: Monday - Friday 8:30 am - 4:30 pm

Fees: No fee.

Huntington's Disease Society of America (HDSA) - Michigan Chapter

Websites: michigan.hdsa.org www.hdsa.org (multiple languages)

Address: 1221 Bowers Street, PO Box 1091, Birmingham MI 48012

Phone: (989) 832-4170 MI Chapter

Toll Free: (800) 909-0073 MI Chapter (800) 345-HDSA (4372) National

Email: michigan@hdsavolunteer.org HDSAinfo@hdsa.org

Services: Promotes and supports research and medical efforts, assists people and families affected by Huntington's Disease, and educates the public and health professionals about Huntington's disease. Sponsors several online support groups; the Royal Oak, MI group is virtual.

Hours: The HDSA-MI social worker will return all phone calls left on the Chapter Helpline voicemail or to emails sent to sforbes@hdsa.org.

Fees: No fee for support groups that operate throughout Michigan.

Lewy Body Dementia Association

Website: www.lbda.org

Phone: (404) 935-6444 National

Toll Free: (800) 539-9767 Lewy Line

Services: Education, research, support and resource materials. Lists support groups by state.

Hours: Call for hours.

Fees: No fee.

Mesothelioma Prognosis Network

Website: www.mesotheliomaprognosis.com

Toll Free: (888) 797-2649

Online Live Chat: Yes (lower right of screen)

Services: Provides free information and resources to those affected by mesothelioma cancer. Patient advocates help match patients with doctors, find treatment grants and explore mesothelioma trust funds and VA benefit claims. Online monthly support group.

Hours: Call for information

Fees: No fee.

Michigan Parkinson Foundation

Website: www.parkinsonsmi.org

Address: 30400 Telegraph Road, Suite 150, Bingham Farms MI 48025

Phone: (248) 433-1011

Toll Free: (800) 852-9781

Fax: (248) 433-1150

Email: info@parkinsonsmi.org

Services: Educates and supports people with Parkinson's and related disorders, their loved ones and physicians/allied health professionals. Provides support groups for people with PD and their families. Lists exercise groups in each county. Links to various state and national organizations and resources.

Hours: Monday - Friday 8:30 am – 5 pm or leave voicemail

Fees: Varies according to program.

National Alliance on Mental Illness -- NAMI Michigan

Website: www.namimi.org www.nami.org

Address: 401 S. Washington Suite 104, Lansing MI 48933

Phone: (517) 485-4049

Toll Free: (800) 950-NAMI (6264) Helpline Mondays - Fridays 10 am - 6 pm ET

Text: NAMI to 741741

Email: info@namimi.org info@nami.org

Services: Grassroots mental health organization works to raise awareness and provide support and education to those in need.

Hours: Monday - Friday 9 am - 4 pm

Helpline Monday - Friday 10 am - 6 pm ET

Fees: No fee.

National Kidney Foundation of Michigan, Inc.

Website: www.nkfm.org (also en Español)

Address: 1169 Oak Valley Drive, Ann Arbor MI 48108

Phone: (734) 222-9800

Toll Free: Michigan (800) 482-1455

Email: info@nkfm.org

Services: Works to prevent chronic kidney disease and its leading causes: diabetes, obesity, and high blood pressure and tobacco usage -- through education and research. Provides distance learning options. Promotes organ and tissue donation.

Hours: Call for hours.

Fees: No fee.

National Multiple Sclerosis Society - Michigan Chapter

Website: www.nationalmssociety.org/Chapters/MIG www.nationalmssociety.org
(also en Español)

Address: 29777 Telegraph Road (Onyx Office Building), Suite 1651, Southfield MI 48034

Toll Free: (800) 344-4867

Services: Educates; provides support, including many online programs; and information on living with MS, finding doctors and support,. Includes links to research studies.

Hours: Monday - Friday 9 am - 7 pm phone support

Fees: No fee.

Washtenaw County Medical Society

Website: wcms-mi.org

Address: 5 Research Drive, Suite C, Ann Arbor MI 48103

Phone: (734) 668-6241

Fax: (734) 668-8928

Services: Offers a physician directory and answers inquiries regarding medical and public health programs in the community. Covers Michigan medical legislation efforts.

Hours: Call for hours

Fees: No fee.

HEALTH SERVICES – HEARING AND SPEECH IMPAIRMENT - rev July 2023

*Caption telephones are free to those experiencing hearing loss.
Consult an audiologist or contact your telephone company for more information.
Smartphones provide many accessibility options.*

AT&T Accessibility - Hearing & Speech

Website: www.att.com/features/accessibility about.att.com/sites/accessibility/hearing-speech

Toll Free Disability & Aging Center Support: (800) 772-3140

DACS TTY Toll Free: (800) 651-5111

DACS Hours: Monday - Friday 9 am - 9 pm ET & Saturdays 11 am - 8 pm

Toll Free National Center for Customers with Disabilities: (866) 241-6568 *for wireless customers*

NCCD TTY Toll Free: (866) 241-6567

NCCD Hours: Monday - Friday 10 am - 10 pm ET

TTY Toll Free: 711

Online Live Chat: Scroll down to “Contact Us” - [wireless](#) & [U-Verse TV](#), or “Let's Chat” [DirecTV Services](#):

- Closed captioning for U-Verse TV and DirecTV customers.
- Wireless rate plans for customers unable to effectively communicate over voice networks. Plans provide data-only access to AT&T's network and typically include real-time text messaging, email, Internet access, video calling or multimedia messaging (when not restricted by device), text to 911 and hearing aid compatibility. *Not for use on tablets.*
- Customers using a TTY will receive a discount for local and toll calls, based on need. Offers TTY-compatible phones.
- AT&T Lifeline offers low income customers a discount on their monthly land or wireless/mobile/cell phone bill.
- Directory Assistance Exemption Program for 411 calls.
- LED flash alerts for calls

Hours: see above

Fees: Varies, discounted services.

Comcast / Xfinity - Accessibility Support Center

Website: www.xfinity.com/support/articles/accessibility-services

Toll Free: (855) 270-0379 (800) 934-6489 ASL via videophone

Online Live Chat: Yes support.xfinity.com/accessibility_chat

Email: accessibility@comcast.com

Services: Assistance with tv closed captioning and with obtaining operator services and directory assistance exemptions for those with disabilities (as verified by a physician). Provides Braille bills, channel lineups, and Xfinity User Guides plus large-button Xfinity remotes. Offers support in American Sign Language — [ASL Support Center](#), 10 am to 12 am. [Xfinity Mobile accessibility features](#) include text to 911 where available, real-time-texting and hearing aid compatibility.

Hours: Daily 8 am - 11 pm

Fees: Varies with services.

Deaf and Hearing Interpretive Services, Inc.

Website: www.dhisonline.org

Address: 2804 Orchard Lake Road, Suite 208, Keego Harbor MI 48320

Phone: (248) 473-1888

Fax: (248) 474-7938

Email: dhissvcs@gmail.com

Services: Provides assistance obtaining interpreters (including bilingual and bicultural). Serves deaf individuals in southeastern Michigan or older adults with hearing loss.

Hours: Monday - Friday 9 am – 5 pm

Fees: Fee varies according to service; also based on ability to pay.

Deaf Health Clinic at Dexter Health Center - Michigan Medicine

Website: www.uofmhealth.org/our-locations/deaf-health

Address: 7300 Dexter-Ann Arbor Road, Suite 110, Dexter MI 48130

Phone: (734) 426-2796

Video Phone: (734) 539-5000

Email: deafhealth@med.umich.edu and deafmentalhealth@med.umich.edu

Services: Provides in-person primary care, and [deaf mental health](#) services by ASL-signing physicians or social workers. Also provides video mental health services.

Hours: Call for appointments.

Fees: Varies according to insurances.

Eastern Michigan University - Speech and Hearing Clinic

Website: www.emich.edu/coe/clinical-services/speech-hearing-clinic.php

Address: 135 Porter Building, EMU Campus, Ypsilanti MI 48197

Phone: (734) 487-4410

Services: Speech and hearing services, including audiology testing and hearing aid evaluation and fitting, provided by graduate students under direct supervision of faculty and staff.

Hours: Monday - Thursday 8:30 am - 5 pm; Friday 8:30 am - 4 pm

Fees: No fee.

Hearing Loss Association of America, Michigan

Websites: www.hearingloss-mi.org/ (Michigan) www.hearingloss.org/ (National)

Phone: (248) 983-HLAA (4522)

Email: info@hearingloss-mi.org macomb-co@hearingloss-mi.org

Services: HLAA offers assistance and resources for people with hearing loss and their families. Active chapters in Macomb (in-person meetings) and Royal Oak (monthly via Zoom)

Hours: Macomb - 4th Thursday, 1 – 3 p.m., September to June

Trinity Lutheran Church, 38900 Harper Avenue, Clinton Township MI 48036

Royal Oak: 4th Tuesday 7 –8:30 p.m. via Zoom. To get on the Zoom mailing list, send email to mathiasbahnmueller@gmail.com

Fees: No fee; \$15 annual membership fee for national association.

Lions of Michigan Foundation - Lions Clubs of Michigan

Website: www.lmsf.net www.lionsofmi.com

Address: 5730 Executive Drive, Lansing MI 48911

Phone: (517) 887-6640

Fax: (517) 887-6642

Email: info@lmsf.net lions@lionsofmi.com

Contact agencies directly for current hours / services.

Services: Programs provide assistance for the purchase of eyeglasses, hearing aids, health-related services, scholarships or educational needs. Accepts donations of eyeglasses and hearing aids.

Hours: Call for hours.

Fees: Varies based on club in local area.

Michigan Assistive Technology Loan Fund (MATLF) - United Cerebral Palsy of Michigan

Website: www.matlf.org/ www.mi-ucp.org/

Address: c/o United Cerebral Palsy of MI, 23077 Greenfield Road, Suite 205, Southfield MI 48075
or 1325 S. Washington Avenue, Lansing MI 48910

Phone: (248) 557-5070 Southfield (517) 203-1200 x2 Lansing

Toll Free: (800) 827-4843

Fax: (248) 557-0224 Southfield (517) 203-1203 Lansing

Email: MATLFFund@mi-ucp.org up to \$30,000 attech@mi-ucp.org up to \$2,500

Services: Fund provides low interest loans for the purchase of assistive technology. Must be a resident of Michigan and have a disability or be 65+. Loans available via [MSU Federal Credit Union](#), which requires \$5 to join by opening a savings account.

Hours: Monday - Friday 8:30 am – 5 pm

Fees: Varies, low-interest loans available.

Michigan Dept. of Civil Rights (MDCR) - Division on Deaf, DeafBlind and Hard of Hearing

Website: www.michigan.gov/mdcr/

Address: Cadillac Place, 3054 W. Grand Blvd., Suite 3-600, Detroit MI 48202

Phone: (313) 437-7035

Fax: (313) 456-3721

Email: DODDBHH@michigan.gov

Services: The office will assist deaf and hard of hearing persons with referrals to public or private agencies dealing with specific problems or concerns including technical support, information and referral, accommodations, and interpreters. Links to DoDDHH [videos](#) in American Sign Language.

Hours: Monday - Friday 8 am – 5 pm

Fees: No fee.

Michigan Medicine - Geriatrics Center - Community Programs - Turner Senior Wellness Program

Website: michmed.org/tswp

Address: Turner Senior Resource Center, 2501 Plymouth Road, Suite C, Ann Arbor MI 48109

Phone: (734) 998-9353

Fax: (734) 998-9340

Email: tswp.info@umich.edu

Services: Quarterly hearing loss education groups offered. Call for specific topics, dates and times.

Hours: Monday - Friday 8 am - 5 pm

Fees: No fee.

Michigan Medicine - Otolaryngology-Head and Neck Surgery - Division of Otolaryngology — Audiology

Website: medicine.umich.edu/dept/otolaryngology/clinical-divisions/division-otology-neurotology

Address: Taubman - 1500 E. Medical Center Drive, Floor 1, Suite 1300, Ann Arbor MI 48109

East Ann Arbor - 4260 Plymouth Road, Room B 1-113 Ann Arbor MI 48109

West Ann Arbor - 380 Parkland Plaza, Ann Arbor MI 48103

Phone: Taubman (734) 936-8051 East AA (734) 936-8051 West AA (734) 998-7380

Contact agencies directly for current hours / services.

Services: Michigan Hearing provides hearing assessment plus hearing aid evaluation and dispensing, fitting and tuning.

Hours: Varies by location.

Fees: Varies based on services and insurance coverage.

Michigan Online Interpreter System - Michigan Bureau of Professional Department of Licensing and Regulatory Affairs

Website: interpreter.apps.lara.state.mi.us

Phone: (517) 335-1980

Email: LARA-BCHS-Qualified-Interpreter@michigan.gov

Services: Online directory listing all Qualified Interpreters holding the Michigan Certification that is required to work in the state.

Hours: 24 Hours

Fees: No fee to search; interpreter fees vary by services.

T-Mobile Accessibility

Website: www.t-mobile.com/responsibility/consumer-info/accessibility-policy

Toll Free: Accessibility Customer Care (833) 428-1785

TTY Toll Free: 711

Online Live Chat: No

Services: Offers Magenta Deaf or Hard of Hearing (DHH) / Data-Only plans — including unlimited texting, to hearing-impaired customers' smartphones. Has real-time texting (RTT) on select devices and text-to-911 service where supported and is hearing aid compatible.

Hours: TTY and Customer Care daily 7 am - 3 am

Fees: Varies according to service.

Verizon - Accessibility Resource Center

Website: www.verizon.com/about/accessibility/

Toll Free: Wireless National Accessibility Customer Service Center (888) 262-1999 for Mobile
Verizon Center for Customers with Disabilities - FIOS 800-974-6006 Voice for Home

TTY: (508) 251-5301

Email: vccd@verizon.com

Online Live Chat: Yes [Contact Us](#)

Services: Offers Live Captions for phone calls or playing music; sound amplification; text-to-911 (where supported), Braille / large print / audio bills and TTY support for its phones, LED flash alerts for calls, and real-time texting (RTT) for people who don't use voice. Also provides Video calling / chat and is hearing aid compatible. Offers many tutorials on the above services.

Hours: Wireless customers Monday - Saturday 8 am - 7 pm; Sunday 8 am - 5 pm
FIOS and traditional customers 8:30 am - 5 pm

Fees: Varies by service.

Note: Other mobile / wireless carriers may also support those with hearing and speech impairments.

[Best Cell Phones for Hearing Impaired Seniors for 2024](#) - SeniorLiving.org

Over-the-Counter (OTC) Hearing Aids

Contact agencies directly for current hours / services.

[5 Ways Over-the-Counter Hearing Aids Are Different From Prescription Ones](#) (September 2022, updated n.d.) - AARP.org

7 Best Over-the-Counter (OTC) Hearing Aids of 2024 - (February 2024) National Council on Aging (NCOA) www.ncoa.org/adviser/hearing-aids/best-otc-hearing-aids/

[Hearing Aids and Personal Sound Amplification Products: What to Know](#) (May 2023 - FDA.gov

[Over-the-Counter Hearing Aids](#) (June 2024) - National Institute on Deafness and Other Communication Disorders

Where to Get Over-the-Counter Hearing Aids in 2023 - *Medical News Today* (January 2023) www.medicalnewstoday.com/articles/where-to-get-over-the-counter-hearing-aids#summary

HEALTH SERVICES – HOSPICE & PALLIATIVE CARE - rev July 2022

Explanation:

Hospice □ Hospice care involves a team-oriented approach to expert medical care, pain management, and emotional and spiritual support for people facing a life-limiting illness or injury. It is appropriate when it is not possible to cure an illness or a patient chooses not to undergo certain treatments. Hospice must be ordered by a physician and is generally provided in the patient's living environment. It may also be provided in an inpatient hospital setting.

Palliative Care □ Palliative care is focused on providing relief from the symptoms and stress of a serious illness and to help patients understand their choices for medical treatment. The goal is to improve quality of life for both the patient and the family. One's primary care physician can provide information about palliative care specialists and will continue to be involved in the patient's care.

A specially-trained team of doctors, nurses and other specialists work together with a patient's other doctors to provide medical, social, emotional and practical support. It is appropriate at any age and at any stage in a serious illness, and it can be provided along with curative treatment. Palliative care may be provided in a hospital, outpatient clinic or in the home.

[Choosing a Hospice Provider - Questions to Ask](#)
(Hospice Foundation of America, 2p.)

Angela Hospice Home Care - Livonia Care Center

Website: angelahospice.org/our-care-center/

Address: 14100 Newburgh Road, Livonia MI 48154

Toll Free: (734) 464-7810 Hospice & Palliative Care (734) 464-3277 Grief Care

Services: Offers 32 private patient rooms which are also open for temporary stays covering respite or advanced symptom control. 24 Hour visitations; pets welcome during the day. Also provides hospice home care with optional telehospice (24 Hours), as well as hospice in nursing homes, assisted living and other care facilities. Offers home palliative care and free grief care. A Felician-sponsored ministry. Language assistance available at (888) 464-2341. Volunteers provide companionship, massage therapy and spiritual support to patients.

Fees: Hospice and Palliative care — Medicare Part B. Medicaid or private insurance. Co-pays depend on individual plan. Grief care is free to the community.

Arbor Hospice

Website: www.arborhospice.org

Address: 2366 Oak Valley Drive, Ann Arbor MI 48103 Admin

Phone: (734) 662-5999 Admin

Toll Free: (888) 992-CARE (2273) 24 Hours

Fax: (734) 662-2330 Admin

Fax Toll Free: Referrals (888) 466-7578

Email: WebContact@arborhospice.org

Services: Provides palliative and hospice care to seriously ill patients and their families throughout southeastern Michigan. Care is provided by a team of trained caregivers in patient homes, hospitals, nursing homes and assisted living facilities. Participates in the "We Honor Veterans" program. A variety of grief support groups are offered to patient families and the community. A Community Health Accreditation Partner (CHAP) accredited hospice agency.

- **NorthStar Palliative Care**

Website: northstarpalliative.org

Toll Free: (877) 227-8823

Fax: (734) 929-3294

Fees: Typically covered by Medicare, Medicaid, and other insurances. If someone doesn't have the insurance coverage or financial means to pay for our services, Arbor Hospice will provide care regardless.

As-Sojood Muslim Spiritual Care and Hospice Network

Website: islamic-american-cc.com/English/Index.html

Address: 2377 Auburn Road, Shelby Township MI 48317

Phone: (248) 854-7726

Services: Offers physician care, visiting nurses, counseling, bereavement counseling and support groups for family members. Available in homes, hospitals, nursing homes, or other facilities.

Fees: No fee. Accepts donations.

Evergreen End of Life Care Michigan

Website: <https://www.evergreeneolcfm.org/about.html>

Phone: none - Contact is via website only

Services: Provides financial support to individuals and families for access to essential end of life services such as end of life doulas, music therapies, massage therapies, and other non-insurance-covered services.

Fees: No fee. Accepts donations.

Grace Hospice

Website: www.ghospice.com/

Address: 1194 Oak Valley Dr, Suite 80A. Ann Arbor MI 48108

Phone: (734) 975-0499

Fax Toll Free: (855) 618-6650

Services: A team of doctors, nurses, social workers, counselors, hospice aides, chaplains, and trained volunteers work together focusing on the patient's physical, psychological, or spiritual needs. Serves veterans via a "We Honor Veterans" partnership. Offers a bereavement program. A Community Health Accreditation Partner (CHAP) accredited hospice agency.

Fees: Medicare, Medicaid, and other insurances.

Harmony Care Medical Group (formerly Visiting Physicians)

Website: harmonycares.com/service-areas/michigan/ann-arbor-mi/

Address: 1194 Oak Valley Drive, Suite 80-B, Ann Arbor MI 48108

Phone: (734) 975-5000

Fax: (734) 975-0376

Services: Offers hospice and palliative care.

Hours: Monday - Friday 8:30 am - 5 pm;

Fees: Accepts Medicare, Medicaid and other insurances. Provides good faith estimates to the uninsured or those not using insurance.

Hospice of Michigan - NorthStar Care Community

Website: www.hom.org

Address: 2366 Oak Valley Drive, Ann Arbor MI 48103

Toll Free: (888) 247-5701 24 Hours

Services: Hospice care is provided in the home, at the hospital, in assisted living, or at the nursing home. Serves Washtenaw County through Arbor Hospice. A member of "We Honor Veterans."

Provides support groups. A Community Health Accreditation Partner (CHAP) accredited hospice agency.

Fees: Medicare, Medicaid, and other insurances. Provides care for all—regardless of age, diagnosis, or ability to pay.

The Jewish Hospice & Chaplaincy Network (JHCN)

Website: jewishhospice.org/

Address: 6555 W. Maple Road, West Bloomfield MI 48322

Phone: (248) 592-2687 24 Hour Crisis Line

Fax: (248) 592-2688

Email: info@jewishhospice.org

Services: Provides a combination of palliative care, hospice care, life enrichments and bereavement care to Jewish patients, families and caregivers in southeast Michigan. Partners with hospices, hospitals, assisted living communities and health care agencies.

Fees: No fee; funding comes from donations and grants.

Kettles VA Medical Center (VA Ann Arbor) - Home & Community Care Programs - Palliative & Hospice Care

Website: www.va.gov/ann-arbor-health-care/health-services/#specialty-care

Address: 2215 Fuller Road, Ann Arbor MI 48105 (multiple languages)

Phone: (734) 769-7100

Toll Free: (800) 698-2411 National

TTY Toll Free: 711

Services: Offers inpatient palliative care consultation, an outpatient palliative care clinic and home hospice care.

Fees: Covered under VA benefits. May also be covered by Medicaid or Medicare.

Michigan Medicine - Palliative Care

Website: www.uofmhealth.org/conditions-treatments/home-care/palliative-care

Addresses & Phone: UM Hospital (via page) or at these clinics

- **East Ann Arbor Health and Geriatrics Center - Adult Palliative and Supportive Care Clinic** (734) 764-6831
- **Rogel Cancer Center Symptom Management and Supportive Care Program** (877) 907-0859 Available only for U-M Rogel Cancer Center patients
- **Chelsea Health Center - Palliative and Supportive Care Clinic** (734) 475-1321

Services: Help patients with chronic conditions or life-limiting illnesses enhance their quality of life and stay independent and symptom-free for as long as possible. Palliative care delivered by an interdisciplinary team of nurses, physicians, social workers, chaplains, pharmacists and others who focus on advanced disease management.

Fees: Medicare, Medicaid, and other insurances.

Promedica Hospice & Palliative Care (formerly *Heartland*)

Website: www.promedica Hospice.org/find-an-agency/promedica-hospice-ann-arbor/
www.promedicapalliativecare.org

Address: 1300 Eisenhower Place, Suite 1390, Ann Arbor MI 48108

Toll Free: (877) 329-1001

Fax Toll Free: (800) 878-9657

Email: annarbor@heartlandhospice.com

Services: Provides hospice and palliative care in homes, skilled nursing centers, and assisted or independent living facilities.-

Fees: Medicare, Medicaid, and other insurances. Provides hospice care for all—regardless of the ability to pay or insurance coverage.

SouthernCare Hospice

Website: www.southerncarehospice.com

Address: 1965 Boardman Road, Unit B, Jackson MI 49202

Phone: 24 Hours (517) 788-6838

Toll Free: 24 Hours (866) 546-3733

Services: Provide physical, emotional and spiritual resources and grief support for families as well as palliative care. Provides personal care and grief support. Participates in “We Honor Veterans.”

Fees: Covered by Medicare, Medicaid and other private insurance.

The Dying Year

Website: www.thedyingyear.org/

Phone: (734) 395-9660

Email: thedyingyear@gmail.com

Services: Merylynne Rush and her team work with diverse cultures and the LGBT+ community to provide

- **Advance Care Planning Consultation** to discuss values and wishes and to complete Advance Directives.
- **End-of-Life Doula referrals** for non-medical comfort, guidance, and accompaniment for the dying person and their loved ones from as early as initial diagnosis through death and bereavement, including education about palliative and hospice care and other local resources.
- **Home Funeral and Green Burial Consultation** on how to care for your loved one at home in the hours/days after death and/or information about how to have a green burial.
- **Ann Arbor Death Cafe** the 3rd Saturday monthly 11 am - 1 pm, Crazy Wisdom Bookstore, 114 S. Main Street, Ann Arbor. Merylynne Rush facilitates conversation about all things related to death and dying. Not a grief support group, rather a "death positive" event. Participants join in small and large group discussion — no agenda, no presentation. Coffee/tea provided; open to all adults; accessible; confidential. For more information about the Death Cafe movement, visit www.DeathCafe.com.
- **Online conversation with Merylynne Rush** - 1st Saturday monthly 10:30 am. Send an email stating your interest in The Death Cafe to register for link.
- **Resources** links to articles, videos & podcasts, and books plus lists of certified green cemeteries in the U.S. and hybrid cemeteries in Michigan that have a natural burial section.

Fees: Fees vary for training, community presentations, and home consultations. Scholarships and discounts may be available. End-of-Life Care Referrals are free.

Trinity Health at Home (was St. Joseph Mercy Home Care and Hospice) - Southeast Michigan

Website: www.trinityhealthathome.org/michigan/our-services/understanding-our-services

Address: 20555 Victory Parkway, Livonia MI 48152

Toll Free: Michigan (855) 559-7178

TTY Toll Free: 711

Fax Toll Free: (866) 754-4220 New patient referrals

Services: The hospice program provides support, comfort and care for patients with serious, possibly terminal illnesses. Gives psychological, emotional, social and spiritual support for patients and their families. Its community-based palliative care program provides relief from the symptoms and stress of a serious illness, while patients are still receiving curative treatment. Community Health Accreditation Partner (CHAP) accredited. Provides language assistance for non-English speakers.

Contact agencies directly for current hours / services.

Fees: Medicare, Medicaid, and other insurances.

HEALTH SERVICES – HOSPITALS - rev June 2022

Chelsea Hospital

Website: www.trinityhealthmichigan.org/location/chelsea-hospital

Address: 775 S. Main Street, Chelsea MI 48118

Phone: (734) 593-6000

Services: A joint venture of Trinity Health and University of Michigan Health.

Kettles VA Medical Center (VA Ann Arbor)

Website: www.va.gov/ann-arbor-health-care/

Contact agencies directly for current hours / services.

Address: 2215 Fuller, Ann Arbor MI 48105

Phone: (734) 769-7100

Toll Free: (800) 361-8387

Trinity Health - Ann Arbor Hospital

Website: www.trinityhealthmichigan.org/location/trinity-health-ann-arbor-hospital

Address: 5301 McAuley Drive, Ypsilanti MI 48197

Phone: (734) 712-3456 (734) 712-3000 Emergency

University Hospital - Michigan Medicine, University of Michigan

Website: www.uofmhealth.org/our-locations/university-hospital

Address: 1500 E. Medical Center Drive, Ann Arbor MI 48109

Phone: (734) 936-4000

Services: Offers Survival Flight (800) 822-2233 to transport critically ill and injured patients; non-emergency dispatch (734) 936-6035

HEALTH SERVICES - IN HOME PROVIDERS - rev Sept 2024

Nurses plus physical, occupational, and speech therapists are available through Skilled Home Health Care agencies which are listed under [Home Care](#).

BetterMyMeds

Website: bettermymeds.com/

Phone: (734) 649-2270

Email: Betty@BetterMyMeds.com

Services: Pharmacist offers medication management for individuals using 3+ medications / dietary supplements; has more than one health condition; has questions or concerns about medications; and more. Meetings can be face-to-face in the community or home, via video or telephone.

Hours: By appointment

Fees: Varies by service; extra cost for meetings more than 10 miles round trip from Dexter.

Canton Foot and Ankle Specialists

Website: cantonfoot.com

Address: 43050 Ford Road, Suite 150, Canton MI 48187

Phone: (734) 981-7800

Fax: (734) 981-0487

Services: Offers nail appointments for homebound people in the Ann Arbor area. No referrals necessary.

Hours: Saturday appointments for the homebound.

Fees: Accepts Medicare and other insurance. Patients without a referral must pay in full at time of service.

Dr. Leo Santoro, Jr., DPM

Website: docsantoro.weebly.com

Address: 2440 W. Stadium Blvd., Ann Arbor MI

Phone: (734) 665-1215

Services: Home visits are available for podiatry services in much of Washtenaw County – call for specific areas. No physician referral required.

Hours: Monday - Friday 9 am - 5 pm

Fees: Accepts Medicare and PPO insurance..

Eye Travel

Website: eyetraveldoc.com

Phone: (248) 376-6046

Services: Provides eye tests and offers an optical shop for frame selection.

Hours: Call for hours.

Fees: Vary based on service.

Kettles VA Medical Center (VA Ann Arbor) - Home & Community Based Care

Website: [www.va.gov/GERIATRICS/pages/Home and Community Based Services](http://www.va.gov/GERIATRICS/pages/Home_and_Community_Based_Services)

Address: 2215 Fuller Road, Ann Arbor, MI 48105

Phone: (734) 769-7100 or 845-3664

Services: Provides home-based primary care and Telehealth (video) care.

Hours: 8 am - 4:30 pm

Fees: Covered under VA benefits. May also be covered by Medicaid or Medicare.

Mature Vision: Mobile Eye Care Clinic

Website: mobileicare.com

Address: PO Box 2044, Dearborn MI 48123

Phone: (313) 737-6289

Fax: (313) 278-5180

Email: contact@mobileicare.com

Contact agencies directly for current hours / services.

Services: Offers primary eye care, contact lenses, optical services (glasses), and treats eye diseases in private homes, private businesses, and various living facilities – nursing homes, skilled nursing, assisted living, rehabilitation and hospice.

Hours: Call for hours.

Fees: Accepts Medicare, Medicaid and vision insurance.

Michigan Medicine - HouseCalls

Website: homecare.med.umich.edu/HouseCalls (multiple languages)

Phone: (734) 477-7256

Services: An interdisciplinary team of nurse practitioners, a care manager, and a pharmacist care for patients who are homebound or have limited mobility. This includes care management visits, and regular care through transitions of care visits, one-time assessments and urgent visits. Referral required from a Michigan Medicine provider.

Hours: 8 am - 5 pm Monday - Friday

Fees: Varies with service.

Semma Podiatry (House Calls Only) - Nationwide Food and Ankle

Website: www.nationwidefootandankle.com/

Address: Livonia MI 48150

Phone: (248) 956-0177

Services: Offers house calls for podiatry services **to those with mobility issues or busy schedules.**

Hours: Monday - Friday 8 am - 5 pm

Fees: Accepts insurance.

Senior Counseling Services, LLC

Website: www.seniorcounseling.info/

Address: 37899 W. 12 Mile Road, Suite 130, Farmington Hills MI 48334

Phone: (248) 476-2229

Fax: (248) 476-4434

Email: admin@seniorcounseling.info

Services: In-home mental health counseling via telephone or TeleHealth (video) for seniors, homebound, and disabled individuals in southeast Michigan. Provides supportive counseling for family members and caregivers. Assists with resources and referrals. "In-home" includes senior residences and assisted living facilities.

Hours: Office Monday - Friday 9 am – 5 pm; Confidential voicemail and fax available 24 Hours.

Fees: Bills Medicare; accepts some insurances and private pay.

Visiting Counselors LLC

Website: www.seniorcounselinghome.com

Address: Box 971961 Ypsilanti, MI 48197

Phone: (734) 635-7004

Fax: (734) 219-7197

Services: Provides social work services and psychotherapy for a range of mental health needs. Specializes in gerontology and rehabilitation counseling.

Hours: Call for hours.

Fees: Bills Medicare and other insurance as well as accepts private pay patients.

HarmonyCares Medical Group (formerly Visiting Physicians Association (VPA))

Contact agencies directly for current hours / services.

Website: harmonycares.com/service-areas/michigan/ann-arbor-mi/

Address: 1194 Oak Valley Drive, Suite 80-B, Ann Arbor MI 48108

Phone: (734) 975-5000

Fax: (734) 975-0376

Services: Offers physician care, laboratory services, mobile radiology and x-rays.

Hours: Monday - Friday 8:30 am - 5 pm;

Fees: Accepts Medicare, Medicaid and other insurances. Provides good faith estimates to the uninsured or those not using insurance.

Voiage Dental / Voiage Portable Dentistry

Website: www.voiagedental.com

Address: 26024 Pontiac Trail, South Lyon MI 48178

Phone: (248) 931-4828

Fax Toll Free: (855) 778-2780

Email: VoilageDental@gmail.com

Services: Provides dental care for residents of assisted living facilities, nursing homes and hospitals in the Detroit Metropolitan area. Specializes in mobile geriatric dental care for medically and cognitively impaired patients.

Hours: Call office for appointment or consultation.

Fees: Fee-for-service; submits bills to dental insurance for patient reimbursement and bills patient.

HEALTH SERVICES – LOW VISION AND BLINDNESS - rev Aug 2023

American Council of the Blind

Website: www.acb.org

Toll Free: (800) 424-8666

Email: info@acb.org

Services:

- Publishes the [ACB Braille Forum](#) in text (html or plain text), braille, large print, digital cartridge, podcast and e-mail.
- Provides [ten live streams](#) including Community Events via the [ACB Radio Community Channel](#) and old-time radio shows from the 1920s to 1950s on the [Treasure Trove](#) stream.

Contact agencies directly for current hours / services.

- [The Audio Description Project](#) - A webpage listing movies; described DVDs; broadcast television; performing arts; plus museums, parks, exhibits and tours. The site includes separate and master lists of titles from a variety of streaming services. The site is searchable; updates are available via email.

Hours: Call for hours.

Fees: \$10 annual membership fee includes the Michigan Council of the Blind and Visually Impaired (see below); no charge to join as a Friend, listen to streams or search The Audio Description Project.

AT&T Accessibility - Vision

Website: about.att.com/sites/accessibility/vision

Toll Free Disability & Aging Center Support: (800) 772-3140 *for landline/VOIP customers*

DACS TTY Toll Free: (800) 651-5111

DACS Hours: Monday - Friday 9 am - 9 pm & Saturdays 11 am - 8 pm

Toll Free National Center for Customers with Disabilities: (866) 241-6568 *for wireless customers*

NCCD TTY Toll Free: (866) 241-6567

NCCD Hours: Monday - Friday 10 am - 10 pm ET

TTY Toll Free: 711

Services:

- Talking guide for DirecTV; video description for U-Verse TV; U-Verse app provides access to verbal and motion feedback for visually impaired users.
- [Data-Only Plans](#) provide access to AT&T's network — messaging, email, Internet access, video calling, multimedia messaging. Offers monthly and [prepaid data plans](#) for hotspots, tablets, laptops.
- AT&T Lifeline offers low income customers a discount on their monthly land or wireless/mobile/cell phone bill.
- [Operator / Directory Assistance Exemption Program](#)
- Bills available in large print or Braille.
- AT&T classic email works with screen readers and browsers.
- Voice control features like Siri or Google Assistant, can help with routine tasks on the phone.

Hours: see above

Fees: Varies, discounted services.

Comcast / Xfinity - Accessibility Support Center

Website: www.xfinity.com/support/articles/accessibility-services

Toll Free: (855) 270-0379

Email: accessibility@comcast.com

Online Live Chat: Yes, at support.xfinity.com/accessibility_chat

Services: Assistance with audio description, using voice guidance, and obtaining operator services & directory assistance exemptions for the disabled (as verified by a physician). Provides braille bills, large print channel lineups plus large-button Xfinity remotes, **Hours:** Daily 8 am - 10 pm

Fees: No additional fees.

Detroit Radio Information Services (DRIS)

Website: wdet.org/dris/

Address: DRIS, c/o WDET 101.9 FM, 4600 Cass Avenue, Detroit MI 48201

Phone: (313) 577-4146

Email: dris@wayne.edu

Services: Radio Reading/Audio Information Service for people with disabilities from WDET 101.9 FM and Wayne State University. Volunteers read verbatim from more than 100 local and national

Contact agencies directly for current hours / services.

newspapers and magazines each week. Special interest materials include this week's grocery and department store ads, senior citizen issues, hobbies, and literature. Rehabilitation programs focus on topics like adjustment, employment, education and legislation. Program schedule available. Also offers playlists, podcasts. Listen/stream online via the web site or use a specially built radio receiver which is loaned free of charge to qualified applicants to listen over a private radio signal. Applicants for receivers must be registered with a Library for the Blind and Physically Handicapped or certified by a qualified healthcare provider such as doctor, social worker or rehabilitation counselor.

Hours: 24 Hours.

Fees: No fee.

Greater Detroit Agency for the Blind and Visually Impaired (GDABVI)

Website: www.gdabvi.org (offers Google Translate for website)

Address: 26777 Central Park Blvd., Suite 150, Southfield MI 48076

Phone: (313) 272-3900

Email: Infor@gdabvi.org

Services: Adult services include vision rehabilitation therapy, orientation and mobility therapy, activities of daily living, and technology training. Provides information on eye health and vision facts. Also has community programs and education, and information and referral. After completing annual intake forms online, one can book online for services and programs. Covers Washtenaw County.

Hours: Call for hours.

Fees: No fee.

Kellogg Eye Center - University of Michigan Health

Website: www.umkelloggeye.org

Address: 1000 Wall Street, Ann Arbor MI 48105

Kellogg Community Clinics in Washtenaw County

Chelsea Health Center, 14700 E. Old U.S. Hwy 12, Chelsea MI 48118

Phone: (734) 764-4190 **Fax:** (734) 433-3151 **Hours:** Mon - Fri 8 am - 5 pm

West AA: 380 Parkland Plaza, Ann Arbor MI 48103

Phone: (734) 764-4190 **Fax:** (734) 998-7370 **Hours:** Mon - Fri 7:30 am - 5 pm

Ypsilanti: River Place Offices Bldg., 1974 N. Huron River Drive, Ypsilanti MI 48196

Phone: (734) 764-4190 **Fax:** (734) 547-1000 **Hours:** Mon - Fri 8 am - 5 pm

Phone: (734) 764-4190 Comprehensive Ophthalmology Clinic

Services: Provides diagnostic evaluation and treatment through various clinics and locations. Offers recommendations for optical aids and appliances as well as occupational therapy services.

- [Low Vision and Visual Rehabilitation Service](#) (734) 764-5106
- **Living With Low Vision** support group meets 2nd Wednesday from 1 - 3 pm.

Hours: Monday - Friday 8 am - 5 pm

Fees: Varies based on insurance coverage and service..

Kettles VA Medical Center (VA Ann Arbor) - Visual Impairment Service Team (VIST)

Website: www.va.gov/ann-arbor-health-care/programs/visual-impairment-services-team-vist/

Address: 2215 Fuller Road, Ann Arbor MI 48105

Phone: (734) 845-3934

Services: Veterans with low vision or blindness may consult the visual impairment services team for adaptive equipment and training. VA referral needed. Support groups and community activities available.

Hours: Call for appointment; contact primary care physician at the VA for more information.

Fees: Varies based on eligibility for benefits.

Lions of Michigan - Projects - Leader Dogs for the Blind

Website: www.lionsofmi.com/index.php/state-projects

Address: 1039 S. Rochester Road, Rochester Hills MI 48307

Toll Free: 888-777-5332

Fax: (248) 651-5812

Email: leaderdog@leaderdog.org

Services: Provide people who are blind or visually impaired with the tools and training to reintroduce them to a life of confidence, safety and independence. A project of Lions Clubs of Michigan.

Hours: Call for hours.

Fees: No fee.

Lions of Michigan Foundation - Lions Clubs of Michigan - Lions International

Website: www.lmsf.net

www.lionsofmi.com

www.lionsclubs.org/

Address: 5730 Executive Drive, Lansing MI 48911

Phone: (517) 887-6640

Fax: (517) 887-6642

Email: info@lmsf.net lions@lionsofmi.com

Services: Programs provide assistance for the purchase of eyeglasses, hearing aids, health-related services, scholarships or educational needs. Works to end preventable blindness. Accepts donations of eyeglasses and hearing aids.

Hours: Call for hours.

Fees: Varies based on clubs in the local area; low vision aids and canes are usually free for individuals who have financial need.

Michigan - Bureau of Services for Blind Persons (BSBP)

Website: www.michigan.gov/BSBP

Address: 702 W. Kalamazoo Street, PO Box 30007, Lansing Michigan 48909

Phone: (517) 241-1086

Toll Free: (800) 292-4200

Fax: (517) 335-0254

Services: Provides information and referral to its programs:

- [Vocational Rehabilitation Services](#),
- [Independent Living Services](#) for those 55+
- [BSBP Training Center](#) - residential facility for the blind.
- [Braille and Talking Book Library](#) - A regional network providing service through the Washtenaw Library for the Blind and Physically Disabled (WLBPD, see below).
- [Technology Related to Blindness and Visual Impairment](#) - some free equipment. software, etc.

Hours: Call for hours.

Fees: No fee.

Michigan Council of the Blind and Visually Impaired (an American Council of the Blind affiliate)

Website: www.michigancounciloftheblind.org

acb.org

Phone: (206) 666-3696

Email: info@michigancounciloftheblind.org

Services: Offers [resources](#) and forums. Provides MCBVI radio www.mcbviradio.com/ online.

Hours: Leave voicemail for return call.

Fees: \$10 annual membership fee includes national association.. No fee to listen to radio online..

Michigan Secretary of State

Website: www.michigan.gov/sos (multiple languages)

Address: 295 N. Maple Road, Ann Arbor MI 48103
4675 Washtenaw Avenue, Ypsilanti MI 48108
1113 S. Main Street / M-52, Chelsea MI 48118
MI [Self Service Stations](#) (search by zip code)

Phone: (734) 418-6582 to "Get in Line" Ann Arbor only

Text: (734) 619-0650 ann arbor to "Get in Line":

Toll Free: (888) 767-6424 (SOS-MI) Mondays - Fridays 8:30 am - 5 pm

Fax: (734) (665-9491 Ann Arbor; (734) 475-6383 Chelsea; (734) 528-0925 Ypsilanti

Services: State identification cards, standard and enhanced, are free for Michigan residents who are legally blind or 65+. First-time IDs must be done in an office. Renewals may be done online or via self-service stations (see above)

Hours: Washtenaw County offices Monday, Tuesday & Thursday 9 am - 5 pm; Wednesday 11 am - 7 pm, Friday 9 am - 5 pm. No offices close for lunch. Appointments for office visits may be made [online](#).

Fees: Varies, standard ID free for legally blind or those 65+.

National Federation of the Blind - Michigan

Website: www.nfbmi.org nfb.org

Email: nfb@nfb.org

Services: Provides advocacy, education, research, free white canes, and free Braille slates/styluses.

- [NFB Newsline®](#) - Audio news service for anyone who is blind, low-vision, deafblind, or otherwise print-disabled. Offers access to more than 500 publications, emergency weather alerts, job listings, and more. Access via touch tone phones, smartphone apps, online, and via email. May need certification from the regional Library for the Blind and Print Disabled. **Toll**

Free: (866) 504-7300 or **Email:** nfbnewsline@nfb.org

Hours: Call for hours.

Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine

Website: michmed.org/tswp

Address: 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

Phone: (734) 998-9353

Fax: (734) 998-9340

Email: tswp.info@umich.edu

Services: Offers low vision resources and an in-person Low Vision Support Group which meets the fourth Wednesday 1 - 2:30 pm.

Hours: Monday - Friday 9 am - 5 pm

Fees: No fee.

Verizon - Accessibility Resource Center

Website: www.verizon.com/about/accessibility/

Toll Free: Wireless National Accessibility Customer Service Center (888) 262-1999
FIOS & Traditional customers (800) 974-6006

TTY: (508) 251-5301 FIOS & Traditional customers

Email: vccd@verizon.com

Online Live Chat: Yes [Contact Us](#)

Services: Offers free 411/directory assistance (with physician verification), text to 911, Braille / large print / [audio \(CD or mp3\) bills](#) and channel guide and audio manuals for its products. Offers text-to-

Contact agencies directly for current hours / services.

speech Fios TV on-screen guide and descriptive video service (DVS). Provides free Fios TV big button remote control. Also provides Video calling / chat.

Hours: Wireless customers Monday - Friday 8 am - 7 pm

FIOS & Traditional customers Monday - Friday 8:30 am - 5 pm

Fees: Varies by service.

Washtenaw Library for the Blind & Print Disabled (WLBPD) at Ann Arbor District Library

Website: www.aadl.org/wlbpd

Address: Downtown AADL, 343 S. Fifth Avenue, Ann Arbor MI 48104

Phone: (734) 327-4224

Toll Free: (888) 460-0680

Email: wlbpd@aadl.org

Services: Loans books, magazines, videos in alternative formats, and audiobooks in cartridges or for download; connects participants to the NFB newslines (local and national newspapers), and the Braille and Audio Reading Download ([BARD](#)) site. Materials and a talking book machine are shipped free to the home. Offers Large Print Books-by-Mail. A collection of assistive technologies is available at the Downtown AADL facility. The following libraries in Washtenaw County serve as WLBPD demonstration sites for machines and materials: Chelsea, Dexter, Manchester, Milan, Northfield Township, Saline, and Ypsilanti. For individuals who are certified as unable to read or use standard print materials. Apply through local libraries and some senior centers. *Note that most libraries have large print, audio materials (CDs and downloads), and ebook downloads (where fonts can be enlarged) available for patrons.*

Hours: Daily 10 am - 8 pm. Check [AADL locations](#) for current hours.

Fees: No fee.

HEALTH SERVICES – OUTPATIENT SERVICES - rev July 2022

Hope Clinic

Website: thehopeclinic.org

Address: 518 Harriet Street, Ypsilanti MI 48197

Phone: (734) 481-0111 Medical Clinic (734) 436-1186 Eye Exams

Email: info@thehopeclinic.org communitysightprogram@gmail.com

Services: Provides free primary care to uninsured and underinsured patients and free medications/Rx to qualified patients. Area hospitals partner with Hope to provide discounted lab and radiology services for qualified patients. Provides SBIRT (Screening, Brief Intervention, and Referral to Treatment) assessments, screening for substance use, depression and anxiety. Behavioral health services are available on a limited basis. Also offers free vision screening and glasses.

Hours: Monday - Friday 9 am - 4 pm; Saturdays 8:30 am - 12 pm

Fees: No or discounted fees; varies by service.

Michigan Medicine (U of M Health)

Contact agencies directly for current hours / services.

Website: www.uofmhealth.org/our-locations (multiple languages)

Address: various sites in Ann Arbor, Chelsea, Saline and Ypsilanti.

Phone: see individual locations / clinics for phone numbers

Toll Free: [24-Hour Nurse Triage Line](#) for existing patients of UM primary care providers - call the clinic and follow the prompts to be connected to a live registered nurse. See the website linked above for services provided and for those not available from the nurse.

Services: In addition to Geriatric care, U of M Health Offers adult medicine, primary care, family medicine, general medicine, holistic or integrative medicine, and nutrition services.

Hours: Call for hours.

Fees: Varies according to service. Medicare and most insurances accepted.

Michigan Medicine - Turner Geriatric Clinic and Geriatrics Center Clinics

Website: medicine.umich.edu/dept/geriatrics-center

Address: 4260 Plymouth Road, Ann Arbor MI 48109 (East Ann Arbor)
380 Parkland Plaza, Ann Arbor MI 48103 (West Ann Arbor, Parkland)

Phone: Appts. (734) 764-6831 Social Work (734) 764-2556

Toll Free: Appts. (877) 865-2167

Fax: (734) 647-8535

Services: Comprehensive primary care and geriatric assessments for adults 70+ staffed by teams of physicians, nurses, social workers, pharmacists, and medical assistants. Specialty clinics with varying age eligibility also available at East Ann Arbor in the following areas: cognitive disorders, foot care, endocrinology and diabetes care, gastroenterology, incontinence, mobility enhancement, movement disorders, neurogenetic disorders, palliative care, physical therapy, psychiatry, rheumatology, and transitional care. Chinese clinic at East Ann Arbor. Laboratory at both sites and pharmacy at East Ann Arbor. Geriatric psychiatry also at West Ann Arbor, Parkland (734) 998-7380.

Hours: Call for hours.

Fees: Varies according to service, Medicare and most insurances accepted.

Packard Health

Website: www.packardhealth.org

Address: 2650 Carpenter Road, Ann Arbor MI 48108 (Main)
1915 Pauline Blvd., Ann Arbor MI 48103 (Packard Health West)
200 Arnet St., Suite 150 (first floor), Ypsilanti MI 48198 (Packard Health Ypsilanti)

Phone: Packard Health Main (734) 971-1073
Packard Health West (734) 926-4900
Packard Health Ypsilanti (734) 985-7200

Fax: Packard Health Main (734) 971-8545
Packard Health West (734) 926-4901
Packard Health Ypsilanti (844) 215-8479

Services: Offers a full range of services such as primary and mental health care services, health promotion, and chronic disease management for the uninsured. Assistance with obtaining medication/Rx and transportation for medical appointments is available when a financial need is demonstrated. Has free language assistance via qualified interpreter services and written translation to patients who have limited English proficiency. The practice is open to all individuals. Clients must call, use their patient portal, or an online web form to make an appointment.

Hours: Monday - Friday 8 am - 12 pm & 1 - 5 pm.

Packard Main Saturdays 8 am - 12 pm (in-person only)

Fees: Most major insurances are accepted; private fees are established on a sliding fee basis.

Shelter Association of Washtenaw County - Packard Health Shelter Clinic

Website: www.annarborshelter.org/on-site

Address: Delonis Center, 312 W Huron Street, Ann Arbor MI 48103

Services: Operated by Packard Health, this clinic serves the community's most vulnerable population, and is available to anyone in need in the community as a primary care site.

Hours: Mondays 8 am - 12 pm & Thursdays 1 - 6 pm

Fees: No fee.

Trinity Health Primary Care - Ypsilanti (was St. Joseph Mercy Neighborhood Family Health)

Website: hacares.com/locations/mi/ypsilanti/trinity-health-neighborhood-primary-care-ypsilanti

Address: Haab Health Building, 111 N. Huron Street, Suite 200, Ypsilanti MI 48197

Phone: (734) 547-7977

Fax: (734) 572-4855

Services: Offers primary health care services, internal medicine, care management, and some in-office testing and procedures, and lab services.

Hours: Monday 8 am - 5 pm; Tuesday 8 am - 7 pm; Wednesday & Thursday 8 am - 7 pm; Fridays 7 am - 5 pm; Saturdays 8 am - 12 pm

Fees: Varies per service. All insurances accepted, including Medicare, Medicaid, Washtenaw Health Plan, and VA Healthcare.

Washtenaw County Health Department Clinics

Website: www.washtenaw.org/1131/Clinics (multiple languages)

Address: Human Services Building, 555 Towner Street, Ypsilanti MI 48198

Phone: (734) 544-6700

Fax: (734) 544-6705

Email: health@washtenaw.org

Services: Routine immunizations plus sexual health and tuberculosis clinics and screenings.

Hours: See specific clinic.

Fees: Varies per service. Some free tests. Medicaid and BCBS of Michigan accepted. No private insurance.

Ypsilanti Health Center - University of Michigan

Website: www.uofmhealth.org/our-locations/ypsilanti-health

Address: 200 Arnet Street, Suite 200, Ypsilanti MI 48198

Phone: (734) 647-7321

Hours: Monday - Friday 8 am - 5 pm; Monday & Wednesday Virtual 5 - 7 pm; Saturday 8 am - 12 pm

Services: Family medicine. Location also offers behavioral health, cardiology, dermatology and a lab.

HEALTH SERVICES - PRESCRIPTION ASSISTANCE PROGRAMS - rev Nov 2024

[*Rx Discount Savings Cards and/or Coupons*](#)
[*Prescription Assistance Help*](#)
[*Prescription Programs for the Uninsured or Under-Insured*](#)
[*Drug / Pharmaceutical Company Programs*](#)

In addition to Medicare options, there are other medication benefits available. They may be offered by commercial companies, states, and / or drug companies. Some have income limits and most are free. They fall into three categories listed below. Note that all hours listed are for telephone contact. Websites are available 24 Hours.

Also, search the agencies listed under the [Financial Assistance](#) section since many help with or provide guidance for Rx / prescription assistance.

The State of Michigan DDHS offers a drug cost comparison tool for the 150 most commonly prescribed medications in Michigan's Medicaid formulary. Costs are for the uninsured - [MichiganDrugPrices.com](#)

[***Rx Discount Savings Cards and/or Coupons***](#)

*Prescription card companies provide Rx discount savings cards, Rx coupons or both; either will provide discounts for prescription medications. One card or coupon may be used multiple times for the same or different medications at one or several pharmacies. Most discount cards or RX coupons may be **printed, texted, or emailed**. Some require enrollment in the program. The cards or coupons are free to use, **even for non-citizens**, but may not always be used along with prescription insurance. Most cards and coupons are accepted in large chain pharmacies although some are accepted only at specific pharmacies. Check with local or community pharmacies to see if they participate in any discount card or coupon programs.*

Note that a phone number or email address is needed to get card or coupon via text or email. Name and address is required to get a physical card mailed.

Note that some pharmacies will not accept discount cards / coupons for certain drug classes such as controlled substances, including opioids.

AARP® Rx Discount Program - Optum Rx

Toll Free: (877) 442-7718

Website: aarppharmacy.com

Smartphone app: No

Requires enrollment: No

Services: Available to all; but AARP members may get their card in virtual wallets and get home delivery. May be used for any family member including pets. Search results for price comparisons appear from lowest to highest price. Cannot be used with Medicare Part D.

Hours: 24 Hours

Fees: AARP membership required to get home delivery.

America's Pharmacy™

Website: www.americaspharmacy.com

Toll Free: (888) 495-3181

Smartphone app: Yes

Requires enrollment: No

Services: Search by drug name to find cost at nearby pharmacies. Provides a drug discount card to use at participating pharmacies for both human and pet medications. Drug prices set by participating pharmacies. Can not be used with Medicaid or with Medicare co-pays.

Hours: 24 Hours

Fees: No fee.

Ann Arbor/Ypsilanti Regional Chamber - A2Y Rx Plus Card

a2ychamber.org/benefits-3/savings/a2y-rxplus-card/

Phone: (734) 665-4433

Toll Free: (877) 321-6755 Customer Service

Smartphone app: No

Requires enrollment: No

Services: A prescription savings coupon/card offered to local residents. Can print, text, email and save/download card. Scroll down to search medication prices and/or to locate pharmacies. Cannot be used with any other plan.

Hours: Monday - Friday 9 am - 5 pm A2Y office 24 Hours for toll free numbers

Fees: No fee

Discount Drug Network - Optum Perks

Website: www.discountdrugnetwork.com

Toll Free: (877) 537-5537

Email: support@discountdrugnetwork.com

Smartphone app: No

Requires enrollment: No

Services: Search by zip code and get results grouped by national pharmacies, grocery stores, and other independent pharmacies with the best local price. Print, text or email savings information to show pharmacist. Must give name, address, & email to get physical card.

Hours: Daily 9 am - 8 pm; Saturdays 10 am - 3 pm

Fees: No fee

Good Rx

Website: www.GoodRx.com

Toll Free: (855) 268-2822

Smartphone app: Yes

Requires enrollment: No

Services: A free price comparison website for drugs, including pet medications. Searching by drug shows a discount or coupon and allows it to be printed, texted or emailed. May be used instead of insurance. Offers GoodRx Gold, a monthly membership program offering many \$10 prescriptions, free home delivery and licensed healthcare provider visits starting at \$19.

Hours: Monday - Sunday 7 am - 10 pm

Fees: No fee for searching or accessing basic discounts or coupons. May enroll in **Good Rx Gold** by monthly subscription for more savings.

Health Well Foundation®

Website: healthwellfoundation.org (also en Español)

Toll Free: (800) 675-8416

Fax Toll Free: (800) 282-7692

Email: grants@healthwellfoundation.org - grant, claims and pharmacy cards

portal@healthwellfoundation.org - patient, provider and pharmacy portal

support@healthwellfoundatioon.org - donation inquiries (no grants questions)

Smartphone app: Yes

Requires enrollment: Yes

Services: Reimburses prescription copays; health insurance premiums; deductibles and out-of-pocket expenses including travel costs and behavioral health services. Reimburses costs or provides a pharmacy card. Eligibility for grants depends on disease, medication, household income, and is limited to treatment in the United States. Participants must have health insurance. Also assists individuals with Acute Myeloid Leukemia.

Hours: Monday - Friday 9 am - 5 pm

Fees: No fee

MI Health / MiRx (My Prescription) Card

Website: mirx.mihealth.org/

Toll Free: (877) 681-7540 Rx Hotline 24 Hours

(877) 681-7540 Help in applying

Smartphone App: No

Requires enrollment: Yes

Services: Free discount card/coupon for residents with no prescription drug coverage. Income limits apply. Has a searchable list of pharmacies: mirx.mihealth.org/Pharmacy

Hours: Monday - Friday 8 am - 7 pm

Fees: No fee

Michigan Rx Card

Website: michiganrxcard.com

Smartphone App: No

Requires enrollment: No

Services: In partnership with the Michigan Association of Counties and the Michigan Academy of Physician Assistants, offers a free discount card/coupon to use for Rx not covered by health insurance or Medicare Part D. May be used instead of insurance if cost is less than copay. Can text, email, save/download or print coupon. Search pharmacies by zip code.

Hours: 24 Hours

Needy Meds Drug Discount Card

Website: www.needymeds.org

Toll Free: (800) 503-6897

Fax: (206) 260-8850

Email: info@needymeds.org

Smartphone App: Yes - Google only

Requires enrollment: No

Services: Offers searchable databases of drugs, pharmacies and prescription assistance programs. Provides a drug discount card — using printer or via text, email, or mail — or a smartphone app, to use at participating pharmacies. Name, address, email & SASE required to receive a physical card. Has drug cost calculator for pharmacies by zip code or address.

Hours: Monday - Friday 9 am - 5 pm

Fees: No fee

Rx4 Miracles - Rx Savings Card

Website: www.rx4miracles.org

Toll Free: (833) 511-9500 Helpline (855) 569-6337 patient advocate

Smartphone App: Yes - not mentioned on or linked from website

Requires enrollment: No

Services: Provides free Rx savings coupons via text, email, print or save/download or a free physical card for brand name and generic medications. Can use instead of health insurance. Can use coupon via drive-through or home delivery. Must give name, address, & email to get physical card via mail. Open to everyone; benefits Children's Miracle Network hospitals. Site includes a link for searching Medication Pricing by drug name and zip code. www.rx4miracles.org/medication-pricing.php

Hours: Monday - Sunday 9 am - 8 pm patient advocate; 24 Hours website

Fees: No fee

RxSaver™

Website: www.rxsaver.com

(Help articles also en [Español](#))

Toll Free: (855) 569-6337 Patient Avocate

Smartphone app: Yes

Requires Enrollment: No

Contact agencies directly for current hours / services.

Services: Search by drug name to see discounted price from multiple pharmacies and to print coupon. Coupon is limited to pharmacy named on it. Cannot be combined with insurance or Medicare/Medicaid. Can also be used for all over-the-counter (OTC) items at www.rxsaver.com/blog/how-to-use-rxsaver-card-on-over-the-counter-medications (with Rx from provider).

Hours: Monday - Friday 8 am - 7 pm

Fees: No fee

ScriptSave WellRx

Website: www.wellrx.com

Toll Free: (800) 407-8156

Smartphone app: Yes

Requires Enrollment: Only to manage medications, alerts, etc.

Services: Search for any FDA approved medication to find prices in the geographic area. Can search by pharmacy name, state, city or 24 Hour pharmacy. Request by email, text, download or print. One card covers a household including pets. Can be used with no insurance or instead of insurance plans. May provide email to get price alerts.

Hours: Monday - Friday 9 am - 8 pm

Fees: No fee

Single Care

Website: www.singlecare.com (available en Español)

Toll Free: (844) 234-3057

Email: support@singlecare.com

Smartphone app: Yes

Requires Enrollment: Optional to receive extra discounts.

Services: Gives drug search results in order from lowest cost to highest. Coupon valid only at the pharmacy named. Provides extensive information on the drug named. One card covers covers the whole family including pets. Home Delivery may be available from local pharmacies or existing mail-order companies. SingleCare also offers a home delivery option on some prescriptions through a partner company,

Hours: 24 Hours (except major holidays)

Fees: No fee.

In addition to the general discount card or coupon programs listed above, individual stores have Rx discount or reward programs. See the listings below.

Michigan Drug Prices - Retail Discount Drug Programs

Website: michigandrugprices.com/Home/RetailDiscountDrugPrograms

Toll Free: (800) 642-3195 Medicaid Beneficiary Support

TTY Toll Free: 711 or (800) 649-3777 and ask for the number above

Email: MDHHSParmacyServices@michigan.gov or BeneficiarySupport@michigan.gov

Services: Lists select retail pharmacies which offer discounted pricing on a large range of generic equivalents and brand name prescription drugs. Drug discount cards, retail drug discount programs, and other programs may offer substantial savings from retail prices.

Hours: 24 Hours

Fees: No fee

Costco - Pharmacy and Mail Order Pharmacy

Website: www.costco.com/pharmacy/warehouse-pickup www.costco.com/home-delivery

Phone: (800) 607-6861 Mail order pharmacy

Fax Toll Free: (800) 633-0334

Email: webpharmacy@costco.com

Online chat: Yes - General Customer Service

Smartphone app: Yes

Requires enrollment: Yes

Services: In-store pharmacy service available to non-members; discounts available to members. Drug prices available in smartphone app and includes prices at other select pharmacies. Mail Order Pharmacy limited to Costco members and includes free standard shipping via USPS. Expedited shipping available. Includes pet medications. Language translation services available. Offers virtual doctor visits via Sesame.

Hours: 24 Hours online; Monday - Friday 8:00 am - 10:00 pm; Saturdays 12:30 pm - 5:00 pm

Pharmacy agent

Fees: No fee for in-store service; discounts and mail order with membership card

CVS - Extra Care Pharmacy & Health Rewards®

Website: www.cvs.com/extracare-cvs/rxrewards

Phone: Call local CVS www.cvs.com/store-locator/

Smartphone app: Yes

Requires enrollment: Yes

Services: Members of the free ExtraCare Rewards program may join this program and earn up to \$50 Pharmacy & Health ExtraBucks Rewards® for filling prescriptions, etc. at 1-3 credits each. Rewards reset at the end of each calendar year. Pet medications are included. CVS Pharmacy at Target customers may request a Target merchandise coupon in lieu of receiving ExtraBucks Rewards. Offers optional paid membership in its **CarePass** program which provides free delivery of prescriptions, free shipping (with limitation), and discounts on CVS Health® brand products.

Hours: contact local CVS pharmacy

Fees: No fee.

Kroger Health Savings Club - by Rx Sense

Website: www.krogerhealthsavings.com/

Toll Free: (833) 317- 2937 **Requires Enrollment:** Yes

Services: Free and \$3 drugs for common prescriptions. Also offers \$3 (30 day) and \$6 (90 day) supplies of select medications; no insurance needed.

Hours: Monday - Friday 9 am - 9 pm; Saturdays 9 am - 6 pm & Sundays 10 am - 5 pm

Fees: Membership fee for individuals or family(6 members).

Meijer - Select Free Prescriptions and MPerks Pharmacy Rewards

Website: www.meijer.com/services/pharmacy/pharmacy-rewards.html?

Phone: contact local Meijer pharmacy

Smartphone app: Yes

Requires enrollment: Yes

Services: **Free** - Select medications are free; not valid with other offers. **Rewards** - Earn 10 points for every \$1 spent and then redeem digital reward. Includes pet medications.

Hours: contact local Meijer pharmacy

Fees: No fee

Sam's Club - RxSavings Program (powered by America's Pharmacy)

Website: www.samsclub.com/pharmacy/rxsavings

Smartphone app: Yes

Requires enrollment: No

Services: Members, spouses, minor children and pets in household automatically qualify for this program. Show membership card at pharmacy to get discounts. Cannot be used with other cards / coupons, vouchers, insurance or government programs like Medicare. Discounts apply to immunizations, diabetic supplies and select pet medications. Does not provide discounts on controlled substance medications. In-store interpreting services available for multiple languages. Online drug search results also show prices at nearby pharmacies for comparison. In-store pharmacy services available for non-members. Sam's Club Plus Members get additional pharmacy benefits.

Hours: contact local Sam's Club pharmacy

Fees: Membership fee.

Walmart Prescription Program

Website: www.walmart.com/cp/pharmacy/

Phone: contact local Walmart pharmacy

Smartphone app: Yes

Requires Enrollment: No for \$4 Rx

Services:

- [\\$4 Prescriptions](#) - Offers \$4 (30 day) and \$10 (90 day) supplies of medications; no insurance needed.
- [Mail Order Pharmacy](#) - Free shipping
- [Walmart Pet Pharmacy](#)

Hours: contact local Walmart pharmacy

Fees: No additional fee for \$4 Prescription program.

Prescription Assistance Help

These are organizations, companies and websites that help find prescription assistance for individuals. Usually patients must be U.S. citizens or residents.

BenefitsCheckUp - National Council on Aging (NCOA)

Website: benefitscheckup.org (also en Español)

Toll Free: (866) 400-9164 Elder Law of Michigan (ELM)

Fax: (571) 372-0792 ELM

Email: info@elderlawofmi.org

Requires enrollment: Yes, for personalized assistance

Services: Helps individuals find prescription benefits online using zip code or complete personal information.

Hours: 24 Hours (online); Monday - Friday 9 am - 5 pm

Fees: No fee

Medicine Assistance Tool (MAT) - Pharmaceutical Research and Manufacturers of America (PhRMA)

Website: medicineassistancetool.org (also en Español)

Phone: (571) 350-8643

Requires enrollment: No.

Services: Online tool to find help for accessing medications from various biopharmaceutical industry programs. The Patient Resources section at the bottom of the page links to prescription discount [Savings Cards](#), and under [Additional Resources](#) lists government agencies, various disease-specific organizations, and other resources for prescription assistance. Most have links for online applications, phone numbers to call or email.

Hours: Normal business hours

Fees: No fee

Needy Meds

Website: www.needymeds.org

Toll Free: (800) 503-6897

Fax: (206) 260-8850

Email: info@needymeds.org

Requires Enrollment: No

Services:

- Offers searchable databases of drugs, pharmacies and prescription assistance programs.
- Provides a drug discount card — using printer or via text, email, or mail — or a smartphone app (Google only) to use at participating pharmacies.
- Has drug cost calculator for pharmacies by zip code or address.

Hours: Monday - Friday 8 am - 8pm.

Fees: No fee

Patient Access Network - PAN Foundation

Website: www.panfoundation.org (also en Español)

Toll Free: (866) 316-7263

Online Chat: via Skype

Requires enrollment: Yes

Services: Help insured people living with life-threatening, chronic and rare diseases with the out-of-pocket costs for their prescribed medications through 12-month renewable grants. Grants cover reimbursement for out-of-pocket medication costs, including co-pays, health insurance premiums, and transportation costs associated with medical care. Search by disease fund or medication for open, closed or wait list grant opportunities.

Hours: Monday - Friday 9 am - 5:30 pm

Fees: No fee

Patient Advocate Foundation (PAF) - Co-Pay Relief

Website: copays.org (English only) www.patientadvocate.org (available in multiple languages)

Toll Free: (866) 512-3861 Co-Pay Relief (800) 532-5274 Foundation

Fax: (757) 952-0119

Requires enrollment: Yes

Services: Provides grants to help with medication copayments and deductibles for patients who are facing chronic, life-threatening or debilitating diseases. Also covers health insurance premiums — including Medicare Supplement Plans, Medicare Part B and/or Part D Premium reimbursement. From the Patients & Family page, search under “Find Your Fund” for open, closed and health equity (selected U.S. county) funds or browse by condition.

Hours: Monday – Friday 8:30 am - 5 pm

Fees: No fee

Patient Assistance Program/s

Website: patientassistanceprograms.net

Toll Free: (855) 889-3707

Requires enrollment: Yes

Services: An advocate helps facilitate the completion of forms and applications for pharmaceutical company programs for free or discounted prescriptions. Patients must be U.S. citizens or residents and are usually low-to-moderate-income, uninsured or under-insured and meet certain other guidelines.

Hours: Monday - Friday 9 am - 5 pm

Fees: Yes. Cancellation and refund policies.

Patient Help Network (PHN)

Website: www.patienthelpnetwork.org

Toll Free: (866) 218-0694

Requires enrollment: Yes

Services: An advocate acts as liaison between the patient and the drug manufacturers for pre-qualification, application preparation, application submission, and managed refills, as well as re-enrollments. Ten (10) days to cancel initial enrollment; cancel service at any time.

Hours: Monday - Friday 9 am - 5 pm

Fees: Application fee (non-refundable); monthly fee depends on medications.

Prescription Lifeline

Website: prescriptionlifeline.org

Toll Free: (888) 331-1002

Requires enrollment: Yes

Services: Patient advocates for lowest cost prescription drugs for U.S. residents who are uninsured or covered by Medicare Part D.

Hours: Monday - Friday 9 am - 6 pm

Fees: \$50 application fee; service fees begin at \$79/month. Cancellation and refund policies.

RxAssist - Patient Assistance Program (PAP) Center

Website: www.rxassist.org/patients

Toll Free: (800) 997-7739 (800) 537-5537 Pharmacy Helpline / Customer Service

Email: info@rxassist.org

Services: Directory of patient assistance programs run by pharmaceutical companies to provide free medications to people who cannot afford to buy medicine. In addition to a search by individual drug or company name, the site provides a Multiple Drug Search for up to 5 drugs at once. An alphabetic list by name of manufacturer has a list of drugs for which assistance are provided along with a phone number for each and sometimes an online application. Eligibility is usually U.S. citizen or legal resident; no prescription insurance, although some companies allow Medicare Part D coverage; income under 200% of the Federal Poverty Level. Offers a [Rx Assist Prescription Savings Card](#) with links to [medication pricing](#) and [pharmacy locator](#).

Hours: Normal business hours.

Fees: No fee

Prescription Programs for the Uninsured or Under-Insured

When a person has problems paying for some or all of his or her prescription medications, these programs can help.

Accessia Health

Website: accessiahealth.org/patient-programs/

Toll Free: (800) 366-7741 Interpreter services available

Fax: (804) 744-9388

Email: assistance@accessiahealth.org

Smartphone app: No

Requires enrollment: Yes

Services: Helps pay for medication, via a pharmacy benefit card, provides health insurance premium and copay assistance for specific diseases, assists with travel costs and other medical expenses. Presents programs by disease then by type of insurance — public, private or uninsured. Can check eligibility based on family size, disease & income before beginning application. Programs may be open, closed or have a waitlist.

Hours: Monday - Tuesday & Thursday - Friday 8:30 am - 12 pm & 1:30 - 5 pm
Wednesdays 9:30 am - 12 pm & 1:30 - 5 pm

Fees: No fee

CancerCare - Co-Pay Assistance

Website: www.cancercare.org/copayfoundation (also en Español)

Toll Free: (866) 55-COPAY (552-6729)

Email: information@cancercarecopay.org

Smartphone app: No

Requires enrollment: Yes

Services: For individuals who need help with co-payment for cancer treatments. A list of covered diagnoses shows fund availability and eligibility requirements such as insurance and income for each fund. Must be U.S. citizen or legal resident of U.S. or territories. Provides a searchable database ([Helping Hand Online Resources for People with Cancer](#)) of organizations providing financial or practical help.

Hours: Monday - Thursday 9 am - 7 pm; Friday 9 am - 5 pm

Fees: No fee

Good Days

Website: www.mygooddays.org/patients

Toll Free: (877) 968-7233

Live Chat: Yes

Email: info@mygooddays.org

Smartphone app: Yes, for reimbursement requests

Services: Helps with co-pays and/or insurance premiums for selected [Diseases](#) for one year; re-enrollment eligibility may be available. Must have SSN, valid medical insurance with at least 50% coverage, and be treated in the U.S. with a FDA-approved medication. Income limits apply. Partners with In-House Interpreting to offer translation services in more than 300 languages.

Hours: Monday-Friday 9 am - 1pm & 2 pm - 6 pm

Fees: No fee

Health Well Foundation

Contact agencies directly for current hours / services.

Website: healthwellfoundation.org (also en Español)

Toll Free: (800) 675-8416

Fax Toll Free: (800) 282-7692

Email: grants@healthwellfoundation.org

Smartphone app: Yes www.healthwellfoundation.org/patient-mobile-app/

Requires enrollment: Yes

Services: Covers prescription copays; health insurance premiums; deductibles and out-of-pocket expenses; and travel costs. Provides a pharmacy benefit card, reimburses costs and pays insurers directly. Eligibility depends on disease, medication, household income, and is limited to treatment in the U.S. Participants must have health insurance. Also assists individuals with Acute Myeloid Leukemia.

Hours: Monday - Friday 9 am - 5 pm

Fees: No fee

Leukemia & Lymphoma Society - Financial Support

Website: www.lls.org/lls-services-and-support

www.lls.org (both also en Español)

Toll Free: (800) 955-4572

Fax Toll Free: (800) 808-3793

Email: FinancialAssistance@LLS.org

Smartphone app: No

Live Chat: Yes Monday - Friday 10 am - 7 pm

Requires enrollment: Yes

Services: Offers a number of different assistance programs including [Co-Pay Assistance Program](#), [Patient Aid Program](#), [Patient Travel Assistance Program](#) and [Urgent Need Programs](#). There is a [summary](#) chart which gives eligibility and criteria for eight programs.

Hours: Monday - Friday 9 am - 7 pm

Fees: No fee

Medicare - Limited Income NET (Newly Eligible Transfer) Program

Website: www.cms.gov/Medicare/Eligibility-and-Enrollment/LowIncSubMedicarePresCov/MedicareLimitedIncomeNET

Toll Free: (800) 633-4227

Fax Toll Free: (877) 210-5592

TTY Toll Free: (877) 486-2048

Email: MedicareLINET@cms.hhs.gov

Requires Enrollment: Yes

Services: Provides immediate temporary Part D prescription coverage for those who qualify for “Extra Help” and have no prescription drug coverage. Enrollment in LINET is temporary (1-2 months) with retroactive coverage up to 30 days (Low-Income Subsidy) or for Full Benefit Dual Eligible / SSI-only for up to 36 months. Enrollment may be auto-enrollment by CMS, at point-of-service use, or by submitting receipts for previous purchases. The benefits of the program include: No premiums, co-pays based on “Extra Help” level, covers all Medicare Part D approved medications, use any pharmacy in good standing.

Hours: Normal business hours

Fees: No fee

Medicare Prescription Drug Plans “Extra Help” - Social Security Administration

Website: www.ssa.gov/benefits/medicare/prescriptionhelp (also multiple languages)

Toll Free: (800) 772-1213

TTY Toll Free: (800) 325-0778

Requires Enrollment: Yes

Services: People with limited resources and income may get Extra Help with the costs — monthly premiums, annual deductibles, and prescription co-payments — related to a Medicare prescription drug plan. Also known as the “Low Income Subsidy,” [Video appointments](#) available.

Hours: Monday - Friday 8 am - 7 pm

Fees: No fee

National Organization for Rare Disorders (NORD) - RareCare® Patient Assistance Programs

Website: rarediseases.org/patient-assistance-programs/financial-assistance/ (also en Español)

Toll Free: (800) 999-6673 (844) 259-7178 Español

Requires Enrollment: Yes

Services: Lists programs which provide medication or financial assistance with insurance premiums and co-pays. Must live in the U.S., have a diagnosis or referral, and meet financial need criteria. Must re-apply each year.

Hours: Monday - Thursday 8:30 am – 7 pm & Friday 8:30 am – 6 pm

Fees: No fee

Prescription Lifeline

Website: prescriptionlifeline.org

Toll Free: (888) 331-1002

Requires enrollment: Yes

Services: Provides name brand drugs, when no generic drug is available, to U.S. residents who are uninsured or covered by Medicare. A membership-based service.

Hours: Monday - Friday 9 am - 6 pm

Fees: \$50 application / administration fee. Service fees as low as \$79/mo Cancellation and refund policies.

RxHope

Website: www.rxhope.com

Requires enrollment: Yes, by select persons (see below)

Service: Provides a free research and electronic application process for drug company patient assistance programs. A medication search is available by brand name, patient assistance program, or pharmaceutical company. There is also a list of pharmaceutical companies which sponsor patient assistance programs. Application must be completed by a physician, physician assistant, office manager, or social worker although the patient may research and initiate the process.

Fees: No fee

Rx Outreach

Website: rxoutreach.org (also en Español)

Toll Free: (888) 796-1234 from landline or (314) 222-0472 from mobile/cell

Fax Toll Free: (800) 875-6591

Email: questions@rxoutreach.org

Requires enrollment: Yes

Services: A non-profit mail order pharmacy providing affordable or free medications for those with minimal or no insurance and meeting income eligibility requirements. Has a separate [Men's Pharmacy](#) for select medications. Medication lists are available (not searchable and not alphabetic)

Contact agencies directly for current hours / services.

online and as downloads (by disease and by drug, the latter with prices). Will transfer existing prescriptions from other pharmacies.

Hours: Monday - Thursday 8 am – 7:00 pm; Friday 8 am - 6:30 pm

Pharmacists return call same as above plus Saturday 10 am - 3 pm

Fees: No fee to enroll; fees for medications

Simple Fill

Website: simplefill.com

Toll Free: (877) 386-0206

Email: questions@simplefill.com

Requires enrollment: Yes

Service: Researches, qualifies, and maintains patients' enrollment in all sources of assistance available to them — pharmaceutical companies and foundations that offer grant funding for chronic diseases. Call to determine eligibility.

Hours: Monday - Friday 10 am - 7 pm

Fees: \$10 non-refundable processing fee plus monthly fees. Cancellation policy.

The Assistant Fund (TAF)

Website: tafcares.org

Toll Free: (855) 845-3663

Fax Toll Free: (833) 789-1228

Email: info@tafcares.org

Online Chat: Yes

Requires enrollment: Yes; requires a phone number

Services: Provides financial assistance for 90+ disease programs through reimbursement of prescription co-pays to US citizens and permanent residents. Eligibility based on household size, income, and insurance. Funds provided on an annual basis; re-enrollment may be available. Patients may cancel enrollment online or via phone.

Hours: Monday - Friday 8 am - 7 pm

Fees: No fee

The Rx Advocates

Website: therxadvocates.com

Toll Free: (844) 559-8331 or (844) 748-1160

Email: membership@therxadvocates.com

Requires enrollment: Yes

Services: Helps apply for pharmaceutical company programs supplying brand name drugs at no cost. [Medication List](#) provides links to cost of select drugs through The Rx Advocates compared to prescription discount cards. Income eligibility criteria varies by program.

Hours: Normal business hours

Fee: \$35 enrollment fee. Service fee of \$80/mo for 1 medication, \$90/mo for 2, \$100/mo for 3 and \$110 for 4 or more medications. Cancellation and refund policies.

World Medical Relief - Affordable Prescription Program

Website: www.worldmedicalrelief.org/local-programs

Phone: (313) 866-5333

Fax: (313) 866-5588

Email: info@worldmedicalrelief.org or GetHelpLocal@worldmedicalrelief.org

Requires enrollment: Yes

Contact agencies directly for current hours / services.

Services: Provides prescription medicines to financially qualified individuals, age 18 and older living in Michigan. For the uninsured or under-insured. Requires proof of income and copy of identification card. May not have prescription drug insurance coverage. May still qualify if you have a discount prescription card or are a senior on Medicare Part D. Has a separate Diabetes Program which includes prescriptions and supplies.

Hours: Call for business hours.

Fees: \$8.30 per prescription, plus \$4.50 postage if mailed to the home

Drug / Pharmaceutical Company Assistance Programs

Drug or pharmaceutical companies — GlaxoSmithKline, Johnson&Johnson, Pfizer, and many others — offer assistance by supplying some of their products for free or at discounts.

The easiest way to find out if a specific medication is covered is to visit the [Needy Meds](#) website (also en Espanol) and search by drug name or call **Toll Free (800) 503-6897**. The search results show whether the drug is a brand name or generic, and, if generic, whether it is part of the **\$4 Prescription Discount Program** and at which stores.

Entries show, via icons, which assistance program/s cover the drug; whether there are \$4 generics; if there are coupons or rebates; a link to support pages on the product website; links to videos, package inserts, medication guides and more; and a link to [Drugs.com](#) for additional information.

For the assistance program which covers the drug, listed are the eligibility requirements, the application process, and the medication itself — amount/supply, delivery, refills, limits, and re-application, and the type of assistance.

One can also Search Coupons by drug name to find special discount cards / coupons available for a specific drug.

Be sure to read the fine print for limitations on the number of prescriptions covered and/or exclusions on the programs — many will not help with costs if the recipient is covered by Medicare.

HOME CARE - rev Feb 2023

Explanations:

Skilled Home Health Care - Billable to Medicare: Medicare will pay for some home care if the patient meets "homebound" criteria, as decided by a physician, and requires care by a skilled professional (R.N., physical therapist, speech therapist). If the patient meets these guidelines, as decided by a physician, Medicare will also pay for a home health aide who can assist on a limited basis with meal preparation, bathing, and other non-skilled home care needs, for as long as skilled care is required.

Non-Skilled Home Care: These agencies provide caregivers who can offer a wide range of services for private pay: for example, bathing, personal hygiene, meal preparation, companionship, light housekeeping, and transportation. Call the agency for a specific list of services.

Care Management: Planning, generating and organizing care and services in collaboration with the client and his or her support system and/or a set of activities intended to improve patient care and reduce the need for medical services by enhancing coordination of care, eliminating duplication, and helping patients and caregivers more effectively manage health conditions. More information can be found at [AgingLifeCare.org](https://www.AgingLifeCare.org).

Helpful resources:

"Hiring Guide — Non-Medical Home Health Care Agencies" - ask for this handout which was created by Turner Geriatric Center social workers and TSWP staff.

[Home Health Compare](#): From Medicare.gov, this site provides information about the quality of care provided by "Medicare-certified" home health agencies throughout the nation. "Medicare-certified" means the home health agency is approved by Medicare and meets certain federal health and safety requirements. Can help in choosing a quality home health agency that has the skilled home health services needed.

[Home Health Agency Checklist](#) (Medicare.gov, 1 p.)

Medical Alert Systems: Wearable devices can help summon assistance in an emergency. [AARP](#) (October 2021), [Consumer Reports](#) (October 2020) and [AgingInPlace.org](#) (January 2023) have guides on selecting a system. They also provide information on 8-10 monitored systems — CR "[Best Medical Alert Systems](#)" (April 2024), [AgingInPlace.org](#) "[Best Medical Alert Systems of 2023](#)" (August

Contact agencies directly for current hours / services.

2023) as does PC Magazine "[The Best Medical Alert Systems for 2024](#)" (November 2023), respectively. (These and other technologies are **not** listed in this resource directory.)

Be sure that the device/s and associated smartphone apps will work on 5G cellular networks, as 4G started being phased out in 2022.

Acclaimed Home Care

Address: 24901 Northwestern Hwy., Suite 605, Southfield MI 48075

Phone: (248) 352-0400

Fax: (248) 352-0408

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare; Other - Care Management

Accredited - We Are Home Care

Website: www.accreditedhomecare.com

Address: 27733 Schoenherr Road, Warren MI 48088

Phone: (586) 427-6640

Toll Free: (888) 813-6244

Fax: (586) 427-6642

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Angels at Home Care

Website: www.angelsathomecare.com

Address: 32781 Middlebelt Road, Suite G, Farmington Hills MI 48334

Toll Free: (877) 735-1050 24 Hours

Fax: (248) 254-1717

Classification: Non-Skilled Home Care

Angels in Scrubs

Website: angelsinscrubshc@gmail.com

Phone: (517) 937.3889

Classification: Non-Skilled Home Care

Arcadia Home Care & Staffing

Website: www.arcadiahomecare.com

Address: 20750 Civic Center Drive, Suite 100, Southfield MI 48076 (HQ) plus offices in Birmingham and Jackson

Toll Free: (866) 224-7541 24 Hours

Notes: Offers traumatic brain and spinal cord injury care. Language assistance available.

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare; -Other - Care Management.

BrightStar Care - Ann Arbor

Website: www.brightstarcare.com/ann-arbor

Address: 3810 Packard St. Suite 210, Ann Arbor, MI 48108

Phone: (734) 302-4215 24 Hours

Notes: Accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Care Home Health Agency

Website: www.carehha.com

Address: 3020 Packard Road, Suite 3, Ypsilanti MI 48197

Phone: (734) 481-8888

Fax: (734) 418-1011

Email: info@carehha.com

Note: Has medical social workers.

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare

Care Management by Natalie

Website: www.caremanagementbynatalie.com

Phone: (734) 224-4144

Email: info@cmbynatalie.com

Note: Also offers outpatient transportation and companionship services.

Classification: Other - Care Management.

Care on Wheels - Ypsilanti Meals on Wheels

Website: ymow.org (multiple languages)

Phone: (734) 487-9669

Notes: Case manager, occupational therapist, community health worker, nurse and handyperson work with caregiver and senior for 4-24 weeks to ease caregiver load and improve the senior's ability to live safely at home.

Fees: No fee.

Classification: Non-Skilled Home Care

CareLinx

Website: www.carelinx.com/care4u

Toll Free: (855) 444-9329

Notes: Provides tools for care seekers and screened care providers to connect online. Care seekers can post a job, interview and hire via CareLinx. Affiliated with Trinity Health at Home.

Fees: Service fee.

Classification: Non-Skilled Home Care

CareYaya

Website: <http://www.careyaya.org/>

Address: 1105 N. University Avenue, Ann Arbor MI 48109

Phone: (919) 346-4821

Notes: Allows families to find and book care online from pre-health college students from the University of Michigan - Ann Arbor who are vetted, background checked, and trained in providing companion care. Track caregivers' hours and payments.

Email: welcome@careyaya.org

Classification: Non-Skilled Home Care

Carian

Website: www.carian.care

Address: 9864 E. Grand River, Suite 125, Brighton MI 48116

Phone: (248) 792-0564

Email: info@carian.com

Classification: Non-Skilled Home Care

Caring Partners Home Health

Address: 3909 Research Park Drive, Suite 600, Ann Arbor MI 48108

Phone: (734) 769-5758

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

ComForCare Home Care - Washtenaw County

Website: comforcare.com//michigan/washtenaw-county

Address: 124 Pearl Street, Suite 203, Ypsilanti MI 48197

Phone: (734) 739-2273

Classification: Non-Skilled Home Care

Comfort Keepers® of Ann Arbor

Website: annarbor.comfortkeepers.com

Address: 502 S. Main, Ann Arbor MI 48104

Phone: (734) 234-8277

Online Chat: Yes

Classification: Non-Skilled Home Care.

Cornerstone Caregiving - Ann Arbor MI

Address: 2500 Packard St Suite 1, Ann Arbor MI 48104

Website: cornerstonecaregiving.com/locations/ann-arbor-mi/

Phone: (734) 822-5477

Email: annarbormi@cornerstonecaregiving.com

Classification: Non-Skilled Home Care.

EHM Senior Solutions

Website: ehmss.org/

Address: EHM Senior Solutions, 400 W. Russell Street, Saline MI 48176

Phone: [Shared Services Home Health Care](#) (734) 222-4037

[Shared Care Services](#) (734) 222-4000

[LifeChoices® Membership Plan](#) (734) 295-9292

Classification: *Shared Care Services* — Non-Skilled Home Care & *Shared Services Home Health Care* — Skilled Home Health Care - Billable to Medicare. (Life Choices Membership Program - Private Pay)

Enriched Life Home Care Services

Website: www.elhcs.com

Address: 10811 Farmington Road, Livonia MI 48150

Phone: 24 Hours (734) 259-4464

Email: Care@enrichedlifehomecare.com

Notes: Offers respite care.

Classification: Non-Skilled Home Care.

FirstLight Home Care

Website: www.firstlighthomecare.com/home-healthcare-greater-ann-arbor/

Address: 2723 S. State Street, Suite 150, Ann Arbor MI 48104

Phone: (734) 794-3896

Classification: Non-Skilled Home Care.

Friends of the Family Home Health Care

Website: www.trustingcare.com

Address: 2035 Hogback Road #206, Ann Arbor MI 48105

Phone: (734) 548-8647

Email: info@trustingcare.com

Online Live Chat: Yes, via [FB Messenger](#)

Notes: Offers pet care.

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Friends Who Care

Website: www.friendswhocare.com/

Address: 2770 Carpenter Road, Suite 200, Ann Arbor MI 48108

Phone: (734) 971-6300

Toll Free: (800) 288-2167

Fax: (734) 971-1026

Notes: Community Health Accreditation Partner (CHAP) accredited.

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Global Home Health Care, Inc.

Website: www.ghhcmichigan.com/

Address: 4870 W Clark Road Suite 203, Ypsilanti MI 48197

Phone: (734) 483-2700

Email: info@ghhcmichigan.com

Notes: Community Health Accreditation Partner (CHAP) accredited.

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

G.R. and M.A - Graying Respectfully and Moving Advisory

Website: www.facebook.com/MichiganGRandMA/

Email: michelle@michigangrandma.com

Phone: (248) 794-9422

Services: Helps families find senior living communities and home care options in Michigan. Michelle Miller, Certified Dementia Practitioner.

Hours: Call for hours

Fees: No fee. (30% Medicaid recipients; consulting fee from private pay companies.)

Classification: Other - Care Management.

Griswold Home Care for Southeast Michigan

Website: www.griswoldhomecare.com/ann-arbor-bloomfield/

Address: 2531 Jackson Avenue, Suite 141, Ann Arbor MI 48103

Phone: (734) 707-4847

Classification: Non-Skilled Home Care

HarmonyCares Home Health (formerly *Pinnacle Senior Care*)

Website: harmoni-cares-homehealth.com/

Address: 1194 Oak Valley Drive, Suite 80C, Ann Arbor MI 48108

Phone: (734) 477-8044

Toll Free: (888) 873-9595 Patient Access Customer Service

Fax: (734) 477-8045

Notes: Community Health Accreditation Partner (CHAP) accredited.

Classification: Skilled Home Health Care - Billable to Medicare.

Home Instead Senior Care®

Website: www.homeinstead.com/AnnArbor&Brighton www.homeinstead.com/

Address: 2160 S. Huron Pkwy., Suite 4, Ann Arbor MI 48104

Phone: (734) 971-9023

Toll Free: (888) 673-1166 National

Classification: Non-Skilled Home Care.

Homewatch CareGivers

Website: www.homewatchcaregivers.com/ann-arbor/

Address: 525 Avis Drive, Suite 3, Ann Arbor MI 48108

Phone: (734) 530-4217

Note: No minimum hours required.

Classification: Non-Skilled Home Care.

IndeQuest Nurse Care Management

Website: www.indequest.com/ (multiple languages)

Address: 14855 Galleon Court, Suite B, Plymouth MI 48170

Toll Free: (800) 422-7364

Note: Private pay. Geriatric care managers provide assessment and education, direct care coordination, and assistance in navigating the health care system.

Classification: Other - Care Management.

Interim Healthcare

Website: www.interimhealthcare.com/location/ann-arbor-mi

Address: 3810 Packard Road, Suite 230, Ann Arbor MI 48103

Phone: (734) 368-9102

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare

Kaizen Home Care, Inc

Website: www.kaizenhomecare.com/

Address: 740 Woodland Drive E., Suite 2A, Saline MI 48176

Phone: (734) 404-6053

Fax: (734) 404-6059

Notes: Community Health Accreditation Program (CHAP) accredited.

Classification: Skilled Home Health Care - Billable to Medicare.

Kennedy Care - CuraVitae

Website: www.kennedycare.com/ curavitae.com/

Address: 150 S. Fifth Avenue, Suite 205, Ann Arbor MI 48104

Phone: (734) 657-3528

Toll Free: (800) 796-CARE (2273)

Fax Toll Free: (877) 533-6177

Email: info@kennedycare.com

Note: Offers concierge services such as pet care, airport transportation, and arranging home services; veteran care and care in senior communities.

Classification: Non-Skilled Home Care & Other - Care Management.

Kettles VA Medical Center (VA Ann Arbor) - Home and Community-Based Care (HCBC)

Website: www.va.gov/GERIATRICS/pages/Home_and_Community_Based_Services

Address: 2215 Fuller Road, Ann Arbor MI 48105

Phone: (734) 769-7100

Toll Free: (800) 361-8387

Note: Programs manage care in veterans homes and community settings.

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare. Other - Care Management.

MI Choice Waiver Program - Michigan - Department of Health & Human Services

Website: www.michigan.gov/mdhhs/ aaa1b.org/

Address: Area Agency on Aging 1B - 29100 Northwestern Highway, Suite 400, Southfield MI 48034

Phone: (248) 357-2255

Toll Free: (800) 852-7795

TTY Toll Free: Michigan Relay (800) 649-3777

Fax: (248) 948-9691

Services: Michigan Medicaid long term care program to help residents remain in their homes.

Eligibility: Age 60+ and medically eligible for nursing home admission. Income limits (change yearly), individual asset limits (not including house); different rules apply for couples (nursing home financial eligibility rules apply).

Classification: Non-Skilled Home Care. Other - Care Management.

Michigan Visiting Nurses

Website: homecare.med.umich.edu/Michigan-Visiting-Nurses

Address: 2850 S. Industrial Hwy., Suite 75, Ann Arbor MI 48104

Phone: (734) 677-1515

Toll Free: (800) 842-5504

Classification: Skilled Home Health Care - Billable to Medicare.

No Place Like Home

Website: <http://www.nplhh.com/>

Address: 37695 Pembroke Ave. Livonia, MI 48152

Phone: (734) 259-4200

Fax: (734) 259-4201

Email: info@nplhh.com

Notes: As a Community Care Provider, accepts VA Pay — for Veterans who qualify, offers no-cost home care paid by the VA. Also provides hospital accompaniment: taking people to the hospital and staying with them up to 24/7, then taking them home.

Classification: Non-Skilled Home Care; Skilled Home Health Care - Billed to Medicare or VA.

Ohioans Home Healthcare

Website: ohioanshhc.com/

Address: 1705 Woodland Drive East, Suite 204A, Saline, MI 48176

Phone: (734) 287-4184

Toll Free: (855) 600-0806 National office

Email: contact@ohioanshhc.com

Notes: [Ohioans Select](#) affiliate offers in-home lab services.

Phone: (567) 331-1703

Fax Toll Free: (833) 788-9930 **Email:** schedule@ohionsselect.com

Classification: Skilled Home Health Care - Billable to Medicare.

Our Family Friend

Website: www.ourfamilyfriend.com

Address: 610 S. Brown Street, Jackson MI 49203

Phone: (734) 224-8158

Note: Serves Washtenaw County. Offers clients "on call" services for emergencies.

Classification: Non-Skilled Home Care.

Personal Touch Home Health Care Services, Inc.

Website: www.pthhc.com/

Address: 300 N. Huron Street, Suite 10, Ypsilanti MI 48197

Phone: (734) 480-0125

Fax: (734) 480-0015

Fax Toll Free: (866) 655-1320

Email: info.pthhc@gmail.com

Note: Provides minor home repair and yard maintenance. Community Health Accreditation Partner (CHAP) accredited.

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Promedica Home Health Care (formerly Heartland)

Website: promedicahomehealth.org/find-an-agency/promedica-home-health-ann-arbor/

Toll Free: (877) 329-1001

Fax Toll Free: (800) 878-9657

Email: AnnArborHomeHealth@ProMedica.org

Classification: Skilled Home Health Care - Billable to Medicare.

Reliable Home Care, LLC

Website: www.reliablecare2.com/

Address: PO BOX 130557, Ann Arbor MI 48113

Phone: (734) 395-7887 (M-F)

Classification: Non-Skilled Home Care.

Right at Home

Website: www.rightathome.net/washtenaw

Address: 2355 E. Stadium Blvd., Suite 2, Ann Arbor MI 48104

Phone: (734) 971-5000

Fax: (734) 971-5105

Classification: Non-Skilled Home Care.

Senior Helpers

Website: www.seniorhelpers.com/mi/ann-arbor

Address: 2020 Hogback Road, Suite 9, Ann Arbor MI 48105

Phone: (734) 927-3111

Online Live Chat: Yes

Classification: Non-Skilled Home Care

Senior Key Care

Website: www.seniorkeycare.com

Address: PO Box 971159, Ypsilanti MI 48197

Toll Free: (800) 583-0063

Email: welcome@seniorkeycare.com

Online Live Chat: Yes

Services: Uses care coordinators. Works with [Kibage Care Network](#) to connect with family caregivers.

Classification: Non-Skilled Home Care

Seniors Helping Seniors

Website: seniorcarewestland.com (also en Español)

Address: 13 N. Washington Street, Ypsilanti MI 48197

Phone: (734) 355-4719

Email: seniorshelpingseniors14@gmail.com

Notes: Offers companionship, respite care, personal care, meal preparation, light housekeeping, running errands, medication reminders, transportation, pet care, and yard work plus light handyman services and small repairs. Washtenaw County services for Ypsilanti area residents.

Classification: Non-Skilled Home Care

Shared Services Home Health Care; Personal Care & Companion Care - EHM Senior Solutions

Website: ehmss.org/healthcare/home-health-care/ and ehmss.org/healthcare/personal-caregivers/

Address: 400 W. Russell Street. Saline MI 48176

Phone: (734) 222-4037 Home Health Care (734) 222-4000 Personal & Companion Care

Fax: (734) 622-8297

Fax: 734-222-4004

Fax Toll Free: (866) 312-3981

Email: marketing@ehmss.org

Notes: Includes handyman services and home modifications. Community Health Accreditation Program (CHAP) accredited.

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare. Other - Care Management.

Stefanie Sinks, Geriatric Care Management

Website: www.stefaniesinks.com

Phone: (734) 649-9600

Email: stefanie@stefaniesinks.com

Classification: Other - Care Management.

Traditional Home Healthcare

Address: 317 Ecorse Road, Suite 1, Ypsilanti MI 48198

Phone: (734) 547-9289

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Trinity Health at Home aka St. Joseph Mercy Home Care & Hospice - SE Michigan

Website: www.trinityhealthathome.org (also [Language assistance available](#))

Phone: (734) 475-4190 (Chelsea)

Contact agencies directly for current hours / services.

Toll Free: Michigan (855) 559-7178 info and new patient referrals

Fax Toll Free: New patient referrals (866) 754-4220

Notes: Military and veterans program. Provides [Home Care Connect™](#) virtual care service. Offers language assistance. Non-skilled care available only in some zip codes.

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

United Home Health Services at Garden City Hospital - Home Health Care / UHHS

Website: gch.org/services/homecare/

Address: 6245 Inkster Road, Garden City MI 48135

Phone: (734) 981-8820

Notes: Serves only Ypsilanti in Washtenaw County. Community Health Accreditation Program (CHAP) accredited.

Classification: Non-Skilled Home Care & Skilled Home Health Care - Billable to Medicare.

Visiting Angels - Washtenaw County

Website: www.visitingangels.com/ann-arbor

Address: 2765 Carpenter Road, #1SW, Ann Arbor MI 48108

Toll Free: (877) 618-4748(61-VISIT) or (800) 365-4189

Classification: Non-Skilled Home Care.

Wellness Home Care

Website: www.wellnessshc.com/

Address: 3879 Packard Road, Unit B, Ann Arbor MI 48108

Phone: (734) 531-6431

Fax: (734) 531-6438

Email: wellness@wellnessshc.com

Classification: Skilled Home Health Care - Billable to Medicare;

WSC Home Care (Work Skills Corporation) (formerly *Action Home Health Care*)

Website: www.wskills.com/wsc-home-care

Address: 100 Summit Street, Brighton MI 48116

Phone:-(810) 227-4868 (810) 534-6128

Fax: (810) 227-1344

Notes: 501(c3) non-profit.

Classification: Non-Skilled Home Care.

HOME MAINTENANCE - rev March 2023

AARP - HomeFit Guide (2021)

Website: www.aarp.org/livable-communities/housing/info-2020/homefit-guide-download.html

Toll Free: (888) 687-2277

Email: livable@aarp.org

Services: Use the *HomeFit Guide* to determine whether a residence is "fit" for independent living. The guide also includes tips for hiring a contractor. Workshops are offered periodically; or, download from link above or request a free printed copy using publication number: D18959. Printable [worksheets](#) are available as is a [video tour](#).

Hours: 24 Hours

Fees: No fee

Catholic Charities of Washtenaw County (formerly Catholic Social Services) - Home Maintenance and Safety Services

Website: ccwcwashtenaw.org/seniors/home-and-safety-services/

Address: 4925 Packard Street, Ann Arbor MI 48108

Phone: (734) 971-9781 ext. 352

Services: A variety of basic maintenance services are available to help older adults maintain their independence and keep them safe at home.

- **Home Safety Installations:** Smoke alarms & carbon monoxide detectors, battery & light bulb exchanges; grab bars & shower chairs, raised toilet seats and hand-held showers
- **Home Maintenance & Minor Repairs:** Basic household repairs and routine maintenance; minor plumbing, minor electrical, minor carpentry, weather stripping.
- **Outdoor Chores:** Window washing, leaf raking.

Hours: Monday - Friday 8:30 am - 5 pm

Fees: Based on ability to pay; no one is denied service if unable to contribute.

City of Ann Arbor - Trash, Recycling & Compost - Curbside Assistance

Website: www.a2gov.org/departments/trash-recycling/

Address: Customer Service, Larcom City Hall, 1st Floor, 301 E. Huron Street, Ann Arbor MI 48104

Phone: (734) 794-7336

Email: customerservice@a2gov.org

Service: Provides side door or porch set-out service for refuse or recycling containers when "Special Pick-up Service" is requested.

Eligibility: Requires an on-site visit to begin this service; must be renewed every 2 years.

Hours: Monday - Friday 7:30 am - 5:30 pm except holidays

Fees: No additional fee.

Evangelical Homes of Michigan - Senior Solutions - LifeChoice Solutions® - Handyman & Home Modifications

Website: ehmss.org/services/handyman-home-modifications/

Phone: (734) 295-9292

Email: marketing@ehmss.org

Service: Offers home modification – safety assessments, home adaptation and installation services – and handyman / maintenance services. Call for free quotes.

Hours: Regular business hours.

Fees: Hourly fee for services.

Habitat for Humanity, Huron Valley - Home Improvement Programs

Website: www.h4h.org/home-improvement-program

Address: 950 Victors Way, Suite 50, Ann Arbor MI 48108 (Office is currently closed to the public.)

Phone: (734) 677-1558

Fax: (734) 215-9843

Services: Provide critical home repairs, exterior projects, appliance replacements and other home improvements for families, individuals, seniors and veterans. Free furnace test & tune-up, LED light bulbs, thermostats and water flow regulators to eligible home-owners.

- [Aging in Place Home Improvement Program](#) targets seniors providing older adults with improvements and modifications to help age safely and comfortably at home. Eligibility: Must meet income guidelines.

Hours: Regular business hours.

Fees: Applicable repayments.

Michigan Department of Health and Human Services - State Emergency Relief Program (SER)

Website: www.michigan.gov/mdhhs

Address: Washtenaw County Office - 22 Center Street, Ypsilanti MI 48198

Phone: (734) 481-2000

Services: Provides immediate help to individuals and families facing conditions of extreme hardship or for emergencies that threaten health and safety. Services are provided through direct financial assistance and contracts with a network of non-profit organizations to help with home repairs and ownership services. Asset and income guidelines. Local DHS specialists determine eligibility.

Hours: Call for hours.

Fees: No fee.

Pittsfield Charter Township - Residential Solid Waste Service Information

Website: [www.pittsfield-mi.gov/Residential Solid Waste Service Information](http://www.pittsfield-mi.gov/Residential_Solid_Waste_Service_Information)

Address: 6201 W. Michigan Avenue, Ann Arbor MI 48108

Phone: (734) 822-3105

Fax: (734) 944-1103

Email: utilities@pittsfield-mi.gov

Services: If unable to place rubbish at the curbside for pick-up due to a physical challenge or advanced age, contact the Township to arrange for assistance.

Hours: Monday - Friday 8 am - 5 pm

Fees: No additional fee.

Washtenaw County - Office of Community & Economic Development

Website: www.washtenaw.org/732/Home-Maintenance-Repair (multiple languages)

Address: 451 W. Michigan Avenue, 2nd Floor, Ypsilanti MI 48197

Phone: (734) 544-3008

Services:

- **Accessibility Ramp Program** - www.washtenaw.org/Accessibility-Ramp-Program

Provides grants for the installation of exterior ramps at owner-occupied homes. Eligibility: Income guidelines. Grants are limited to one-time assistance per dwelling during a five-year period.

- **Home Rehabilitation Program** - www.washtenaw.org//Home-Rehabilitation

Assists income-eligible county homeowners with needed home repairs. Eligibility: First-come, first served for income-eligible applicants; there is a waiting list. Includes [Emergency Repair Program](#) for owner-occupied homes; covers furnaces, water heaters and sewer issues via low-interest loans.

- **Home Weatherization Program** - www.washtenaw.org/Home-Weatherization

Contact agencies directly for current hours / services.

Provides weatherization services such as insulation, caulking, weather-stripping. Inspects & repairs furnaces and hot water heaters; inspects & replaces inefficient refrigerators. Homeowners and renters who meet eligibility requirements may apply.

Hours: Call for hours.

Fees: No fee. See individual programs for eligibility requirements.

HOUSING – INDEPENDENT / ASSISTED LIVING / MEMORY CARE - rev Oct 2023

[The Housing Bureau for Seniors](#) - Michigan Medicine - (734) 998-9339 or email: housingbureauseniors@umich.edu offers information on housing options and helps prevent eviction and foreclosure.

Independent Living

- [Independent Living Checklist](#) - SeniorAdvisor.com, 3 p.
- [Independent Living Community Checklist](#) - SeniorHousingNet™, 8 p.
- [Independent Living Visit Checklist](#) - Where You Live Matters & American Senior Housing Association, 2 p.

Assisted Living

- [Assisted Living - What to Ask](#) - AARP, 9 p.
- [Assisted Living Program Checklist](#) - Iowa Dept. on Aging, 9 p.
- [Touring Checklist: Assisted Living](#) - A Place for Mom, 1 p.

Memory Care

- [Alzheimer's and Dementia Facility Checklist](#) - AGIS (AssistGuide Information Services), 8 p.
- [Choosing a Residential Care Setting](#) - Alzheimer's Association, 5 p.
- [Long Term Care Checklist](#) - Alzheimer's Society of Canada, 4 p.

All Seasons Ann Arbor

Website: www.allseasons-annarbor.com

Address: 4600 All Seasons Circle, Ann Arbor MI 48105

Phone: (734) 589-1744

Online Chat: Yes

Eligibility: 55+

Levels of Care: Independent

American House Senior Living Residence

Website: www.americanhouse.com/carpenter

Address: 3470 Carpenter Road, Ypsilanti MI 48197

Phone: (734) 961-4578

Online Chat: Yes

Email: carpenterassistant@americanhouse.com

Eligibility: 55+ ; pet friendly; smoke-free

Respite: Short- or long-term; based on availability

Levels of Care: Independent, Assisted

Atria Park of Ann Arbor

Website: www.atria-annarbor.com

Address: 1901 Plymouth Road, Ann Arbor MI 48105

Phone: (734) 741-9500

Online Chat: Yes

Eligibility: 60+ (some exceptions); pet friendly; smoking allowed outside

Respite: Based on availability

Levels of Care: Independent, Assisted, Memory Care

Baker Commons

Website: www.a2gov.org/departments/Housing/programs/Pages/Baker-Commons.aspx

Address: 106 Packard Street, Ann Arbor MI 48104

Phone: (734) 794-6720 Ann Arbor Housing Commission

Fax: (734) 994-0781

Email: housingcommission@a2gov.org

Eligibility: 62+ and/or disabled; smoke-free

Levels of Care: Independent

Type: Affordable or Subsidized

Balfour Senior Living - Ann Arbor

Website: balfourcare.com/locations/ann-arbor

Address: 2830 S. Main Street, Ann Arbor MI 48103

Phone: (734) 887-1630 (844) 354-8877 Respite Care Day Program

Online Chat: Yes

Email: info@balfourcare.com

Eligibility: 55+; pet friendly; smoke-free; trial stay available

Respite: Short-term for assisted living and memory care.

Levels of Care: Independent, Assisted, Memory Care

Brecon Village; Primrose Assisted Living; Memory Support Center

Website: ehmss.org/senior-living/

Address: EHM Senior Solutions, 200 Brecon Drive, Saline MI 48176

Phone: (734) 429-1155 Brecon Village & Primrose (734) 295-9811 Memory Support Center
(734) 355-6744 Director

Email: marketing@ehmss.org

Eligibility: 55+ for condominiums, 60+ for apartments; pet-friendly in apartment and condos

Respite: Based on availability

Levels of Care: Independent, Assisted, Memory Care

Brookdale Ann Arbor

Website: www.brookdale.com/en/communities/brookdale-ann-arbor.html

Address: 2190 Ann Arbor-Saline Road, Ann Arbor MI 48103

Phone: (734) 327-1350

Eligibility: 60+ or younger with waiver; pet friendly

Levels of Care: Independent, Assisted, Memory Care

Brookdale West Eisenhower (Clare Bridge & Solace)

Website: www.brookdale.com/en/communities/brookdale-w-eisenhower-pkwy

Address: 750 W. Eisenhower Parkway, Ann Arbor MI 48103

Phone: (734) 213-1708

Eligibility: 60+ or younger with waiver; pet friendly

Levels of Care: Memory Care

Brookhaven Manor Senior Living

Website: www.brookhavenmanorapartments.com

Address: 401 W. Oakbrook Drive, Ann Arbor MI 48103

Phone: (734) 747-8800

Fax: (734) 747-9288

Eligibility: 55+; smoke-free; pet friendly

Levels of Care: Independent

Carpenter Place Apartments

Website: www.carpenterplaceapartments.com

Address: 3400 Carpenter Road, Ypsilanti MI 48197

Phone: (734) 973-8377

Fax: (734) 973-8310

Email: carpenterplacemgr@envovellc.com

Eligibility: 62+ and/or disabled; live-in caregiver with verification; pet friendly; smoke-free facility; designated outdoor smoking areas

Levels of Care: Independent

Type: Affordable or Subsidized

The Cedars of Dexter - Brio Living Services

Website: thecedars.mybrio.org and mybrio.org/the-cedars-of-dexter/

Address: 411 Cedars Lane, Dexter MI 48130

Phone: (734) 792-9702

Eligibility: 60+; pet friendly

Levels of Care: Independent - CRC w/Chelsea Retirement Community

Chelsea Retirement Community

Independent — Prairie Cottages, Garden Cottages, Garden Homes, Dancy House

Assisted — Glazier Commons & The Oasis

Memory Care — Towsley Village

Website: chelsearetirement.mybrio.org

Address: 805 W. Middle Street, Chelsea MI 48118

Phone: (734) 433-1000 or (734) 803-3610

Fax: (734) 475-4421

Eligibility: 62+; pet friendly in some locations

Respite: Assisted & Memory Care

Levels of Care: Independent, Assisted, Memory Care

Chidester Place

Address: 330 Chidester Place, Ypsilanti MI 48197

Phone: (734) 487-9400

Eligibility: 62+ and/or disabled; smoke-free; pet friendly

Levels of Care: Independent

Type: Affordable or Subsidized

Clark East Tower - Senior Apartments

Website: www.nationalchurchresidences.org/communities/clark-east-tower/

Address: 1550 E. Clark Road, Ypsilanti MI 48198

Phone: (734) 482-5511

TTY Toll Free: 711

Eligibility: 62+; live-in caregiver (over 18) with doctor's note; pet friendly

Levels of Care: Independent

Type: Affordable or Subsidized

Courthouse Square Senior Apartments

Address: 100 S. Fourth Avenue, Ann Arbor MI 48104

Phone: (734) 995-5511

Fax: (734) 995-5533

Email: courthousesq@firstcentrum.com

Eligibility: 55+; smoke-free; live-in caregiver with physician's note; pet friendly

Levels of Care: Independent

Type: Affordable or Subsidized

Cranbrook Tower

Website: rentlinx.kmgprestige.com/2901-Northbrook-Place-Ann-Arbor-MI-48103-7

Address: 2901 Northbrook Place, Ann Arbor MI 48103

Phone: (734) 668-8914

Fax: (734) 668-7760

Email: cranbrook@kmgprestige.com

Eligibility: 62+ and disabled; live-in caregiver with doctor's note; pet friendly

Levels of Care: Independent

Type: Affordable or Subsidized

Cross Street Village

Address: 210 W. Cross Street, Ypsilanti MI 48197

Phone: (734) 483-8300

Fax: (734) 487-1592

Email: cross@imsteam.net

Eligibility: 55+; pet friendly; smoke-free

Levels of Care: Independent

The Emmanuel House

Facebook: www.facebook.com/EmmanuelhouseAA

Address: 475 Evergreen Drive, Ann Arbor MI 48103

Phone: (734) 780-7667

Email: ehypsi@gmail.com or emmanuelhse@gmail.com

Eligibility: Older adults

Levels of Care: Assisted

Gilbert Residence

Website: www.gilbertresidence.com

Address: 203 S.Huron Street, Ypsilanti MI 48197

Phone: (734) 482-9498

Fax: (734) 482-1848

Email: info@gilbertresidence.com

Eligibility: 60+

Levels of Care: Assisted, Memory Care

Glacier Hills Retirement Community - The Meadows (Independent); The Manor (Independent & Assisted); and The Pavilion (Independent) under construction

Website: www.trinityhealthseniorcommunities.org/michigan/glacier-hills/

Address: 1200 Earhart Road, Ann Arbor MI 48105

Phone: (734) 769-6410 info & reservations (734) 929-6780 appointments

Fax: (734) 769-3092

Email: info@glacierhills.org

Eligibility: 62+; pet friendly

Levels of Care: Independent, Assisted, Memory Care

Hillside Terrace Senior Living - The Vineyard & The Gardens (Assisted), The Orchards (Independent), The Palms (Specialized Care), and H.T. Memory Care (open Fall 2024)

Website: www.hillside terrace.net

Address: 1939 Jackson Avenue, Ann Arbor MI 48103

Phone: (734) 761-4451

Fax: (734) 761-7047

Email: marketing@hillside terrace.net

Eligibility: 60+; pet friendly

Respite: Yes

Levels of Care: Independent, Assisted, Memory Care

Linden Square

Website: www.lindensquarealc.com

Address: 650 Woodland Drive East, Saline MI 48176

Phone: (734) 429-7600

TTY Toll Free: Michigan Relay (800) 649-3777

Eligibility: 60+ ; pet friendly

Respite: Short-term.

Levels of Care: Assisted, Memory Care

Lockwood of Ann Arbor

Website: www.LockwoodofAnnArbor.com

Address: 2197 E. Ellsworth Road, Ann Arbor MI 48108

Phone: (248) 203-0991 Southfield HQ

Email: AnnArbor@lockwoodgrp.com or rentAnnArbor@lockwoodgrp.com

Eligibility: 55+ ; pet friendly

Levels of Care: Independent

Lurie Terrace

Website: www.a2gov.org/departments/Housing/programs/Pages/Lurie-Terrace.aspx

Address: 600 W. Huron Street, 3 Parkview Place, Ann Arbor MI 48103

Phone: (734) 665-0695

Fax: (734) 665-1580

Eligibility: 62+ ; smoke-free; pet friendly

Levels of Care: Independent

Type: Affordable or Subsidized

Lynden Parke Apartment Homes (formerly Lexington Club)

Website: www.mylyndenparke.com

Address: 2224 Golfside Road, Ypsilanti MI 48197

Phone: (734) 934-3012

Email: lyndenpark@mthmgyc.com

Eligibility: 55+; pet friendly

Levels of Care: Independent

Melvin T. Walls Manor

Address: 2189 Glory Lane, Ypsilanti MI 48197

Phone: (734) 484-3820

Eligibility: 62+ ; pet friendly

Levels of Care: Independent

Type: Affordable or Subsidized

Memory Lane Assisted Living

Website: memorylanemichigan.com

Address: Office 8064 Carpenter Rd. Ypsilanti MI 48197

Phone: (734) 707-4039

Eligibility: Call for information

Respite: Short-term.

Levels of Care: Memory

Milan Village Apartments

Website: milanvillage.wodagroup.com/

Address: 71 Hurd Street Milan MI 48160

Phone: (734) 439-8179

TTY Toll Free: (800) 649-3777

Eligibility: 62+ or disabled

Levels of Care: Independent; pet friendly

Type: Affordable or Subsidized

Mill Pond Manor

Website: www.rhf.org/location/mill-pond-manor/

Address: 460 Russell Road, Saline MI 48176

Phone: (734) 429-3838

Fax: (734) 429-3390

Eligibility: 62+ or mobility impaired; pet friendly; smoke-free

Levels of Care: Independent

Type: Affordable or Subsidized

Mission Point Nursing & Physical Rehabilitation Center of Superior Woods

Website: missionpointhealthcare.com/superiorwoods/

Address: 8380 Geddes Road, Ypsilanti MI 48198

Phone: (734) 547-7600

Fax: (734) 547-7779

Email: admissions@mphssuperiorwoods.com

Eligibility: 60+ ; language assistance available

Respite Care: Short-term

Levels of Care: Assisted

Parkway Meadows Apartments

Website: parkwaymeadowsapts.com

Address: 2575 Sandalwood Circle, Ann Arbor MI 48105

Phone: (734) 662-5055

Fax: (734) 662-7872

Email: parkway@kmgprestige.com

Eligibility: 62+ or with a disability

Levels of Care: Independent

Type: Affordable or Subsidized

The Pines Senior Apartments

Website: thepines.mybrio.org

Address: 325 Wilkinson Street, Chelsea MI 48118

Phone: (734) 433-9130

(734) 433-9681

Eligibility: 55+ ; pet friendly

Levels of Care: Independent - CRC w/Chelsea Retirement Community

Sequoia Place - Samaritas

Website: www.samaritas.org/AffordableLiving/Locations/AnnArbor

Address: 1131 N. Maple Road, Office Number 1025, Ann Arbor MI 48103

Phone: (734) 669-8840

Eligibility: 62+

Levels of Care: Independent

Type: Affordable or Subsidized; Smoke-free community

Silver Fox Senior Condominiums

Website: www.seniorhousingnet.com/seniorliving-detail/silver-fox-senior

Address: 317 Silver Fox Drive (off Redman Road), Milan MI 48160

Phone: (734) 476-8970

Eligibility: 55+ ; pet friendly; smoke-free

Levels of Care: Independent

Type: Affordable or Subsidized

Silver Maples of Chelsea Retirement Neighborhood - *The Maples, The Meadows, Woodland Villas, Deer Ridge Villas*

Website: silvermaples.org

Address: 100 Silver Maples Drive, Chelsea MI 48118

Phone: (734) 977-1090 (734) 475-4111 (734) 627-6544

Email: info@silvermaples.org

Eligibility: 62+ ; pet friendly

Respite: Short-term (The Meadows)

Levels of Care: Independent, Assisted, Memory Care

StoryPoint Saline

Website: www.storypoint.com/community/saline-mi/

Address: 6230 S. State Street, Saline MI 48176
Phone: (734) 389-7871
Chat: Yes
Eligibility: Call for information; pet friendly
Levels of Care: Independent, Assisted Living, Memory Care

St. Joseph's Village Ann Arbor

Website: www.trinityhealthseniorcommunities.org/st-josephs-village-ypsilanti
Address: 5341 McAuley Drive, Ypsilanti MI 48197
Phone: (734) 712-1600
Eligibility: 55+ ; language assistance available
Respite Care: Available
Levels of Care: Independent, Assisted

St. Louis Center

Website: stlouiscenter.org
Address: 16195 Old U.S.12, Chelsea MI 48118
Phone: (734) 475-8430
Fax: (734) 475-0310
Email: mail@stlouiscenter.org
Eligibility: 18+ with intellectual/developmental disability (1/DD) & cognitive impairment (IQ of 70 or below) & a diagnosed disability.
Respite: Short-term.
Levels of Care: Assisted, Memory care

Towne Centre Place

Website: rosecommunity.com/apartments/towne-centre-place/
Address: 401 W. Michigan Avenue, Ypsilanti MI 48197
Phone: (734) 482-5500
Toll Free: (844) 284-9329
Fax: (734) 482-0581
Email: townecentreplace@rosecommunity.com
Eligibility: 62+; pet friendly
Levels of Care: Independent
Type: Affordable or Subsidized

Towner Apartments - A Deborah Strong Housing Property

Website: www.ypsilantihc.org/communities
Address: 711-741 Towner Street, Ypsilanti MI 48198
Phone: (734) 482-4300 Ypsilanti Housing Commission
Eligibility: One-bedroom units waiting list preference for elderly applicants.
Levels of Care: Independent

University Commons [Condominiums]

Website: www.universitycommons.org
Address: 817 Asa Gray Drive, Ann Arbor MI 48105
Phone: (734) 332-1221
Fax: (734) 332-1222

Eligibility: 55+ ; graduate of accredited 4-year college or university; UM affiliation not required; smoking policy; pet friendly

Levels of Care: Independent

University Living (A Provision Living Senior Living Community)

Website: www.provisionliving.com/ann-arbor-mi/

Address: 2865 S. Main Street, Ann Arbor MI 48104

Phone: (734) 228-1926

Eligibility: 60+; UM affiliation not required; pet friendly Assisted Living; smoke free

Respite: Available

Levels of Care: Assisted, Memory Care

Vibrant Life Senior Living

Website: vibrantlifeseniorliving.com/superior/

Address: 8100 Geddes Road, Superior Township MI 48198

Phone: (734) 484-4740

Eligibility: 55+

Respite: Short- and long-term.

Levels of Care: Assisted, Memory Care

HOUSING – NURSING HOMES - rev Aug 2022

Explanation: Nursing Homes are medical facilities which are highly regulated by the State and Federal governments, and provide two levels of care:

- Long-term care is for patients who are unable to recover from an illness or injury. Their conditions are chronic. Payment is private or may be covered by Medicaid, if eligibility requirements are met.
- Short-term care provides rehabilitation by skilled therapists and licensed nurses following an illness or injury. Medicare or Medicaid typically covers payment when eligibility requirements are met.

[The Housing Bureau for Seniors](#) - Michigan Medicine

Phone: (734) 998-9339

Email: housingbureauseniors@umich.edu

Offers information on nursing homes, housing and other care options and helps prevent eviction and foreclosure.

[Nursing Home Compare](#): From Medicare.gov, this website allows one to find and compare nursing homes certified by Medicare and Medicaid. This website contains quality of resident care and staffing information for more than 15,000 nursing homes around the country. (also en Español)

- [Checklist for Choosing a Nursing Home](#) - MDCH (Michigan Dept. Community Health) 7 p.
- [Nursing Home Checklist](#) (Nov. 2022, Medicare.gov, 8 p.)
- [Nursing Home Checklist](#) (AARP, 3 p.)

Chelsea Retirement Community - Kresge Healthcare & Rehabilitation Center

Website: mybrio.org/kresge-healthcare-rehabilitation-center/

Address: 805 W. Middle Street, Chelsea MI 48118

Phone: (734) 475-7310

The Emmanuel House

Website: www.facebook.com/EmmanuelhouseAA

Address: 475 Evergreen Drive, Ann Arbor MI 48103

Phone: (734) 780-7667

Evangelical Home - Saline EHM Senior Solutions

Website: ehmss.org/senior-living/long-term-care/

Address: 200 Brecon Drive, Saline MI 48176

Phone: (734) 429-9401

Fax: (734) 944 3482

Email: marketing@ehmss.org

Gilbert Residence

Website: www.gilbertresidence.com/nursing-care/

Address: 203 S. Huron Street, Ypsilanti MI 48197

Phone: (734) 482-9498

Fax: (734) 482-1848

Email: info@gilbertresidence.com

Glacier Hills Care & Rehabilitation Center - Trinity Health Senior Communities

Website: glacierhills.org/lifestyle-options/care-rehabilitation/

Address: 1200 Earhart Road, Ann Arbor MI 48105

Phone: (734) 769-6410

Email: info@glacierhills.org

Contact agencies directly for current hours / services.

Kettles VA Medical Center (VA Ann Arbor) - Community Living Centers (VA Nursing Homes)

Website:- www.va.gov/GERIATRICS/pages/VA_Community_Living_Centers

Address: 2215 Fuller Road, Ann Arbor MI 48105

Phone: (734) 769-7100

Kettles VA Medical Center (VA Ann Arbor) - Medical Foster Home Program

Website:-www.annarbor.va.gov/services/medicalfosterhome.asp

www.va.gov/GERIATRICS/pages/Medical_Foster_Homes

Address: 2215 Fuller Road, Ann Arbor MI 48105

Phone: (734) 769-7100

Mission Point Nursing & Physical Rehabilitation Center of Superior Woods

Website: missionpointhealthcare.com/superiorwoods/

Address: 8380 Geddes Road, Ypsilanti MI 48198

Phone: (734) 547-7600

Email: admissions@mphssuperiorwoods.com

ProMedica Skilled Nursing and Rehabilitation (Ann Arbor) (formerly Heartland)

Website: www.promedicaskillednursing.org/locations/promedica-skilled-nursing-and-rehabilitation-ann-arbor/

Address: 4701 E. Huron River Drive, Ann Arbor MI 48105

Phone: (734) 975-2600

Fax: (734) 677-5857

Email:-AnnArborSkilledNursingandRehab@promedica.org

The Redies Center for Rehabilitation & Healthy Living

Website: ehmss.org/healthcare/skilled-nursing-rehabilitation/

Address: 440 W. Russell Street, Saline MI 48176

Phone: (734) 429-9401

Fax: (734) 669-3775

Email: marketing@ehmss.org

Regency at Bluffs Park - Ciena Healthcare

Website: www.cienahealthcare.com/locations/regency-at-bluffs-park/#top

Address: 355 Huron View Blvd., Ann Arbor MI 48103

Phone: (734) 887-8700

Regency at Whitmore Lake - Ciena Healthcare

Website:-www.cienahealthcare.com/locations/regency-at-whitmore-lake/

Address: 8633 Main Street, Whitmore Lake MI 48189

Phone: (734) 449-4431

Villa at Parkridge

Website: www.villaatparkridge.com

Address: 28 S. Prospect Street, Ypsilanti MI 48198

Phone: (734) 714-5600

Fax: (734) 483-8972

Text: (313) 910-3526

INFORMATION / REFERRAL / ADVOCACY - rev Aug 2022

Alzheimer's Association – Greater Michigan Chapter

Website: www.alz.org/gmc www.alz.org (also en Español)

Toll Free: 24 Hour (800) 272-3900

Email: helplinegmc@alz.org

Services: Provides a 24 hour helpline, care consultation and resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer's disease, educational programs, professional training, a speakers' bureau, a resource library with free lending opportunities. The Alzheimer's Association provides multi-lingual services.

Hours: 24 Hours.

Fees: No fee for most services.

American Association of Retired Persons (AARP) - Michigan Office

Website: local.aarp.org/mi/ (also Español & Chinese)

Address: AARP Michigan State Office, 123 W. Allegan Street, Suite 500, Lansing MI 48933

Toll Free (866) 227-7448 Michigan (888) 687-2277 National (877) 342-2277 Español

Fax: (517) 316-9958

TTY Toll Free: 711 (877) 434-7598 National (866) 238-9488 Español

Text: 833-259-2277

Email: miaarp@aarpp.org

Services: AARP is a nonprofit, nonpartisan membership organization that advocates for legislation and monitors public policy issues relating to seniors 50 +. Membership provides access to various insurance, financial, health, technology and travel benefits.

Hours: Monday – Friday 9 am – 5 pm (MI office);
and 8 am - 8 pm & Saturday 9 am - 5 pm National office

Fees: Membership is \$16 per year with discounted rates for multi-year memberships.

Ann Arbor Center for Independent Living (CIL)

Website: www.annarborcil.org

Address: 3941 Research Park Drive, Ann Arbor MI 48108

Phone: (734) 971-0277

FAX: (734) 971-0826

Email: info@aacil.org

Services: Information and referral services are provided by phone, email, or in person to people with disabilities and other members of the community seeking disability-related information. Also has an online resource directory at www.annarborcil.org/resources/. Has a medical equipment loan closet.

Hours: Monday - Friday 9 am - 5 pm

Fees: No fee.

Ann Arbor Community Center

Website: annarbor-communitycenter.org

Address: 625 N. Main Street, Ann Arbor MI 48104

Phone: (734) 662-3128 (leave message for return call)

Fax: (734) 662-1099

Services: Combines local volunteers and funding from the community to provide high quality programs, information, and services such as senior citizen care, food assistance, etc. The Wendy Fund helps provide heat and electricity/utilities help.

Hours: Monday - Friday 9 am - 3 pm

Fees: No fee

AgeWays Nonprofit Senior Services (formerly AAA-1B)

Website: www.ageways.org/

Address: 29100 Northwestern Hwy., Suite 400, Southfield MI 48034

Phone: (248) 357-2255

Toll Free: (800) 852-7795

TTY Toll Free: (800) 649-3777 Michigan Relay

Fax: 248-262-9971

Services: Certified resource specialists provide information on services and resources for adults 60+, persons with disabilities and family caregivers. Areas of assistance include housing, meals, long-term care, transportation, personal care, respite care, support groups and legal services. Covers Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw counties. Also provide referral numbers for other counties in Michigan and for all states.

- **Help for Caregivers**

Website: www.ageways.org/caregiver-resources/

Toll Free: (800) 852-7795

Contact agencies directly for current hours / services.

Services: Links to information on training, respite, support groups, transportation, grandparents raising grandchildren and other resources.

Hours: Monday - Friday 8 am - 5 pm

Fees: No fee.

Catholic Charities of Washtenaw County (formerly Catholic Social Services) - Senior Services Department

Website: ccwcwashtenaw.org/seniors/

Address: 4925 Packard Street, Ann Arbor MI 48108

Phone: (734) 971-9781 ext. 352

Fax: (734) 971-2730

Services: Resource Advocates provide information and referral by telephone or in-home assessment to residents of Washtenaw County, age 60+. Publishes a free annual "[Senior Resource Directory](#)" for Washtenaw County listing agencies and phone numbers. The directory can be downloaded (from link above), requested by phone, or viewed online at blueprintforaging.org/washtenaw-county-senior-resources/

Hours: Monday - Thursday 8:30 am - 9 pm; Fridays 8:30 am - 5 pm; Saturdays 8:30 am - 3 pm

Fees: No fee.

Chelsea Community Senior Services (C2S2)

Website: chelseaseniors.org/c2s2

Address: Chelsea Senior Center, WSEC, 512 Washington Street, Chelsea MI 48118

Phone: (734) 475-9242

Email: connected@chelseaseniors.org

Services: Helps seniors 60+ in the Chelsea School District remain in their own homes by providing access to needed services using volunteers or through referrals to vetted, discounted providers.

Hours: Monday - Friday 8:30 am - 4 pm

Fees: Donations accepted..

City of Ann Arbor - Supportive Connections

Website: www.a2gov.org/services/Pages/Supportive-Connections.aspx

Phone: (734) 794-6934

Email: supportiveconnections@a2gov.org

Services: Provides social services to assist anyone with a connection to Ann Arbor from becoming involved or re-involved with the criminal justice system. Works with community service providers to address potential causes of criminal justice-system involvement, such as substance abuse issues, mental health challenges, and housing insecurity. Self-referral accepted; other referrals confidential.

Hours: Normal business hours for phone; emails may be sent 24/7 and are not for emergency services.

Fees: No fee.

Connect2Affect - AARP

Website: connect2affect.org/find-help/ (multiple languages)

Services: Directory of support services by zip code. Covers financial assistance, food, medical care, housing, transportation, legal assistance and more. Search by keyword or program name. Clicking on program category reveals drop-down menu of subcategories. Can filter searches / limit results by seniors (55+).

Hours: 24 Hours

Fees: No fee; AARP membership NOT required.

Dexter Senior Center - Resources

Website: dexterseniors.org/community-resources/

Phone: (734) 426-7737

Services: Links Dexter-area residents to information on Caregivers, Transportation, Home Services, Medicare Counseling, Legal Resources and other directories/resources.

Hours: 24 Hours

Fees: No fee

Eldercare Locator - United States - Administration on Aging

Website: eldercare.acl.gov

Toll Free: (800) 677-1116

Email: eldercarelocator@n4a.org

Online Live Chat: Yes

Services: Nationwide service that connects older Americans and their caregivers with information on both state and local senior services in their community.

Hours: 9 am - 8 pm

Fees: No fee.

Friends in Deed

Website: www.friendsindeed.info

Address: 1196 Ecorse Road, Ypsilanti MI 48198

Phone: (734) 484-4357

Fax: (734) 484-5355

Email: Helpline@FriendsInDeedMI.org

Services: Fills the gaps of assistance offered by other agencies / organizations in Washtenaw County by providing information about or making a referral to another organization that has a program of services that better fits a client's needs.

- **Food Banks** - includes community services, shelters and hot meals locally and county-wide.
- **Clothing and Medical Closets** - covers free or low cost clothing, household & medical items.

Hours: Monday - Friday by appointment for document and furniture drop off

Fees: No fee.

Great Lakes Loan Closets - Washtenaw County (MI) Loan Programs

Website: loanclosets.org/michigan/washtenaw

Address: P.O. Box 19614, Kalamazoo MI 49019

Services: Help those in need find places to borrow medical equipment within their community. Also provides information on how and where to [donate medical equipment](#), [hearing aids](#), and [medications](#).

Hours: 24 Hours

Fees: No fee.

The Information Center - Where to Turn Community Resource Guide

Website: theinfocenter.org/

Phone: (734) 282-7171

Email: info@theinfocenter.org

Online Chat: Y via [Skype](#)

Services: Provides a guided or keyword searchable online resource database and a downloadable "Where to Turn" resource guide (must provide email address) as well as telephone support. Includes

Contact agencies directly for current hours / services.

assistance, information and access to public resources, community services and activities such as aging and disability, food, rent, healthcare, home care, other information and referral services, legal issues, mental health, substance abuse treatment, and more. Some resource areas are Wayne County oriented although it serves southeast Michigan residents.

Hours: 24 Hours (database); Monday - Friday 9 am - 5 pm (phone)

Fees: No fee.

Jewish Family Services of Washtenaw County - RISE (Resettlement, Integration, Support, and Education)

Website: www.jfsannarbor.org/resettlement-and-immigration.html

Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104

Phone: (734) 769-0209

Email: info@www.jfsannarbor.org

Services: Social services, activities, and assistance for foreign-born seniors. Intake services in English and Russian with additional translating services as needed.

Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm

Fees: No fee.

Jewish Family Services of Washtenaw County - (WISE) Washtenaw Integrated Senior Experience

Website: www.jfsannarbor.org/transforming-aging/

Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104

Phone: (734) 769-0209

Email: info@jfsannarbor.org

Services: Care management and aging in place service links seniors to systems, community organizations and experts in aging.

Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm

Fees: No fee.

Jim Toy Community Center

Address: PO Box 1152, Ann Arbor MI 48106

560 S. Main Street, Ann Arbor MI 48104 opening early 2025

Phone: (734) 274-9551

Services: Provide information, education, social events, and advocacy by and for the Queer and Ally community in the Washtenaw County area. Connects its network of business owners, professionals, and friends with those in the community. OUTreach works to increase access to justice for LGBTQ community members through a partnership with the MLaw Outlaws, Legal Services of South Central Michigan, and local volunteer attorneys.

Hours: Call for hours.

Fees: No fee.

Michigan Legislature - Publications

Website: [www.legislature.mi.gov/\(S\(dh23vhrriegsujdaussrpo44a\)\)/mileg.aspx?Page=Publications](http://www.legislature.mi.gov/(S(dh23vhrriegsujdaussrpo44a))/mileg.aspx?Page=Publications)

Services: Information on various topics of interest to seniors

- [Peace of Mind \[A Guide to Legal and Medical Decisions:\]](#) (2022)
- [Services for Seniors: Laws and Programs for Senior Adults](#) (2022)

Hours: 24 Hours

Fees: No fee

Michigan Medicine - Geriatrics Center - Social Work and Community Programs

Website: medicine.umich.edu/dept/geriatrics-center/community-programs/social-work

Address: 4260 Plymouth Road, Ann Arbor MI 48109

Phone: (734) 764-2556 or (734) 998-9353 Turner Senior Wellness Program

Services: Geriatric social workers offer individuals and caregivers a wide range of information services including individual and group counseling, support groups, educational programs, and various other wellness programs.

Hours: Monday - Friday 9 am – 5 pm

Fees: No fee for support groups. There may be fees associated with other programs.

Michigan Support for Older Adults Portal (Mi-SOAP) - Resources

Website: misoap.org/toolbox/resources/

Address: 3815 W. Saint Joseph, Suite C-200, Lansing MI 48197

Services: Use to find community resources to address senior needs, screen for available services and benefits, and help seniors apply for benefits.

Hours: 24 Hours.

Fees: No fee.

Muslim Social Services of Washtenaw County

Website: www.muslimsocialservices.net

Address: 2301 Plymouth Road, Ann Arbor MI 48105

Phone: (734) 206-2239

Services: Provides educational support, employment consultancy, family counseling and literacy programming to refugee, immigrant, and political asylum individuals and families.

Hours: By appointment only

Fees: No fee.

National Council on Aging (NCOA)

Website: www.ncoa.org

Phone: (571) 527-3900

Services: Links to resources for older adults, caregivers, professionals and advocates on economic security, healthy living and public policy.

Hours: Call for hours

Fees: No fee.

National Hispanic Council on Aging (NHCOA)

Website: nhcoa.org/

Facebook: www.facebook.com/NHCOA/

Phone: (202) 347-9733

Email: nhcoa@nhcoa.org

Services: Works to improve the lives of Hispanic older adults, their families and caregivers. Promotes, educates, and advocates for research, policy, and practice in the areas of economic security, health, and housing for Hispanic older adults. Offers Empowerment & Civic Engagement (ECET) and Caring for the Caregiver training programs.

Hours: 9 am - 6 pm daily

Fees: No fee

National Kidney Foundation - Roadmap to Social Systems and Resources

Website: nkfm.org/conditions/finding-your-way-guide/

Contact agencies directly for current hours / services.

Services: Steps needed to get help are outlined to assist in getting the answers. The manuals list federal, state, and county programs and services that are available, help break down applications process, list the basic guidelines for receiving help, and offers tips on finding resources for basic needs such as food, housing, healthcare, education, and more. Of most interest are:

[Finding Your Way ... Washtenaw County](#) and [Finding Your Way State of Michigan](#)

Hours: 24 Hours

Fees: No fee.

National Resource Center on LGBT Aging - SAGE (Service & Advocacy for GLBT Elders)

Website: www.lgbtagingcenter.org

Address: c/o SAGE, 305 Seventh Avenue, 6th Floor, New York NY 10001

Phone: (212) 741-2247

Toll Free: (877) 360-LGBT (5428)

Fax: (212) 366-1947

Email: info@lgbtagingcenter.org

Services: Provides training, technical assistance and educational resources to providers, LGBT organizations and LGBT older adults. Help available in English or en Español,

Hours: 24 Hours

Fees: No fee.

National Resource Directory [for Wounded Warriors, Service Members & Veterans]

Website: nrd.gov

Toll Free: (800) 342-9647 Wounded Warriors (800) 827-1000 Service Members, Veterans

Email: infornd.osd@mail.mil

Services: A searchable resource database that connects wounded warriors, Service Members, Veterans, their families, and caregivers to vetted programs and services that support them. Provides access to services and resources at the national, state and local levels to support recovery, rehabilitation and community reintegration. Find resources by category, and some subcategories, then limit by location (state).

Hours: 24 Hours

Fees: No fee.

Office of Services to the Aging - State of Michigan - Adult Protective Services

Website: www.michigan.gov/adultprotectiveservices

Toll Free: Michigan 24 Hours (855) 444-3911

Services: Responds to phone calls reporting concerns of abuse, neglect or exploitation against older adults and cognitively diminished or physically-challenged individuals. Makes referrals for assistance to local agencies.

Hours: 24 Hours

Fees: No fee.

Office of Services to the Aging - State of Michigan - Michigan Long Term Care Ombudsman Program (MLTCOP)

Website: mltcop.org

Address: 15851 S. US 27, Suite 73, Lansing MI 48906

Phone: (517) 827-8040

Toll Free: (866) 485-9393

Fax: (517) 574-5301

Services: The Long Term Care Ombudsman program is available for residents or concerned relatives to investigate complaints, suggest remedies, and assist with resident rights, payment issues, guardianship, and nursing home placement. Local contact for Washtenaw County is the AgeWays Nonprofit Senior Services (formerly AAA 1-B) office. **Phone:** (800) 852-7795 ~~(586) 980-9303~~ **Hours:** Monday – Friday 8 am – 5 pm
Fees: No fee.

Public Citizens of Washtenaw (formerly *Gray Panthers of Washtenaw*)

Address: PO Box 7213, Ann Arbor MI 48107

Phone: Michael-David BenDor (734) 484-1628

Email: Michael-David BenDor md@bendor.org or Alan Haber megiddo@umich.edu

Services: Intergenerational group which actively promotes changes in policy for economic security, health care, civil rights/liberties, political integrity, and other issues.

Hours: Group meets the 1st Saturday of each month from 10 am - 12 pm. (Please call to confirm).

Fees: \$35 individual membership or sliding scale; \$60 couples.

Senior Resource Connect (formerly *Ahead of the Curve*) - Catholic Charities of Washtenaw County (formerly *Catholic Social Services*)

Website: seniorresourceconnectmi.org

Phone: (734) 971-9781 ext. 352

Services: Online browsable and searchable directory of programs and services for older adults in Washtenaw County. Also provides telephone assistance during regular business hours. Also includes a weekly blog, resource quiz, and videos on how to prevent elder abuse. Printed senior resource directories available free of cost.

Hours: 24 Hours

Fees: No fee.

Trinity Health - Community Resource Directory

Website: communityresources.trinity-health.org/

Services: Helps find and connect with free and reduced-cost health resources and social services. Trinity Health works with [findhelp](#), social care solutions that improve health equity, to provide this online tool to find local resources to meet the needs of patients, colleagues and those living in the communities served. Not limited to services for persons 55+.

Hours: 24 Hours.

Fees: No fee.

Trinity Health St. Joseph Mercy - Community Outreach Hotline

Toll Free: (833) 247-1258 ext. 3

Services: Provides information on southeast Michigan resources for food, transportation, COVID-19 testing, health insurance, medication assistance and dependent care.

Hours: Monday - Friday 8 am - 4:30 pm

Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine

Website: michmed.org/tswp

Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

Phone: (734) 998-9353

Email: tswp.info@umich.edu

Fax: (734) 998-9340

Contact agencies directly for current hours / services.

Services: Staff and volunteers provide information on older adult services and agencies in the Washtenaw County area, including caregiver information, hearing and vision impairments, memory loss, home care and support groups. The TSW Program publishes and updates the List of Local Resources aka "Local Resources for Older Adults in Washtenaw County" on the Michigan Medicine Geriatrics Center website.

Hours: Monday - Friday 9 am - 5 pm

Fees: No fee

United Way for Southeast Michigan — 211

Website: unitedwaysem.org/get-help/

Address: United Way for Southeastern Michigan, 3011 W. Grand Blvd., Suite 500, Detroit MI 48202

Phone: 2-1-1 (313) 226-9200

Text: your zip code to 898211

Email: LiveUnited@UnitedWaySEM.org

Live Chat: unitedwaysem.org/get-help/

Services: Confidential service provides information and referrals to local health and human service agencies and to volunteer opportunities. Can also help with connecting to information for other Michigan locations and other states. Under "Get Help" offers more than a dozen guided subject searches, using zip code locations, along with keyword and agency searches in their database. Merged with United Way of Washtenaw County in 2023. Online statewide searchable databases at mi211.org (enter zip code).

Hours: 24 Hours.

Fees: No fee

University of Michigan - Work-Life Resource Center - Elder Care

Website: hr.umich.edu/benefits-wellness/work-life/elder-care

Address: 2600 Wolverine Tower, 3003 S. State Street, Ann Arbor MI 48109

Phone: (734) 936-8677

Fax: (734) 615-2776

TTY: (734) 647-1388

Email: worklife@umich.edu

Services: Assists staff, retirees and students at the University of Michigan with information, resources and services for eldercare in Michigan and nationwide. Information on assisted living, nursing homes, medical & legal resources, counseling services, support groups for caregivers, and a variety of other services. Provides posting board of/for "Family Helpers" -- current students at UM, recent graduates or retirees from UM who can be employed for elder care, chores, etc.

Hours: Monday - Friday 8 am – 5 pm

Fees: No fee.

Washtenaw County - Office of Community & Economic Development Resources

Website: www.washtenaw.org/811/Resources or

[Washtenaw County Community Resources - Directory - Older Adult Supports](#)

Services: Spreadsheet with information on housing, food assistance, older adult support, income support and financial services, health services, education services, and barrier busters.

Hours: 24 Hours

Fees: No fee.

Washtenaw County - Older Adults - Resource Links

Contact agencies directly for current hours / services.

Website: www.washtenaw.org/1584/Older-Adults (multiple languages)

Services: Web page linking to county, local, and regional resources for seniors in the areas of mental health, housing and/or homelessness, food and nutrition, medical care, recreation and for persons with disabilities and veterans. Also includes links to social service agencies.

Hours: 24 Hours

Fees: No fee

Ypsilanti Township - Community Resources

Website: ypsitownship.org/community/community_engagement/community_resources

Phone: (734) 544-4000

Email: nhw.info@ypsitownship.org

Services: Searchable and browsable list of links for resources in the community that are available. Includes areas such as bill assistance, employment resources, food resources, health/mental health services, homeless services, housing repair services legal services, pet programs, police resources. senior services, substance abuse & recovery resources, transportation, utility assistance, and veteran services.

Hours: 24 Hours

Fees: No Fee.

INSURANCE ASSISTANCE - rev July 2022

Department of Veterans Affairs - Washtenaw County

Website: washtenaw.org/959/Veterans-Affairs

Address: 2155 Hogback Road, Ann Arbor MI 48108 or PO Box 8645, Ann Arbor MI 48107

Phone: (734) 973-4540

Toll Free: VA Health Benefits Services Center (877) 222-8387

Fax: (734) 973-4560

Services: Help for county veterans, survivors and dependents to apply for federal, state and local veterans' pensions and benefits including financial assistance for food, housing, medical care, transportation and utilities. Call VA's Health Benefits Services Center for information about eligibility for its standard health plan.

Hours: Appointments (Public) 7:30 am - 12 pm; 1 pm - 6:30 pm; Closed for Lunch 12 pm - 1 pm; Closed Fridays - Sundays & Holidays

Fees: No fee for assistance in applying. Health benefits include fee and no-fee based services, depending on the veteran's condition, income, and status.

Michigan - MDHHS - Medicare Savings Program

Website: www.michigan.gov/mdhhs/MedicareSavingsProgram - [Brochure](#)

Address: MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198

Phone: (734) 481-2000

Fax: (734) 481-9888

Contact agencies directly for current hours / services.

Services: The Michigan Department of Community Health (MDCH) may help pay the following, depending on the person's income: Medicare premiums, Medicare coinsurance, and/or Medicare deductible. In some cases, the MDCH may refund the person a portion of the Medicare Part B premium on an annual basis. Apply through the MDHHS Washtenaw County Office.

Hours: Vary; call

Fees: No fee

Michigan Medicare/Medicaid Assistance Program (MMAP)

Website: mmapinc.org and www.ageways.org/medicare-medicaid-help

Address: Services offered at various locations

Toll Free: (800) 803-7174 or (800) 803-7174 AgeWays (formerly AAA 1-B)

Services: Help and information on Medicare and Medicaid health insurance, prescription/Rx insurance, and billing, plus long term care insurance. All Medicare recipients are eligible, including veterans, regardless of age. Washtenaw County served by AgeWays Nonprofit Senior Services.

Hours: Monday - Friday 8:30 am - 5 pm

Fees: No fee

Social Security Administration

Website: www.ssa.gov

Address: 3971 Research Park Drive, Suite A, Ann Arbor MI 48108

Toll Free: (800) 772-1213 national (877) 402-0825 Ann Arbor

Interpreter Services: (800) 772-1213

TTY Toll Free: (800) 325-0778

Fax: (734) 929-6463 Ann Arbor

Services: Handles applications for Social Security, Medicare, Disability, SSI, Extra Help for prescriptions/Rx (Part D), and other federal financial programs.

Hours: Office Monday – Friday 9 am - 4 pm;

Fees: No fee.

State of Michigan - Department of Health and Human Services - Assistance Programs - Health Care Coverage

Website: www.michigan.gov/mdhhs

Address: MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198

Phone: (734) 481-2000

Fax: (734) 481-8382

Services: Various programs and assistance for health insurance. Call for more information.

Hours: Monday - Friday 8 am - 5 pm

Fees: No fee.

Washtenaw Health Plan (WHP)

Website: www.washtenaw.org/1878/Plan-B-Information

Address: 555 Towner Street, Ypsilanti MI 48198

Phone: (734) 544-3030

Services: A health coverage program for low-income Washtenaw County residents who don't have access to affordable health insurance. WHP helps people get the health care services they need. WHP is NOT insurance so enrollment is only for those that would not be subjected to a tax penalty under the Affordable Care Act or for special situations.

Hours: Monday - Friday 9 am - 4 pm

Fees: Low fees only for prescriptions and Emergency Room visits.

LEGAL ASSISTANCE - rev Aug 2022

Adult Protective Services - State of Michigan - Department of Health and Human Services

Website: [www.michigan.gov/mdhhs/Adult Protective Services](http://www.michigan.gov/mdhhs/Adult%20Protective%20Services)

Address: MDHHS Washtenaw County Office, 22 Center Street, Ypsilanti MI 48198

Phone: (734) 481-2000

Toll Free: (855) 444-3911 24 Hour - Michigan - Report Abuse & Neglect

Fax: (734) 481-8386

Services: Investigates whether the person suspected of being abused, neglected, exploited by coordinating with mental health, public health, law enforcement, the probate courts, the aging network, community groups and the general public.

Hours: Monday - Friday 8 am - 5 pm

Fees: No fee.

Crime Victims Legal Assistance Project - Elder Justice Initiative Michigan Advocacy Program

Website: cvlap.org/elder-justice-program

Address: 420 N. Fourth Street, Ann Arbor MI 48104

Phone: (734) 665-6181

Toll Free: Central Intake (888) 783-8190 or (888) 665-6181

Services: Through the Legal Services of South Central Michigan office, provides free legal assistance to adults age 55+ who have experienced abuse, domestic violence or neglect.

Hours: Monday - Friday 9 am – 5 pm

Fees: No fee.

Dispute Resolution Center

Website: thedisputeresolutioncenter.org/

Address: 4133 Washtenaw Avenue, Suite 125, Ann Arbor MI 48108

Phone: (734) 794-2125

Fax: (734) 794-2126

Email: info@thedrcmi.org

Services: Provides confidential dispute resolution in schools, families, communities and businesses using trained professional mediators. Does not handle disputes involving serious violence and drugs.

Hours: Monday - Friday 9 am – 5 pm.

Fees: Depends on service; payment plans available.

Elder Law of Michigan (ELM)

Website: www.elderlawofmi.org

Address: 3815 W. St. Joseph, Suite C-200, Lansing MI 48917

7310 Woodward Avenue, Suite 703, Detroit MI 48202

Toll Free: (866) 400-9164

Fax: (517) 372-0792

Email: info@elderlawofmi.org

Services:

- [*The Mid-America Pension Rights Project*](#) (MAPRR) (866) 735-7737: Assists retirees in finding, securing, and recovering pension benefits. Answers questions regarding pension plans and other retirement benefits. Monday - Friday 8 am - 4 pm
- *The Michigan Coordinated Access to Food for the Elderly* (MiCAFE) (877) 664-2233: Project is designed to increase the participation of older adults in the Food Assistance Program, Medicare/Medicaid, utility assistance and tax credits. Monday - Friday 9 am - 3 pm
- [*Michigan Elder Justice Coordinating Council*](#) (MEJCC) (866) 361-5558: Provides support to promote elder justice including resources and coordination efforts as well as direct services such as education, training and outreach.
- [*Pooled Account Trust*](#) (866) 400-9164: An estate planning tool designed to protect eligibility for public assistance programs for clients with significant long term health and financial needs. Pays expenses outside of the basic care provided by government benefits. Membership and monthly fees.

Hours: Monday - Friday 9 am – 5 pm

Fees: No fee.

Fair Housing Center of Southeast and Mid-Michigan

Website: www.fhcmichigan.org

Address: PO Box 7825, Ann Arbor MI 48107 (appointments in downtown Ypsi)

Toll Free: (877) 979-FAIR (3247) leave message

Fax: (734) 340-6598 contact before faxing

Email: info@fhcmichigan.org or complaints@fhcmichigan.org

Services: Investigates complaints of illegal housing discrimination based on federal, state, and local fair housing laws, as well as resolves reasonable accommodation and modification requests for people with disabilities.

Hours: Call to leave message for call back or email info@fhcmichigan.org

Fees: No fee.

Geriatrics Center - Social Work and Community Programs - Advance Directives - Michigan Medicine

Website: www.uofmhealth.org/patient-visitor-guide/advance-directives (multiple languages)

Address: 4260 Plymouth Road, Ann Arbor MI 48105

Phone: (734) 764-2556 appointments

Services: Trained peer volunteers are available by appointment to discuss Durable Power of Attorney for Health Care (DPOA-HC), Living Will, and end of life decisions. Volunteers will assist in completing the DPOA-HC. Appointments required. Open to the public.

Hours: Monday afternoons

Fees: No fee.

Grandfamilies.org

Website: www.grandfamilies.org/

Services: A national legal resource in support of grandfamilies within and outside the child welfare system. Site provides for searches of laws, information on relevant topics, links to resources and downloadable publications which include checklists, tools and tip sheets.

Fees: No fee.

H.E.L.P. (Helping the Elderly Live Productively) - Forms & Tools

Website: www.help4srs.org/forms-tools/

Services: Provides information geared toward California seniors; however TSWP attendees have found helpful information here. Of special interest are the checklists "[When A Person / Someone Dies](#)" and "[When Your Spouse Dies](#)."

Hours: 24 Hours

Fees: No fee.

Legal Services of South Central Michigan (LSSCM)

Website: www.lsscm.org

Address: 15 S. Washington Street, Ypsilanti MI 48197

Phone: (734) 665-6181

Toll Free: (866) 665-6181

Fax: (734) 665-2974

Services: Free legal assistance to low-income adults 60+ who are financially eligible. Offers services in the following areas: housing, family law, public benefits (Social Security, Medicare, Medicaid, SSI, etc.), power of attorney, guardianship, simple wills, nursing home issues, consumer issues. Cannot accept fee-generating civil or criminal cases. Arrangements for special accommodations are available.

- **Family Law Project** (Washtenaw County Domestic Violence cases only)

Phone: (734) 998-9454

Fax: (734) 998-9125

Hours: Monday - Friday 9 am – 5 pm

Fees: No fee.

Livanta (formerly *KEPRO*) - Medicare Quality Improvement Organization - Michigan

Website: livantaqio.com/en/states/michigan livantaqio.com/en (multiple languages)

Toll Free: 24 Hours-(888) 524-9900

TTY Toll Free: (888) 985-8775

Fax Toll Free: (855) 236-2423

Contact agencies directly for current hours / services.

Services: Hotline for Michigan Medicare beneficiaries to inquire about patient rights under Medicare, premature discharges from hospitals, ending of Medicare-covered care, the Medicare appeals process and other quality of care issues. Facilities covered include hospitals, outpatient rehab facilities, skilled nursing homes, home health agencies, and hospice. Smartphone app available.

Hours: Weekdays 9 am – 5 pm

Fees: No fee.

Low Income Taxpayer Clinic (LITC) - University of Michigan Law School

Website: www.law.umich.edu/clinical/litc/

Address: 701 S. State Street, Ann Arbor MI 4810

Phone: (734) 936-3535

Services: Helps low-income taxpayers with various issues -- IRS notices, liens and levies, innocent/injured spouse relief, tax audits and more -- when the amount in dispute is \$50,000 or less per tax year.

Hours: Varies; call for information

Fees: Charged only for expenses incurred.

MI-Resolve

Website: cii2.courtinnovations.com/MIWDRC

Phone: (734) 794-2125 (Dispute Resolution Center)

Email: thedrc@washtenaw.org

Services: Online site provides a free, quick and easy means of resolving disputes that are typically filed as a small claims or landlord/tenant case in the district court. Can use with or without the help of a mediator. Available from computers or mobile devices.

Hours: 24 Hours

Fees: No fee.

Michigan Law Outlaws

Website: www.jimtoycenter.org/outlaw

Phone: (734) 419-9733 voicemail

Email: outlawlegal@gmail.com

Online Live Chat: Yes

Services: Works to increase access to justice for LGBTQ community members. Provides free legal name change support, educational panels, self-representation kits, and attorney referral assistance for the LGBTQ community.

Hours: Call for information.

Fees: No fees.

Michigan Legal Help

Website: michiganlegalhelp.org (also Español)

Services: For people who are handling legal problems without a lawyer. Learn about legal problems and get ready for court. There are many Do-It-Yourself tools to help create court forms. This website does not give legal advice, and it is not a substitute for having a lawyer.

Hours: 24 Hours

Fees: No fee.

Public Benefits Advocacy Project - University of Michigan Law School

Phone: (734) 274-9358

Email: pbapboard@umich.edu

Services: Under the supervision of attorneys from Legal Services of South Central Michigan, UM Law School students hold weekly office hours to help clients navigate the public benefits system by helping with online applications for these public benefits: cash assistance, SNAP (food stamps), Medicaid.

Hours: By phone or mail.

Fees: No fee.

SafeHouse Center - Legal Advocacy Services

Website: www.safehousecenter.org/LegalAdvocacyServices (also Español)

Address: 4100 Clark Road, Ann Arbor MI 48105

Phone: (734) 973-0242 Business line

24-Hour Crisis Line: (734) 995-5444 24 Hours

TTY: (734) 973-2227

Email: info@safehousecenter.org

Services: Provides informational and emotional support to survivors of domestic violence and sexual assault as they engage with the criminal or civil legal system. Uses **Language Line**, for non-English speakers to have a conversation with SafeHouse staff through a confidential interpreter. An advocate may be available to meet for personal protection orders (PPO) at the Washtenaw County Court House -- call (734) 222-3381 for an appointment.

Hours: Monday - Friday 9 am - 5 pm Lobby

Fees: No fee.

Washtenaw Bar Association - Lawyer Referral and Information Service (LRIS)

Website: www.washbar.org/lawyer-referral

Address: 101 E. Huron Street, Suite 1111, Ann Arbor MI 48104

Phone: (734) 996-3229 Referrals

Fax: (734) 663-2430

Services: Client receives one attorney's name and phone number based on area of law needed, and up to 30 minutes of consultation with that attorney. Also offers the family law **Modest Means Program** where legal services are available for \$75 per hour to those of moderate means, according to federal income guidelines. Español services available.

Hours: Monday – Friday 9 am – 5 pm

Fees: \$30 per referral.

Washtenaw County / Eastern Michigan University - Legal Resource Center

Website: www.emich.edu/engage/community/legal-resource-center/

Address: 101 E. Huron, First Floor, Washtenaw County Courthouse, Ann Arbor MI 48107

Currently remote only via phone.

Phone: (734) 994-0160

Email: emu_lrc@emich.edu

Services: Legal self-help center. Staff helps people in Washtenaw County locate and complete forms for civil and domestic issues such as divorce, personal protection orders, small claims, landlord-tenant disputes, probate, guardianship, conservatorship, etc. Students from EMU's Paralegal Studies Program give information on legal procedures. No legal advice provided..

Hours: Tuesday - Thursday 9 am - 4 pm during academic calendar

Fees: No fee. Printing fees assessed for those who can pay.

Contact agencies directly for current hours / services.

Washtenaw County - Prosecuting Attorney's Office - Victim / Witness Services

Website: www.washtenaw.org/1107/Victim-Witness-Services (multiple languages)

Address: 200 N. Main Street, Suite 300, Ann Arbor MI 48104

Phone: (734) 222-6650

Services: Advocates work with victims of felonies, misdemeanors and juvenile crimes. Help navigate the courts system; help with the return of personal property; provide information and assistance with filing applications for victim compensation or restitution; provide information and referral for community services; and act as liaison between the victim and other criminal justice agencies.

Hours: Call for hours.

Fees: No fee.

MEALS - rev Oct 2023

*All specific days / hours information have been replaced with the generic phrase
"Visit the website or call for current days / hours."*

Ann Arbor Meals on Wheels - Michigan Medicine

Website: www.med.umich.edu/services/meals-on-wheels

Address: 3621 S. State Street, Suite 650, Ann Arbor MI 48108

Phone: (734) 998-6686

Email: aamealsonwheels@umich.edu

Services: Provides meals to older adults or individuals with disabilities who are homebound or unable to shop and prepare complete nutritious meals. Clients are served regardless of age or financial status and must be a resident of the Ann Arbor service area. There are options for standard or vegetarian entrées, Asian, and liquid meals and for hot meals or sack meals.

Hours: Visit website or call for current days / hours.

Fees: \$5 per day suggested donation.

Bountiful Pantries - University of Michigan

Website: readymag.website/u4276046255/bountiful-pantries/

Email: bountifulpantries@umich.edu

Services: 24/7 access to pantries housing donated food and hygiene products in Washtenaw County

* Ibrahim Mosque, 315 S. Ford Blvd., Ypsilanti MI 48198

* Northside Presbyterian, 1679 Broadway Street, Ann Arbor MI 48105

Hours: 24 Hours

Fees: No fee

Chelsea Senior Center - Senior Nutrition Program - Senior Cafe & Meals on Wheels

Website: chelseaseniors.org/programs-activities/senior-nutrition-program/

Address: 512 Washington Street, Chelsea MI 48118

Phone: (734) 475-9242

Email: connected@chelseaseniors.org

Services: Lunch available; 24 hour reservation required for Senior Cafe. Check webpage for lunch menu. Also provides Meals on Wheels for the home-bound who live in Chelsea & Manchester area (Washtenaw County)-

Hours: Visit website or call for current days / hours.

Fees: 60+: \$3.00 suggested donation; others \$5.00 for Senior Cafe; Meals on Wheels are free.

Community Action Network - Washtenaw County Resources: Food and Meals

Website: www.canfamilies.org/food-and-meals

Phone: (734) 994-2985

Email: info@canwashtenaw.org

Fax Toll Free: (888) 343-4454

Services: Lists select locations in Washtenaw County which offer food and/or meals along with state resources. Not specific to seniors.

Hours: 24 Hour access to Resources list. Call for office hours.

Fees: May be minimal fee for hot meals at senior centers.

Dexter Senior Center - Senior Nutrition Program

Website: www.dexterseniors.org/meals/ dexterseniors.org/meals-on-wheels/

Address: 7720 Ann Arbor Street, Dexter MI 48130

NOTE: Moving to temporary space end of March/April 2024 until mid/end of 2025.

Phone: (734) 426-7737 main; (734) 253-2370 meals

Services: Lunch served to people 60+. A 48 hour advance registration is required. Provides Meals on Wheels for Dexter School District and Scio Farms; must be homebound, 60+ and unable to prepare meals.

Hours: Visit website or call for current days / hours.

Fees: 60+: \$3.00 suggested donation for lunch or Meals on Wheels; others \$5.50 lunch

Faith in Action (FIA) - Chelsea & Dexter - Food Pantry

Website: www.faithinaction1.org

Address: 603 S Main, Chelsea MI 48118

7651 Dan Hoey Road, Community Building C
Dexter MI 48130

Phone: (734) 475-3305

(734) 426-7002

Services: Food pantry for residents of Chelsea and Dexter school districts plus Scio Farms Estates or Grass Lake. Provides Thanksgiving food baskets and a Christmas Day Meal.

Hours: Visit website or call for current days / hours.

Fees: Some services free; others are based on household income and residency.

FedUp Ministries

Website: fedupministries.org

Address: Located in Zion Lutheran Church, 1501 W. Liberty Street, Ann Arbor MI 48103

Services: Has food trucks at three locations in Washtenaw County each week. Provides food (with gluten-free & vegetarian options) to communities that are food insecure and economically exploited. A ministry of the Evangelical Lutheran Church in America (ELCA) and the Southeast Michigan Synod, ELCA in partnership with Zion Lutheran Church, Ann Arbor. Community and faith-based partners are listed [here](#). Check for updates on meal & food distribution locations and times.

Email: info@fedupministries.org

Hours: Tuesdays 11 am - 1 pm Zion Lutheran Church, 1501 W Liberty Street, Ann Arbor 48103

Check website or call for other locations and times..

Fees: No fee.

Focus: HOPE Food Distribution

Address: Pittsfield Senior Center, 701 W. Ellsworth Road, Ann Arbor MI 48104 - parking lot
Turner Senior Resource Center, 2401 Plymouth Road, Ann Arbor MI 48105

Phone: (313) 494-4600 Focus: HOPE

Services: Free Supplemental Food Program Food Packages contain: milk, pasta/grains, cereal, protein, meat, vegetables/soup, fruits/juice and cheese. Income limitations: single seniors with annual income of \$18,954; or a two senior family with annual income of \$25,636. If income is slightly over, Focus: HOPE may be able to help. Please bring identification, proof of age, proof of residency, and household size.

Hours: Pittsfield Senior Center - Second Thursday 11-11:30 am
Turner Senior Resource Center - day of month & time TBD

Fee: No fee.

Hope Clinic - Food Programs

Website: thehopeclinic.org/get-food

Address: 518 Harriet Street, Ypsilanti MI 48197

Phone: (734) 484-2989 pantry appointments

Email: info@thehopeclinic.org

Services: Provides meals and food on an emergency and ongoing basis.

Hours: Meals (carryout): Daily except Wednesdays 5 - 6 pm

Emergency Food bag: Monday - Friday 9 am - 5 pm in front office

Food Pantry: Tuesday - Wednesday & Friday - Saturday By appointment

Fresh Produce (Farm Stand, 454 Harriet Street): Monday, Wednesday & Friday 4 - 6 pm
By appointment or during Food Pantry appointment

Walk up groceries (no dairy, meat or personal items) - Farm Stand at 454 Harriet Street:
Monday 9:30 am - 12 pm; Thursday 12:30 am - 3 pm; Saturday 11 am - 12:30 pm

Grocery delivery Wednesday or Friday 1 - 4 pm By reservation
call Monday - Thursday 9 am - 4 pm by the day before

Fees: No fee.

Jewish Community Center of Greater Ann Arbor - Lunch Cafe

Website: jccannarbor.org/adult-services

Address: 2935 Birch Hollow Drive, Ann Arbor MI 48108

Phone: (734) 971-0990

Fax: (734) 677-0109

Email: jcc@jccannarbor.org

Services: Light, dairy- (meat-free) & nut- free lunch open to all; must register 24 hours before.

Hours: Visit website or call for current days / hours.

Fees: 60+ \$3.00 suggested donation; others \$5.50.

Manchester Area Senior Citizens Council, Inc.

Facebook: www.facebook.com/people/Manchester-Area-Senior-Citizens/100090670113443/

Address: 410 City Road, Manchester MI 48158

meals at Emanuel United Church of Christ, 324 W. Main Street, Manchester MI 48158

Phone: Meals / Transportation (734) 385-6308

Contact agencies directly for current hours / services.

Services: Serves Manchester, Sharon, Bridgewater, and Freedom Townships. Carry-out and dine-in meals twice a week; available without reservations. Call to reserve deliveries or transportation to meals.

Hours: Visit Facebook page or call for current days / hours.

Fees: 55+ \$4.00 suggested donation; under 55, \$4.50.

Manchester Meals on Wheels (via Chelsea Senior Center)

Website: chelseaseniors.org/programs-activities/senior-nutrition-program/

Address: 512 E. Washington Street, Chelsea MI 48118

Phone: (734) 475-9242

Email: connected@chelseaseniors.org

Services: Meals provided through the Chelsea Senior Center for seniors 60+ that are unable to prepare their own meals.

Hours: Visit website or call for current days / hours.

Fees: 60+: \$3.00 suggested donation; others \$5.00.

Manchester Senior Cafe

Address: Manchester United Methodist Church, 501 Ann Arbor Street, Manchester MI 48158

Phone: (517) 262-7828

Services: Lunch twice a week - Tuesdays & Thursdays. Call 2-7 days ahead to reserve a meal.

Fees: 60+ free; \$3.00 donation suggested. Under 60 cost is \$3.50

Milan Seniors for Healthy Living - Senior Cafe & Meals on Wheels

Website: milanseniors.org/nutrition/

Address: 45 Neckel Court, Milan MI 48160

Phone: (734) 508-6229

Fax: (734) 439-4315

Email: mshl@milanseniors.org

Services: Lunch served and for those 60+; reserve 48 hours in advance. Meals on Wheels is also for those 60+ and homebound. Hot lunch plus optional second cold meal. Registration and verified homebound status required.

Hours: Visit website or call for current days / hours.

Fees: 60+: \$3.00 suggested donation.

Northfield Township Community & Senior Center - Senior Nutrition Program

Website: www.twp-northfield.org/community_visitors/senior_center/ongoing_services.php

Address: 8350 Main Street, Whitmore Lake MI 48189

Phone: (734) 449-2295

Fax: (734) 449-0123

Services: Senior Cafe meals provided; reservations required one week in advance. Meals on Wheels delivers meals with liquid dietary supplement available.

Hours: Visit website or call for current days / hours.

Fees: 60+ \$3.00 suggested donation; others \$5.50.

Saline Area Senior Center - Meals on Wheels (MOW)

Website: www.salineseniors.org/meals-on-wheels

Address: 7190 N. Maple, Saline MI 48176

Phone: (734) 429-9274 ext. 110

Fax: (734) 429-1079

Contact agencies directly for current hours / services.

Services: Provides Meals on Wheels services, in cooperation with EHM Senior Solutions, to homebound individuals of any age. A physician's form, available [online](#) or at the Senior Center, must be completed. No meals served on select holidays.

Hours: Visit website or call for current days / hours.

Fees: Ages 60+ suggested donations -- \$3.00 hot meal and/or \$1.00 sack meal--Monthly invoices sent via mail.

Turner Senior Wellness Program - Senior Nutrition Program - Michigan Medicine

Website: michmed.org/tswp

Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

Phone: (734) 998-9353

Fax: (734) 998-9340

Email: tswp.info@umich.edu

Services: Serves a hot lunch; call to register 2 days in advance.

Hours: Tuesdays & Fridays 12 pm.

Fees: 65+ \$3.00 suggested donation; others, \$5.50.

Washtenaw County Senior Café Programs

Website: www.washtenaw.org/snp

Address:

- Dexter Senior Center - 7720 Ann Arbor Street, Dexter MI 48130 - (734) 426-7737
- Chelsea Senior Center - 512 E. Washington Street, Chelsea MI 48118 (734) 475-9242
- Jewish Community Center - 2935 Birch Hollow Drive, Ann Arbor MI 48107 (734) 971-0990
- Lurie Terrace - 600 W. Huron Street, Ann Arbor MI 48103 (734) 665-0695
- Manchester Area Senior Citizens Council @ Manchester United Methodist Church
 - 501 Ann Arbor Street, Manchester MI 48158 - (517) 262-7828
- Northfield Township Community Center - 9101 N. Main Street, Whitmore Lake MI 48198
 - (734) 449-2295
- Turner Senior Wellness Program - 2401 Plymouth Road, Ann Arbor MI 48105
 - (734) 998-9353
- Ypsilanti Senior Center - 1015 Congress Street, Ypsilanti MI 48197 (734) 483-5014
- Ypsilanti Township Community Center - 2025 Clark Road, Ypsilanti MI 48198 (734) 544-3800

Phone: (734) 787-0754 Program office

Services: Meals in a congregate setting at least once a week. Call site for more information.

Hours: Call individual locations for days and hours.

Fees: 60+ suggested donation \$3.00-\$5.50; guests under 60 cost \$5.50 - call site for specifics

Ypsilanti Meals on Wheels (YMOW)

Website: www.ymow.org

Address: 1110 W Cross Street, Ypsilanti MI 48197

Phone: (734) 487-9669

Fax: (734) 217-4482

Email: info@ymow.org

Services: Hot lunch and cold dinner are offered to eligible homebound individuals regardless of age or financial status. Meals are low in salt and fat and are appropriate for diabetics. A Vegetarian option is available. Meals delivered on Thanksgiving, Christmas and New Years days; frozen meals

Contact agencies directly for current hours / services.

delivered in advance of Memorial Day, Fourth of July, Labor Day and the day after Thanksgiving. Six shelf-stable meals are delivered each year for use in an emergency. Fresh produce may be provided in addition to meals. Serves Eastern Washtenaw County.

- **Personal Care Pantry** — provides non-food essentials such as personal grooming items, medical equipment and incontinence products up to two times per week.
- **Pets Assisting the Lives of Seniors (P.A.L.S.)** — in partnership with the Humane Society of Huron Valley and MOW America's We Love Pets — food, treats and cat litter are delivered monthly.
- **Starbucks Bistro Paks** — Breakfast sandwiches, pastries, hard-boiled eggs, fruit, cheese, etc. are donated and delivered three times per week.

Hours: Visit website or call for current days / hours.

Fees: \$3.00 suggested donation; billed monthly.

Ypsilanti (City of) Senior/Community Center - Lunch Program

Website: yphiseniorcenter.org/activities/

Address: 1015 N. Congress, Ypsilanti MI 48197

Phone: (734) 483-5014

Fax: (734) 480-0380

Services: Lunch is served daily. Alternatively, pick up a week's worth of lunches. Sign-up required.

Hours: Call for current days / hours and fees.

Fees: 60+: \$3.00 suggested donation; others, \$5.50

Ypsilanti Township Community Center - 50 & Beyond Program

Website: ypsitownship.org/departments/recreation_parks/50_beyond_program.php

Address: 2025 E. Clark Road, Ypsilanti MI 48198

Phone: (734) 544-3800

Email: ytrd.info@ypsitownship.org

Services: Lunch is served to persons 60+. Call 1 week in advance for a reservation.

Hours: Visit website or call for current days / hours.

Fees: 60+: \$3.00 suggested donation.

PHYSICAL FITNESS - rev May 2024

*Specific hours have been replaced with the generic phrase
“Visit website or call for current offerings & hours.”*

Ann Arbor Public Schools - Community Education & Recreation

Website: www.a2schools.org/reced

Address: 1515 S. Seventh Street, Ann Arbor MI 48103

Phone: (734) 994-2300 x 1

Activities: [Individual activities and team sports](#) — in-person, online or hybrid include

- Abs & core for a strong back
- Baseball and softball
- Basketball and kickball
- Cardio barre
- Cardio dance & pilates
- Fencing
- First swing golf
- GROOVE movement
- Hiit Fit
- Kickball
- Self defense (co-ed)
- Strength training (women’s and co-ed)
- Volleyball and sand volleyball
- Weight training
- Yoga — including Iyengar chair, flow style, hatha, therapeutic, & healthy back
- Yoga Pilates
- Yogilates
- Zumba

Hours: Visit website or call for current offerings & hours.

Fees: Varies according to program. Scholarships are available to district residents who meet specific low-income guidelines. Seniors 65+ discount available for one class per session via mail or drop off registration.

Ann Arbor Senior Center, Burns Park - Ann Arbor - Parks & Recreation

Website: www.a2gov.org/senior

Address: 1320 Baldwin Avenue, Ann Arbor MI 48104

Phone: (734) 794-6250

Activities: Programs and services promote fitness and activity, reduce the risk of adverse health events, and provide recreational and cultural activities that can improve physical stamina and maintain cognitive functioning. Free to members.

- Dance
- Strength training
- Tai Chi
- Yoga

Hours: Visit website or call for current offerings & hours.

Fees: \$25 single, \$35 family membership fee.

Ann Arbor YMCA

Website: www.annarborymca.org

Address: 400 W. Washington, Ann Arbor MI 48103

Phone: (734) 996-9622

Activities: Promotes healthy living through facilities and programs that build healthy spirit mind and body. Offers in-person and virtual exercise opportunities.

- Exercise equipment, gymnasium, indoor track, swimming pools (lap & warm-water)
- Aerobics
- Arthritis warm water exercise
- Balance
- Basketball league
- Body core
- Conditioning and stretching
- Cycling — indoor and outdoor
- Dance classes
- Kettlebell
- Martial arts — Cardio karate
- Personal training
- Pickleball
- Pilates
- Self-myofascial release
- Senior fitness
- Stretch & toning classes
- Tai Chi
- TRX
- Swimming
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.

Fees: Depends on activity. Senior and senior couple monthly membership fee; scholarships available. Non-members pay higher class fees.

Chelsea Wellness Center

Website: www.chelseawellness.org

Address: 14800 E. Old U.S.12, Chelsea MI 48118

Phone: (734) 214-0220

Activities: Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs, and virtual programming. Members also have access to Dexter and Manchester Wellness Centers.

- Exercise equipment, grab & go cafe, therapy and lap pools
- Aerobics
- Aqua cardio and core
- Arthritis warm water classes
- Barre
- Core
- Cycling / Spinning
- Dance
- HIIT
- Kickboxing
- Medical fitness programs
- Personal training
- Pickleball
- Pilates
- Tai Chi
- Yoga, including chair
- Zumba, including chair

Hours: Visit website or call for current offerings & hours.

Fees: Membership fee includes some classes; call for services fee. Senior membership fee. Scholarships available. Non-members pay higher class fee.

Chelsea Senior Center

Website: www.chelseaseniors.org

Address: Washington Street Education Center, 512 E. Washington Street, Chelsea MI 48118

Phone: (734) 475-9242

Email: connected@chelseaseniors.org

Activities: Enhances the quality of life and well being of area seniors. Members also have access to the Dexter Wellness Center.

- Dance
- Drumming
- Enhance fitness
- Fitness, standing and seated
- Pickleball
- Tai Chi, senior
- Walking

Hours: Visit website or call for current offerings & hours.

Fees: Free with annual membership dues. Scholarships available.

Dexter Wellness Center

Website: www.dexterwellness.org

Address: 2810 Baker Road, Dexter MI 48130

Phone: (734) 580-2500

Activities: Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs. Members also have access to the Chelsea Wellness Center. Some classes offered virtually.

- Gymnasium, swimming pools (lap & warm-water), cafe
- Aerobics
- Barre
- Cycling
- Dance
- Personal training
- Pilates
- Strength & conditioning
- Tai Chi
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.

Fees: Senior membership fees; non-members pay more for classes; scholarships available.

Jewish Community Center of Greater Ann Arbor

Website: www.jccannarbor.org

Address: 2935 Birch Hollow Drive, Ann Arbor MI 48108

Phone: (734) 971-0990 Ext. 140

Fax: (734) 677-0109

Email: jcc@jccannarbor.org

Activities: Offered to include health and fitness as part of your day.

- Tai Chi for seniors
- Yoga and meditation
- Zumba

Hours: Visit website or call for current offerings & hours.

Fees: Senior membership fees.

Manchester Area Senior Citizens Council, Inc.

Facebook: www.facebook.com/groups/manchesterseniors/about/ (private group)

Address: 410 City Road, (PO BOX 31) Manchester MI 48158

Phone: (734) 385-6308

Activities: Call for current offerings.

Hours: Visit website, if member, or call for current hours.

Fees: Call for rates; some programs free.

Manchester Wellness Center

Website: sites.google.com/mcs.k12.mi.us/manchesterwellnesscenter

Address: 710 E. Main Street, Manchester MI 48158

Phone: (734) 428-9960

Activities: Offers free fitness assessment with membership, personalized exercise plans, group exercise classes, personal training and specialty programs.

- Abs 'n stretching

- Cardio equipment
- Cycling & stretch
- Functional fitness
- Personal training
- Strength equipment
- Weights
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.

Fees: Senior membership fees; Silver Sneakers membership.

Michigan Medicine - Adaptive Sports & Fitness

Website: www.umadaptivesports.com/

Email: asfoffice@umich.edu

Services:

- Wheelchair basketball drop-in games
- Provides link to virtual program "[Staying Fit While Staying Put](#)"

Hours: Call for current offerings & hours.

Fees: No fee.

Milan Seniors for Healthy Living

Website milanseniors.org/activity-center/

Address: 45 Neckel Court Milan MI 48160

Phone: (734) 508-6229

Fax: (734) 439-4315

Email: mshl@milanseniors.org

Activities:

- Cardio drumming
- Exercise Room
- Enhance Fitness
- Seated fitness
- Yoga, chair

Hours: Visit website or call for current offerings & hours.

Fees: Depends on activity. Membership dues.

Pittsfield Township Senior Center

Website: www.pittsfield-mi.gov/AdultSenior-Programs

Address: 701 W. Ellsworth Road, Ann Arbor, MI 48108 by appt. only

Phone: Office (734) 822-2120

Email: seniors@pittsfield-mi.gov

Activities:

- Dancing — Ballroom, Line and Tap
- Cardio Drumming
- Morning Exercises
- Tai Chi
- Walking indoors

Hours: Visit website or call for current offerings & hours.

Fees: Resident/Non-Resident fees. Some free programs.

Saline Area Senior Center

Website: www.salineseniors.org

Address: 7190 N. Maple Road, Saline MI 48176

Phone: (734) 429-9274

Fax: (734) 429-1079

Activities:

- Balance
- Drumming
- Hula Hooping
- Pickleball
- Pilates
- Ping pong
- Strength
- Tai Chi
- Walking
- Yoga - adaptive hatha and chair
- Zumba, chair

Hours: Visit website or call for current offerings & hours.

Fees: Fitness Membership available monthly or yearly; dues vary depending on age and residency.

Saline Rec Center

Website: www.cityofsaline.org/rec_center/

Address: 1866 Woodland Drive, Saline MI 48176

Phone: (734) 429-3502

Fax: (734) 429-5208

Activities:

- Aerobics
- Aqua Zumba
- Barre
- Basketball
- Cardio drumming
- Cycling
- Dance
- Fitness
- Jujitsu
- Personal training
- Pilates
- Racquetball
- Soccer leagues
- Softball leagues
- Swimming
- Tennis programs & courts
- Volleyball - Indoor and sand leagues & courts
- Water Aerobics

- Weights
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.

Fees: Reduced rates for Seniors / Senior Family payable monthly (facility use only), by 12-month contract or pre-paid annually. (Contract and pre-paid rates include facility use and land fitness classes with discounts for other classes and programs, including drop-in fees).

Silver Sneakers

Website: www.silversneakers.com

Services: Check facilities by zip code. Check eligibility for a health and fitness program designed for those 65+ which is included with many Medicare plans. Requires an email address to check eligibility. Live online and on-demand classes include:

- Balance
- BOOM Mind - mix of yoga, pilates & barre
- Cardio (some in English & en Español)
- Circuit - upper body strength & low-impact cardio
- Classic - fall prevention, strength & endurance
- Dancing, line
- Fall prevention
- Flexibility / mobility
- Mindfulness and meditation
- Pilates
- Strength training
- Stretching
- Tai Chi
- Walking
- Yoga
- Zumba

Hours: Visit website for current offerings & hours.

Fees: Free or low-cost with Medicare.

Turner Senior Wellness Program - Michigan Medicine

Website: michmed.org/tswp

Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

Phone: (734) 998-9353

Fax: (734) 998-9340

Activities: Note: Some classes offered hybrid or virtually.

- Aerobic / Strength / Balance
- Flexibility through stretching
- Movement Medicine - chair dance
- Posture-Balance-Strength
- Tai Chi
- Yoga
- Walking in place

Hours: Visit website or call for current hours.

Fees: Depends on activity. No membership dues.

University Of Michigan. School of Kinesiology. Community Programs - Lifetime Fitness

Website: www.kines.umich.edu/community-programs/lifetime-fitness

Address: Briarwood Mall, JCPenney wing

Phone: (734) 764-1342

Fax: (734) 647-6375

Email: kinesiologycommunityprograms@umich.edu

Activities: Liability waiver required.

- Chair aerobics
- Strength, stretch & balance
- Zumba

Hours: Visit website or call for current offerings and hours.

Fees: No fee. Donations accepted.

Washtenaw Community College - The Health & Fitness Center

Website: www.wccfitness.org

Address: 4833 E. Huron River Drive, Ann Arbor MI 48105

Phone: (734) 975-9950

Activities:

- Aquatics
- Balance
- Barre
- Cardio
- Cardio / Strength
- Cardio Dance
- Cycling
- Flexibility
- Massage therapy
- Meditation
- Mobility
- [MyFitRx™ Pathways](#) - requires doctor's Rx; does not require Health & Fitness Center membership but offers discounts for members. Fee for 8-week session including customized fitness plan & assessment. Areas of focus: medical fitness: cancer, cardiac, cognitive health, diabetes, fitness for surgery, functional fitness, orthopedic, pulmonary, transitional care, weight management
- Move Virtual Fitness Classes
- Nutrition counseling
- Parkinson's exercise
- Personal trainer
- Pilates
- Remote Health Fitness Coaching
- Sit 'n Fit using chair or stability ball
- Strength
- Stepping
- Stretching
- Tai Chi
- Yoga

- Swimming
- VOLT Guided Fitness
- Zumba

Hours: Visit website or call for current offerings & hours.

Fees: Varies with activity; many free with membership. Senior and senior couple monthly membership dues.

Washtenaw County - Parks & Recreation - Meri Lou Murray Recreation Center

Website: www.washtenaw.org/497/Meri-Lou-Murray-Recreation-Center (multiple languages)

Address: 2960 Washtenaw Avenue, Ann Arbor MI 48104

Phone: (734) 971-6355

Fax: (734) 971-2094

Email: dsk@washtenaw.org (manager on duty)

Activities: Note: Some classes offered outdoors, hybrid or virtually.

- Aerobics
- Aquatics classes
- Badminton
- Basketball
- Cardio Drumming
- Cycling
- Dance, Line.
- Judo
- Pickleball
- Ping Pong
- Pilates
- Swimming
- Tai Chi
- Volleyball
- Walking / jogging track
- Weights
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.

Fees: Depends on activity. Senior rates available for day passes and membership dues.

Ypsilanti Senior / Community Center

Website: ypsiseniorcenter.org

Address: 1015 N. Congress Street, Ypsilanti MI 48197

Phone: (734) 483-5014

Fax: (734) 480-0380

Email: info@ypsiseniorcenter.org

Activities: Exercise classes offered in cooperation with Washtenaw Community College. Note: Some classes offered hybrid or virtually

- Ball exercise
- Chair exercise
- Fitness
- Line dance

Contact agencies directly for current hours / services.

- Tai Chi
- Yoga

Hours: Check online calendar or newsletter; or call for current offerings & hours.

Fees: No fee. No membership dues.

Ypsilanti Township - Recreation and Parks - 50 & Beyond

Website: ypsitownship.org/50-beyond-programs

Address: 2025 E. Clark Road, Ypsilanti MI 48198

Phone: (734) 544-3800

Email: ytrd.info@ypsitownship.org

Activities:

- Dance — Line, Tap
- Enhance fitness
- Exercise bikes
- Fall prevention
- Lifetime fitness
- Pickleball
- Racketball
- Strength training
- Tai Chi
- T.O.P.S
- Treadmill
- Pickleball
- Walking indoors
- Yoga
- Zumba

Hours: Visit website or call for current offerings & hours.

Fees: Depends on activity; higher non-resident fee. Membership dues for residents, resident households, non-residents and non-resident households. Complimentary membership for ages 90+.

SENIOR CENTERS - rev May 2024

*All specific open hours replaced with the generic phrase
"Visit website or call for current hours."*

Ann Arbor Community Center

Website: annarbor-communitycenter.org/services-seniors/

Address: 625 N. Main Street, Ann Arbor MI 48104

Phone: (734) 662-3128

Hours: Visit website or call for current hours.

Ann Arbor Senior Center, Burns Park

Website: www.a2gov.org/senior

Address: 1320 Baldwin Avenue, Ann Arbor MI 48104

Phone: (734) 794-6250

Hours: Visit website or call for current hours.

Chelsea Senior Center

Website: www.chelseaseniors.org

Address: Washington Street Education Center, 512 E. Washington, Chelsea MI 48118

Phone: (734) 475-9242

Email: connected@chelseaseniors.org

Hours: Visit website or call for current hours.

Dexter Senior Center

Website: www.dexterseniors.org

Address: 2810 Baker Road (Wellness Center), Dexter MI 48130

NOTE: Temporary space until mid/end of 2025.

Phone: (734) 426-7737 (734) 253-2370 Meals

Hours: Visit website or call for current hours.

Front Porch - Well Connected (aka Senior Center without Walls) and Well Connected Español -

Website: frontporch.net/connect/well-connected/ frontporch.net/well-connected-espanol/

Toll Free (877) 797-7299

Services: Free telephone and online activities for adults 60+ anywhere in the U.S. Activities are about 30-60 minutes long and led by presenters or facilitators. Offers Español-language programs.

Also offers [Social Call](#), a friendly visitor program with a mission to foster connections between volunteers and older adults throughout the US.

Hours: Call for hours

Fees: No fee.

Jewish Community Center of Greater Ann Arbor

Website: www.jccannarbor.org

Address: 2935 Birch Hollow Drive, Ann Arbor MI 48108

Phone: (734) 971-0990

Fax: (734) 677-0109

Email: jcc@jccannarbor.org

Hours: Visit website or call for current hours.

Lincoln Golden Ages Senior Center

Website: www.lincoln12.org/community-partners/lincoln-golden-ages/

Address: West Entrance of Brick Elementary, 8970 Whittaker Road, Ypsilanti MI 48197

Phone: (734) 483-8366 (734) 484-7000 x 7557

Email: LincolnGoldenAges@lincoln12.org

Hours: Visit website or call for current hours.

Milan Seniors for Healthy Living

Website: www.milanseniors.org

Address: 45 Neckel Court, Milan MI 48160

Phone: (734) 508-6229

Email: mshl@milanseniors.org

Hours: Visit website or call for current hours.

Northfield Township Community & Senior Center

Website: twp-northfield.org/community_visitors/senior_center

Address: 9101 Main Street, Whitmore Lake MI 48189

Phone: (734) 449-2295

Fax: (734) 449-8410

Hours: Visit website or call for current hours.

Pittsfield Township Senior Center

Website: www.pittsfield-mi.gov/AdultSenior-Programs

Address: 701 W. Ellsworth Road, Ann Arbor, MI 48108

Phone: (734) 822-2117

Email: seniors@pittsfield-mi.gov

Hours: Visit website or call for current hours.

Saline Area Senior Center

Website: www.salineseniors.org

Address: 7190 N. Maple Road, Saline MI 48176

Phone: (734) 429-9274

Fax: (734) 429-1079

Hours: Visit website or call for current hours.

South Lyon Center for Active Adults

Website: www.centerforactiveadults.com/ or www.slcs.us/departments/center_for_active_adults

Address: South Lyon High School, Door #32, 1000 N. Lafayette (Pontiac Trail & Eleven Mile Road), South Lyon MI 48178

Phone: (248) 573-8175

Email: centerforactiveadults@slcs.us

Hours: Visit website or call for current hours.

Turner Senior Wellness Program - Michigan Medicine

Website: michmed.org/tswp

Contact agencies directly for current hours / services.

Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

Phone: (734) 998-9353

Email: tswp.info@umich.edu

Hours: Visit website or call for current hours.

Ypsilanti Senior / Community Center

Website: ypsiseniorcenter.org

Address: 1015 N. Congress, Ypsilanti MI 48197

Phone: (734) 483-5014

Email: info@ypsiseniorcenter.org

Hours: Visit website or call for current hours.

Ypsilanti Township - Community Center - 50 & Beyond Programs

Website: [ypsitownship.org/50 & beyond program](http://ypsitownship.org/50_beyond_program)

Address: 2025 E. Clark Road, Ypsilanti MI 48198

Phone: (734) 544-3838

Fax: (734) 544-3888

Hours: Visit website or call for current hours.

SUPPORT GROUPS - rev August 2024

- [Addiction](#)
- [Alzheimer's / Dementia / Memory Loss](#)

- [Amputees](#)
- [Arthritis](#)
- [Cancer](#)
- [Caregivers](#)
- [Diabetes](#)
- [Domestic and Sexual Abuse](#)
- [Grandparents](#)
- [Grief](#)
- [Hearing Loss](#)
- [Heart Disease](#)
- [LGBTQ](#)
- [Low Vision](#)
- [Mental Health](#)
- [Multiple Sclerosis](#)
- [Osteoporosis](#)
- [Parkinson's Disease](#)
- [Pulmonary Disease](#)

National & Michigan Self Help Groups - Michigan Mental Health Networker
www.mhweb.org/miscellany/selfhelp.html#o

ADDICTION

Addiction Recovery Resources in Washtenaw County - Workit Health

Website: www.workithealth.com/blog/addiction-resources-washtenaw-county

Phone: (734) 292-4020

Services: Lists general resources, support groups in the county, online support groups, resources for friends and families of addicts, and addiction treatment.

Hours: 24 Hours

Fees: No fee.

Al-Anon / ACOA

Website: www.afgdistrict5.org al-anon.org (also Español and French)

Services: Program of recovery for family and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help. In-person, telephone, and virtual meetings in Ann Arbor, Chelsea, Saline, Ypsilanti and surrounding communities. Most in English only.

Hours: Varies

Fees: Based on ability to pay.

Alano Club, Washtenaw

Website: washtenawalano.club

Address: 995 N. Maple Road, Ann Arbor MI 48103

Phone: (734) 668-8138

Services: Support groups and services for alcoholics, substance users, or individuals suffering from any addictive habits. Contact for meeting locations, dates and times or click on the [Meeting List](#).

Hours: Daily 8 (Sat/Sun) ,9 (Mon), or 11 (Tue-Fri) am - 9 pm

Fees: No fee.

American Lung Association - Quit Smoking [or Vaping] Hotline

Website: www.lung.org/quit-smoking/ (also en Español)

Toll Free: (800) LUNG-USA (586-4872)

TTY Toll Free: (800) 501-1068

Hours: Monday - Friday 7 am - 9 pm; weekends 9 am - 5 pm

Fees: No fee.

Friends of Little House Recovery Center

Website: folhrc.wixsite.com/

Address: 802 N. River Street, Ypsilanti MI 48198

Email: folhrc@gmail.com

Services: Creates an environment of recovery for alcoholics, addicts and people with addictive personalities. Meeting rooms for 12 Step and recovery oriented programs like Alcoholics Anonymous, Narcotics Anonymous, Gamblers Anonymous, Overeaters Anonymous, and other programs. Has programs for LGBT, men-only, and women-only groups. Closed meetings.

Hours: Call for meeting information.

Fees: No fee.

Gambler's Anonymous

Website: www.gamblersanonymous.org/ga/

Address: Area 9 Intergroup, Gambler Anonymous, c/o Washtenaw Alano Club, 995 N. Maple Rd., Ann Arbor, MI 43103

Toll Free: Michigan Hotline (855) CALL-GA (222-5542)

Services: Website provides links to locate a closed, modified closed or open meeting or to talk with someone nearby and to virtual meetings by state. Also provides a link to the [Gam-Anon](#) page for family or friends which lists virtual meetings by day or time zone. Offers printed materials in English and en Español.

Hours: Varies

Fees: No fee. Varied fees for printed materials.

Greater Ann Arbor Area Intergroup of Overeaters Anonymous

Website: www.a2oa.org oa.org (multiple languages) oavirtualregion.org

Email: chair@a2oa.org

Services: Sponsors open, closed, special focus and special topics meetings in the Ann Arbor area and northwest Ohio in varied formats -- in person, phone, video/virtual, and hybrid. Special meetings for men, women, LGBTQ+ and people of color available in other locations.

Hours: Click on "Meetings" to find local support group meetings.

Fees: No fee

Huron Valley Area Intergroup - Alcoholics Anonymous — Lenawee, Livingston, Oakland, Washtenaw & Wayne Counties

Website: www.hvai.org aa.org (also en Español or French)

Address: The Annex, 2727 Fernwood, Ann Arbor MI 48104

Phone: Office (734) 482-0707

Helpline: (734) 482-5700

Email: office@hval.org

Contact agencies directly for current hours / services.

Services: Support groups to help recovery from alcoholism. Locations and times for meetings — [searchable online](#), indicates whether virtual or in-person. Can limit by city — Ann Arbor, Chelsea, Dexter, Manchester, Milan, Saline, Ypsilanti and surrounding communities. Open to anyone who wants to stop drinking.

Hours: Monday - Friday 1 pm - 6 pm (office)

Fees: No fee.

MI Tobacco Quitlink - Quitline

Website: michigan.quitlogix.org/en-US/ (also en Español)

Toll Free: (800) Quit-Now (784-8669)

Online Chat: Yes

Services: Offers programs to quit nicotine use — tobacco, e-cigarettes, vaping, cigars and chew — via phone, phone + online, or online only. All provide coaching, educational resources, creating and tracking a plan. Requires enrollment in a type of program — phone, online, email or text. Operated by National Jewish Health.

Hours: Varies. Coaches available 24 Hours.

Fees: No fee. Up to 2 weeks of medication free, if eligible.

Nicotine Anonymous (NicA)

Website: nicotine-anonymous.org (multiple languages)

Toll Free: (877) TRY-NICA (879-6422)

Hours: 24 Hours

Services: Offers 12-step fellowship of men and women helping each other live nicotine-free lives. Use “Find Meeting” tab for face-to-face, phone, [video](#), and Internet meetings or pen and email pals.

Fees: No fee. Literature available for various fees.

SMART Recovery® (Self Management and Recovery Training)

Website: www.smartrecovery.org (also en Español)

Services: A mental health and educational program, focused on changing human behavior for any substance or activity addiction. Has forums and meetings in addition to in-person meetings. Use the [SMARTfinder](#) site to search for meetings by zip code. Can limit search results by day of week, type (online, in-person), distance, and tags – family & friends, women, LGBTQ, veterans, or Español. Select videos featured on site; subscription available for newsletters, blog posts, podcasts, videos and invitations to special SMART Recovery events. Mobile app also available.

Hours: Call for hours

Fees: No fee

SmokeFree 60+

Website: 60plus.smokefree.gov women.smokefree.gov espanol.smokefree.gov

Phone: (877) 44U-Quit 448-7848 (National Cancer Institute quitline) (also Español)

Online Live Chat: livehelp.cancer.gov LiveHelp-es.cancer.gov (Español)

Monday - Friday 9 am - 9 pm ET

Services: Provides free, accurate, evidence-based information and professional assistance to help support the immediate and long-term needs of older adults trying to quit smoking or vaping. Offers text messaging 24 Hours. Mobile apps are also available.

Hours: 24 Hours

Fees: No fee.

Washtenaw Area Narcotics Anonymous

Contact agencies directly for current hours / services.

Website: michigan-na.org/washtenaw-area or na.org

Toll Free: Michigan Hotline (800) 230-4085 Detroit Area Hotline (877) 338-1188

Email: washtenaw.na@gmail.com

Services: Click on "Meetings" to find local support group meetings in Ann Arbor, Chelsea, Saline and Ypsilanti and nearby communities. Some meetings are virtual. National website offers the basic text, Narcotics Anonymous. free in streaming and downloadable mp3 audio files in English, Arabic, French (CAN), Greek, Hebrew, Hungarian, Portuguese (Brazil), Russian, Español, and Thai.

Hours: Varies

Fees: No fee. Literature and more available from the National site and [Michigan Service Office](#) for various fees.

ALZHEIMER'S / DEMENTIA / MEMORY LOSS

Alzheimer's Association - Greater Michigan Chapter

Website: www.alz.org/gmc www.alz.org (also in en Español)

Address: Detroit Metro, 25200 Telegraph Road, Suite 100, Southfield MI 48033

Phone: (248) 351-0208

Toll Free: Hotline (800) 272-3900

TTY Toll Free: Hotline (866) 403-3073

Online Live Chat: [Support Groups](#)

Services: Support groups for people with Alzheimer's disease, their family members and care partners at various locations. Check www.communityresourcefinder.org (limit search by delivery method, audience, language) for current locations, times and contact information.

Recent caregiver support group locations in Washtenaw County:

- Brecon Village, 101 Brecon Drive, Saline MI 48176
- Chelsea Retirement Community, 801 W. Middle St, Chelsea MI 48118
- Gilbert Residence, 203 S. Huron Street, Ypsilanti MI 48197
- IHA Senior Health, Towsley Health Building, 5361 McAuley Drive, Ann Arbor 48106
- King of Kings Lutheran Church, 2685 Packard Street, Ann Arbor MI 48104
- Silver Maples, 100 Silver Maples Drive, Chelsea MI 48118 (with respite)

Hours: Hotline available 24 Hours. Detroit Metro office: Monday - Thursday 9 am - 5 pm

Fees: No fee.

Ann Arbor LBD Support Group

Website: www.lbda.org/local-support-groups/?state=MI

Address: MADC, 2101 Commonwealth Blvd., Suite D, Ann Arbor MI 48105

Phone: (734) 615-1715

Services: Monthly support group for both Caregivers of and those Living with Lewy body dementia. Open to members throughout Ann Arbor and surrounding areas. Groups will meet in separate rooms. Afternoon and evening virtual support groups offered by the LBDA are also listed here.

Hours: Fourth Thursday, 2 - 3 pm

Fees: No fee.

Michigan Alzheimer's Disease Center - Catching Your Breath - Wellness Initiative

Website: medresearch.umich.edu/labs-departments/centers/madc/wellness-initiative

Phone: (734) 936-8803

Services: Programs for learning and practicing stress resilience skills for continued health, balance and well-being - for adults with cognitive loss and their care partners. Offered virtually, online and by phone. Registration required for some programs.

Hours: Vary; see schedule on web or call for information.

Fees: No fee for programs.

Michigan LBD (Lewy Body Dementia) Support Groups

Website: medresearch.umich.edu/labs-departments/centers/madc/lbd/

Phone: (734) 764-5137

Services: Click on Support Groups to find current virtual and in-person offerings for caregivers and family members of those diagnosed with LBD. Registration required.

Hours: 2nd Tuesday 2 - 3 pm (Caregivers and those with LBD)

Fees: No fee.

Mitten Minds Support Group

Website: medresearch.umich.edu/labs-departments/centers/madc/wellness-initiative

Email: mamcge@med.umich.edu first time attendees

Services: For individuals with mild cognitive impairment or early-stage dementia. Online registration required for each session.

Hours: Call for hours.

Fees: No fee.

AMPUTEES

Amputee Coalition - Virtual Support Groups

Website: www.amputee-coalition.org/support-groups-peer-support/virtual-support-group-meetings/

Phone: (888) 267-5669 ext. 8124

Email: supportgroups@amputee-coalition.org

Services: Groups for amputees and families and for non-professional caregivers.

Hours: 1st-4th Thursdays 6, 7, 8 or 9 pm for amputees and families

2nd Wednesday 5 pm for non-professional caregivers

3rd Wednesday 6 pm for Black, Indigenous and People of Color (BIPOC)

Fees: No fee.

Michigan Medicine - Orthotics and Prosthetics Center - U-CAN Amputee Support Group

Website: U-CAN-Amputee-Support-Group

Address: 2850 S. Industrial Hwy., Suite 400, Ann Arbor MI 48106

Phone: (734) 975-7432

Services: Support group for amputees and their families. Also meets virtually via Zoom.

Hours: 1st Tuesday 5:30 - 7:30 pm

Fees: No fee. Donations accepted.

ARTHRITIS

Arthritis Foundation - Michigan

Website: www.arthritis.org/local-offices/mi

Toll Free: (800) 283-7800 (national helpline)

Online Live Chat: Yes

Services: Chat groups on a variety of arthritis and related [topics](#) are available via Live Yes! Connect. Must create an account to join a group.

Hours: 24 Hours.

Fees: No fee.

Bone Health & Osteoarthritis Foundation - Ann Arbor Support Group

Website: www.bonehealthandosteoporosis.org/patients/patient-support/bhof-support-groups/

Services: Virtual support groups for osteoarthritis sufferers in addition to select state groups, which does not include Michigan as of November 2024.

Hours: Email for hours

Fees: No fee.

CANCER

Cancer Support Community, Greater Ann Arbor - Support Groups

Website: www.cancersupportannarbor.org/programs/#supportgroups

Address: 2010 Hogback Road, Suite 3, Ann Arbor MI 48105

Phone: (734) 975-2500

Email: info@cancersupportannarbor.org

Services: Programs, education, and weekly/bi-weekly/monthly groups — virtual via Zoom and hybrid, for people affected by cancer. Registration required for weekly support groups. Call for times and dates of specific cancer support groups which are listed online. Some of these include:

- *African American Fellowship*
- *Blood Cancer*
- *Brain Tumor*
- *Breast Cancer*
- *Head & Neck Cancer*
- *Hereditary Colorectal Cancer Peer Group*
- *Life Beyond Cancer Survivorship*
- *Lung Cancer*
- *Metastatic Cancer*
- *Pride Cancer (LGBTQ+)*
- *Prostate Cancer*

Hours: See listing for times.

Fees: No fee.

Michigan Medicine - Rogel Cancer Center - Support Groups

Website: www.rogelcancercenter.org/support

Address: 1500 E. Medical Center Drive, Ann Arbor MI 48109

Toll Free: Cancer Answer Line (800) 865-1125

Email: CancerAnswerLine@med.umich.edu

Services: Groups for people with cancer and their families.

- *Meditation with Cancer - Tuesdays & Thursdays 1-2 pm Zoom*
- *Prostate Cancer - 1st Wednesday 6-7 pm in-person: 2010 Hogback Road, Suite 3, AA 48105*

Hours: Monday - Friday 8 am - 5 pm

Fees: No fee.

CAREGIVERS

Ask at TSWP front desk for handout on “Caregiver Internet Resources”

AgeWays (formerly AAA 1-B) - Trualta - Practical Caregiver Support

Website: www.ageways.org/caregiver-resources/trualta-an-online-learning-and-community-for-family-caregivers/ or ageways.trualta.com/ (also en Español)

Address: 29100 Northwestern Hwy., Suite 400, Southfield MI 48034

Phone: (248) 357-2255 office

Toll Free: (800) 852-7795

TTY Toll Free: (800)-649-3777

Services: On-demand answers for caregiving challenges via online lessons, on-demand videos, toolkits, and articles. Private community chat, webinars and online events, care stories also available. and events. Provided by the Trualta Care Network.

Hours: 8 am - 5 pm office 24 Hours website

Fees: No fee. Registration required for free 1 year subscription.

Arbor Hospice - Resources for Patients and Caregivers

Website: arborhospice.org/resources-for-patients-and-caregivers/

Hospice of Michigan event calendar: www.hom.org/events-calendar/

Address: 2366 Oak Valley Drive, Ann Arbor MI 48103 (home office)

Toll Free: (800) 992-2273 (888) 247-5701 (office)

Services: Support for caregivers through decision-making resources. Its “Grief Journey Program” links to virtual and in person groups for coping with the death of someone close.

Hours: Vary with event — see calendar.

Fees: No fee.

Jewish Family Services of Washtenaw County - CARES (Caregiver Assessment, Respite, Education & Support)

Website: www.jfsannarbor.org/cares/

Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104 (Currently closed due to flood.)

Phone: (734) 769-0209

Email: info@jfsannarbor.org

Services: Monthly small (10 or fewer attendees) virtual support group for adult caregivers provides information and peer support. [Check the website or call](#) for current monthly dates and times.

Registration required.

Hours: Call for hours.

Fees: No fee.

Memory Cafes in Michigan

Website: www.memorycafedirectory.com/memory-cafes-in-michigan/

Phone: (734) 475-9242 Chelsea Senior Center (734) 649-6806 St. Joe's, Ypsilanti
(734) 483-5014 Ypsilanti Senior Center No phone for Saline

Services: Enjoy a dementia-friendly outing with your loved one. Activities and conversation with other caregivers. Locations in Chelsea, Saline and Ypsilanti.

Hours: Call for information

Fees: No fee.

MiGen - Michigan LGBTQ+ Elders Network - Caregiver Support Group

Website: migenconnect.org/

Facebook: www.facebook.com/MiGenConnect

Services: Provides information and programming for LGBTQ+ caregivers or those who care for LGBTQ+ older adults. Complete the Client Application Form - [MiGEN Program Enrollment Form](#) for services. [Caregiving and LGBTQ+ Concerns in Michigan: A Guide for Caregivers \(2017\)](#) is available for download.

Hours: 2ND Wednesday 6 pm - Virtual

Fees: No fee

Milan Seniors for Healthy Living - Caregiver Support Group

Website: milanseniors.org/activity-center/

Address: 45 Neckel Court, Milan MI 48160

Phone: (734) 508-6229

Fax: (734) 439-4315

Services: Serves those caring for a loved one.

Hours: 2nd Tuesday 12:30 pm (Huron Valley Pace, 2940 Ellsworth Road, Ypsilanti, MI 48197)

Fees: No fee

Turner Senior Wellness Program - Michigan Medicine

Website: michmed.org/tswp

Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

Phone: (734) 998-9353

Email: tswp.info@umich.edu

Services: Support groups for those caring for spouses, significant others or relatives.

- **Caring for Aging Relatives:** 2nd Wednesday 6 – 8 pm
- **Caring for Your Mate:** 4th Tuesday 1:30 - 3:30 pm

Hours: Monday - Friday 9 am - 5 pm

Fees: No fee.

Veteran's Administration - Caregiver Support Program

Website: www.caregiver.va.gov/Care_Caregivers

Phone: (734) 222-7101 Support Coordinator

Toll Free: (855) 260-3274 24 Hour

Services: To help anyone who cares for a Veteran. VA's Caregiver Support Line has licensed caring professionals who will explain about assistance available from the VA and help caregivers access services and benefits including peer mentoring and online education. Also provides the Annie Caregiver Text Program for education, motivation or managing stress.

Hours: Monday - Friday 8 am - 4:30 pm

Fees: No fee.

Washtenaw Support Network for Caregivers

Website: michmed.org/washtenawcaregivers

Phone: (734) 998-9352

Email: washtenawcaregivers@umich.edu

Services: Open to anyone who cares for an older adult (60+). Collaboratively provided by Silver Club Memory Programs, Catholic Charities of Washtenaw County (formerly Catholic Social Services), Jewish Family Services of Washtenaw County and Exhale - The Family Caregiver Initiative.

- Caregiver social outings with group transportation
- Educational programs
- Respite care
- Individualized care planning consultations
- Home chore and handyman services
- Paid focus groups.

Hours: Varies

Fees: No fee; paid focus group opportunities

DIABETES

Michigan Medicine - Diabetes Adult Support Groups

Website: www.uofmhealth.org/endocrinology-diabetes-and-metabolism/diabetes-support-groups

Phone: (734) 998-2475 (Type 1) (734) 998-9353 (Type 2)

Email: mend-diabetes@med.umich.edu (Type 1) mend-diabetes@med.umich.edu (Type 2)

Services: Support groups to help adults with diabetes.

- Type 1 Diabetes Adult Support Group - Endocrinology Clinic Lobby, Domino's Farms
- *Type 2 Diabetes Adult Support Group* - Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

Hours: Type 1 - 3rd Tuesday 6:15 - 7:30 pm; Type 2 - 2nd Saturday 9:30 - 11 am

Fees: No fee.

Trinity Health - St. Joseph Mercy Chelsea - Diabetes Share Group

Website:

www.trinityhealthmichigan.org/location/chelsea-hospital-diabetes-education-chelsea-wellness-center

Address: 14800 E. Old US Hwy. 12, Chelsea MI 48118

Phone: (734) 593-5280

Fax: (734) 593-5385

Services: Free support group offered to area residents and their families who have diabetes.

Hours: Call (Monday - Thursday 8 am - 5 pm) for hours and location of support group.

Fees: No fee.

DOMESTIC VIOLENCE and SEXUAL ABUSE

Black Women Support Group

Website: www.safehousecenter.org/domestic-violence/supportgroups/

Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI

Phone: (734) 995-5444 24 Hour Helpline

Email: supportgroups@safehousecenter.org

Services: For black women survivors of sexual assault..

Hours: Wednesdays

Fees: No fee.

Domestic Violence Support Group

Website: www.safehousecenter.org/domestic-violence/supportgroups/

Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI

Phone: (734) 995-5444 24 Hour Helpline

Email: supportgroups@safehousecenter.org

Services: For female survivors of intimate partner domestic violence.

Hours: Thursdays

Fees: No fee.

Equality Michigan

Website: equalitymi.org/

Phone: (313) 537-7000 ext. 3

Services: Provides victim services to LGBTQ+ persons throughout the state who are experiencing bias, violence, harassment, discrimination or hate crimes. (Note: Clickable map does not work as of 12/2024.)

Hours: Monday - Friday 9 am - 5 pm

Fees: No fee.

Family Crisis Center of Washtenaw - Domestic Violence & Sexual Assault

Website: www.familycrisiscenterwashtenaw.org/programs/services (multiple languages)

Address: 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104

Phone: (734) 660-7059 24 Hours

Services: Support meetings

- **Domestic Violence Survivors/Abusers Support Group**
- **Sexual Assault Survivors Support Group**

Hours: Call for information

Fees: Vary; call for information.

Grupo de Apoyo en Español –Esperanza y Empoderamiento (Hope and Empowerment)

Website: www.safehousecenter.org/domestic-violence/supportgroups/

Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI

Phone: (734) 995-5444 24 Hour Helpline

Email: supportgroups@safehousecenter.org

Services: Español-speaking domestic violence / sexual assault support group.

Hours: Call for information.

Fees: No fee.

LGBTQIA+ Support Group

Website: www.safehousecenter.org/domestic-violence/supportgroups/

Address: Corner Health Center, 47 N. Huron Street, Ypsillanti MI 48197

Phone: (734) 995-5444 24 Hour Helpline

Contact agencies directly for current hours / services.

Email: supportgroups@safehousecenter.org

Services: Open to lesbian, bisexual, gay, trans, questioning, and all queer survivors of sexual assault and/or intimate partner violence..

Hours: Tuesdays

Fees: No fee.

Men's Domestic Violence / Sexual Assault Support Group

Website: www.safehousecenter.org/supportgroups/

Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI

Phone: (734) 995-5444 24 Hour Helpline

Email: supportgroups@safehousecenter.org

Services: Domestic violence / sexual assault support group for men.

Hours: Wednesdays

Fees: No fee.

Michigan Coalition to End Domestic and Sexual Violence

Website: mcedsv.org

Phone: (517) 347-7000

Fax: (517) 347-1377

TTY: (517) 381-8470

Toll Free: (866) VOICEDV (864-2338) Domestic Violence Hotline
(855) VOICES4 (864-2374) Sexual Assault Hotline

TTY: (517) 898-5533 Domestic Violence (734) 381-8470 Sexual Violence

Online Live Chat: mcedsv.org/hotline-domestic-violence/hotline-chat/ Domestic Violence
mcedsv.org/hotline/hotline-chat/ Sexual Violence

Text: (877) 861-0222 Domestic Violence (866) 238-1454 Sexual Violence

Hours: 24 Hours for Hotline, TTY, Chat and Text.

Fees: No fee

National Domestic Violence Hotline

Website: www.thehotline.org/

Toll Free: (800) 799-SAFE (7233)

Text: "Start" to 88788

Online Live Chat: Yes

Hours: 24 Hours

Fees: No Fee.

National Sexual Assault Online Hotline from RAINN [en Español](#)

Website: hotline.rainn.org/online

Toll Free: (800) 656-HOPE (4673)

Online Live Chat: Yes

Chatbot: [Iris](#) supplements the hotline and gives factual, not emotional, support.

Mobile app: RAINN app available for Apple & Google devices.

Hours: 24 Hours

Fees: No fee.

Spanish-Speaking Domestic Violence/Sexual Assault Support Group

Website: www.safehousecenter.org/domestic-violence/support-groups/

Phone: (734) 995-5444 24 Hour Helpline

Email: supportgroups@safehousecenter.org

Services: For Spanish- / Español-speaking female survivors of domestic violence and/or sexual assault.

Hours: Wednesdays

Fees: No fee

Women's Sexual Assault Support Group

Website: www.safehousecenter.org/domestic-violence/support-groups/

Address: SafeHouse Center, 4100 Clark Road, Ann Arbor MI

Phone: (734) 995-5444 24 Hour Helpline

Email: info@safehousecenter.org

Services: For female survivors of sexual assault.

Hours: Mondays

Fees: No fee.

GRANDPARENTS

Alienated Grandparents Anonymous (AGA)

Website: www.alienatedgrandparentsanonymous.com/

Services: Focuses on the struggle millions of grandparents have in being part of their grandchildren's lives. Provides support, information, coping skills, and strategies for a hopeful reunification. Helps validate the feelings of those suffering various levels of alienation.

- **Alienated Grandparents Connect** [signup](#) then sign in via GrandparentsAcademy.com.
- [Grandparents Rights and Support](#) - private group on Facebook.

Grandparents Raising Grandchildren (GRG) (formerly GAP) - Catholic Charities of Washtenaw County (formerly Catholic Social Services) - Senior Services Department

Website: ccwcnwashtenaw.org/seniors/grandparents-raising-grandchildren/

Phone: (734) 971-9781 ext. 352

Services: Offers caregiving grandparents/relatives the opportunity to share their experiences, to understand the children's special needs and to learn how and where to seek community resources. The support group meets at various times and locations; call for information.

Hours: Monday - Wednesday 8:30 am – 4:30 pm Office

Fees: No fee.

GRIEF

Family Crisis Center of Washtenaw - Grief/Loss

Website: www.familycrisiscenterwashtenaw.org/programsservices (multiple languages)

Address: 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104

Phone: (734) 660-7059

Services: Grief/loss support meetings.

Hours: Wednesdays; call for information

Fees: Vary; call for information.

GrieveWell

Website: grievewell.com

Address: American Red Cross Bldg., 4624 Packard Street, Ann Arbor MI 48108

Phone: (734) 975-0238

Email: info@grievewell.com

Services: This non-profit offers one-to-one peer counseling, workshops, community events, and online resources -- including podcasts -- for those experiencing grief.

Hours: Vary with service / event

Fees: No fee.

Hospice of Michigan - Grief Programming (formerly Arbor Hospice and others)

Website: www.hom.org/grief-journey-program/

Toll Free: (888) 247-5701 Ann Arbor

Services: Support for those coping with the death of someone close.

- *Loss of an Adult Child - Virtual*
- *Loss of a Parent - Virtual*
- *Grief After Dementia - Caregivers - Virtual*
- *Living On - in person and Virtual*
- *Loss of a Spouse or Partner - Virtual*
- *Men Overcoming Loss - Virtual*

Hours: See calendar www.hom.org/events-calendar/ for dates and times

Fees: No fee.

HEARING LOSS

Hearing Loss Association of America, West Wayne County Chapter

Website: www.hearingloss.org/chapters-state-orgs/find-a-chapter/

Phone: (734) 664-3297

Email: tony.ferack@hearingloss-mi.org

Services: Monthly meetings offer socialization and education. William P. Faust Public Library of Westland (Meeting Room B), 6123 Central City Pkwy., Westland MI 48185

Hours: 2nd Wednesday 6:30-8:30 pm (September - May, except December)

Fees: No fee; optional \$15 annual membership fee for national association.

HEART DISEASE

Michigan Medicine - Frankel Cardiovascular Center

Website: www.umcvc.org/cardiovascular-support-group

Contact agencies directly for current hours / services.

Address: 5th Floor Boardroom (take elevators to 5 then follow signs), 1500 E. Medical Center Drive, Ann Arbor MI 48109

Phone: (734) 232-1559

Services: **Cardiovascular Support Group** offers patients and families affected by cardiac illness a space to learn, share and connect with one another. RSVP not required.

Hours: *Currently on hold as of March 2022.*

Fees: No fee.

Trinity Health Ann Arbor - Cardiac / Heart

Website: www.trinityhealthmichigan.org/health-and-wellness/events-search?q=heart

Address: Trinity Health Heart Auditorium, 5325 Elliott Drive, Ypsilanti MI 48197

Services: Check event calendar for [dates & times](#). Registration needed to participate.

- **Living Well with Heart Failure** - sessions in person and virtual; for patients who have heart failure and their families

Hours: See class schedule.

Fees: No fee.

Trinity Health Michigan – Virtual Stroke Support Group

Website: www.trinityhealthmichigan.org/events-search?q=stroke

Services: For stroke survivors and their caregivers, family and friends. Open to all, not just Trinity patients.

Hours: 4th Wednesday 3 - 4:30 pm

Fees: No fee.

LGBTQ

LGBT National Help Center - Senior Hotline

Website: lgbthotline.org/senior-hotline/

Toll Free: (888) 234-7243

Email: help@LGBThotline.org

Services: Provides telephone and chat peer-support, listening and affirmation about issues including isolation, relationship concerns, gender, bullying, workplace, and HIV/AIDS. Offers factual information and local resources for the senior community via the GLBTnearme.org national database.

Hours: Monday - Friday 4 pm - 12 midnight and Saturdays 12 pm - 5 pm

Fees: No fee

Michigan Medicine - Transgender Services - Support Groups

Website: www.uofmhealth.org/conditions-treatments/support-groups (multiple languages)

Address: 4200 Plymouth Road, Ann Arbor MI 48109

Phone: (734) 998-2150

Fax: (734) 998-2152

Email: genderservices@med.umich.edu

Services: All groups provide an accepting and inclusive space to find support and make connections with others. Participant interests direct the discussion. All are held virtually by Zoom.

Contact agencies directly for current hours / services.

- *Transgender and Gender Nonconforming Adult Support Group* - 1st Tuesday 6 – 8 pm
- *Parents of Transgender and Gender Nonconforming People* - 2nd Tuesday 6:30 – 7:30 pm
- *Partners of Transgender and Gender Nonconforming People* - 3rd Tuesday 6 – 7:30 pm

Fees: No fee. Registration requested.

MiGen - Michigan LGBTQ+ Elders Network (formerly **SAGE - Services & Advocacy for GLBT Elders - Metro Detroit**)

Website: migenconnect.org/

Facebook: www.facebook.com/MiGenConnect

Phone: (313) 241-8994

Services: Provides training, information, advocacy and programming for the LGBTQ+ and supporting communities. [Client Application Form / MiGen Program Enrollment Form](#) then register for specific events through the [calendar](#).

- *Caregiver Support Group* - LGBTQ+ caregivers or those who care for LGBTQ+ older adults. 2ND Wednesday 6 pm - Virtual.
- *Food Box Delivery Program* - Boxes of healthy non-perishable food are delivered monthly to those 60+ by LGBTQ-friendly volunteers.
- *Friendly Caller* - commit to one call per week for four months.
- *MiSocials* - Virtually and in person. Thursdays 11 am
- *Technical and Computer Support* - TechBuddy offers online and in-person support.

Hours: Call for hours.

Fees: No fee.

PFLAG (Parents Families and Friends of Lesbians and Gays)

Website: www.pflag.org

Services: Support and information group for those learning to deal with the reality of homosexuality and how to provide loving support. For gay, lesbian, bisexual and transgender children, family, and friends.

Hours: Find a virtual meeting [pflag.org/meetings/?f-topic\[\]=virtual](http://pflag.org/meetings/?f-topic[]=virtual)

Fees: No fee.

LOW VISION

Disability Network: Washtenaw, Monroe, Livingston - Your World: Navigating Life with Blindness and Low Vision

Website: dnwml.org/calendar/ (search for "vision" - drop down for future months)

Phone: (734) 971-0277

Services: Monthly meetings offer socialization and education at the Disability Network: Washtenaw, Monroe, Livingston (formerly Ann Arbor Center for Independent Living / CIL), 3941 Research Park Drive, Ann Arbor MI. 48108;

Hours: 1ST Wednesday 12-1 pm (Zoom)

Fees: No fee

Greater Detroit Agency for the Blind & Visually Impaired (GDABVI)

Website: www.lifebeyondsight.org/resources/social-activities/

Phone: (313) 591-3792 to RSVP

Services: lok meetings to share experiences, connect with others on the vision journey, and learn about ways to maintain mental and physical health and well-being. Covers Washtenaw County.

Hours: 2nd Tuesday 12 noon

Fees: No fee.

Kellogg Eye Center - Peer Mentor Program - University of Michigan

Website: www.umkelloggeye.org/conditions-treatments/lowvision/peer-mentor-program

Services: Mentors share their own experiences from a peer perspective and listen to patients and caregivers. They provide information, guidance and emotional support. help confronting challenging issues and emotions.

Hours: Hours TBD. Can be one time, via phone, etc.

Fees: No fee.

Turner Senior Wellness Program - Michigan Medicine – Low Vision Support Group

Website: michmed.org/tswp

Address: Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor MI 48105

Phone: (734) 764-9353

Services: Provides free information and support through presentations to senior adults affected by macular degeneration and related retinal diseases.

Hours: 4th Wednesday 1 - 2:30 pm

Fees: No fee.

MENTAL HEALTH

988 Suicide and Crisis Lifeline

Website: 988lifeline.org 988lifeline.org/es/ (also other languages)

Toll Free or text: 988 **Español:** 988 then 2 **LGBTQI+:** 988 then 3

Veterans Crisis Line: 988 then 1

TTY Toll Free: 711 then 988 **Videophone:** 988 Videophone

Text: 988

Online Live Chat: 988lifeline.org/chat/

Services: Trained counselors are available to assess needs and connect callers with resources, and alert local emergency crisis teams, if necessary. Offers aid and resources for maternal mental health, Black mental health, Native Americans and Alaskan Natives and for those who are deaf, hard or hearing or who have hearing loss. Has specialized resources for individuals with neurodivergence, veterans, suicide attempt survivors, disaster survivors, loss survivors, LGBTQI+ individuals, and youth. Operates through the National Suicide Prevention Lifeline's network of more than 200 locally operated and funded crisis centers nationwide, including those in Michigan.

Hours: 24 Hours

Fees: No fee.

Ann Arbor Area ADD/ADHD Support Group

Website: www.meetup.com/AnnArbor-ADHD-ADD-Support/

Contact agencies directly for current hours / services.

Services: Support groups for adults with Attention Deficit / Hyperactivity Disorder to share wins and challenges, and exchange information or tips and tricks. Hybrid meetings with in-person and remote members connecting via Zoom.

Hours: 3rd Saturday 10 am. Must join the group to see location details.

Fees: No fee.

American Association of Retired People (AARP) - Friendly Voice

Website: www.aarp.org/home-family/friends-family/friendly-voice/

Phone: (888) 281-0145 Español: (888) 497-4108

Email: friendly.voice@aarp.org

Services: Trained volunteers call to say hello providing a friendly voice. Available only for US callers.

Hours: 9 am - 5 pm

Fee: No fee.

Clutterers Anonymous (CLA) - Ann Arbor

Website: clutterersanonymous.org/

Email: meetings@clutterersanonymous.org

Services: Welcomes anyone struggling with an obsessive, compulsive or addictive relationship with clutter. Offers Daily Phone Lines, Activity Sessions, Zoom Meetings and Topic/Speaker Meetings.

* Daily Phone Lines: 12 pm — Divine Decluttering (267) 807-9611 Access code 852600#
8 pm — (540) 792-0194 Access code 102163#

Check Meetings and Events Schedule clutterersanonymous.org/meetings/calendar-of-all-events/ for other types of meetings. Drop down menu to find type of meeting desired. Literature and audio information, free and paid, is available from the Electronic Versions for Download page (under Store) clutterersanonymous.org/electronic-versions-for-download/

Hours: Vary, see above.

Fees: No fee.

Crisis Text Line

Text: 741741

Services: First responses are automated then connects with a Crisis Counselor.

Hours: 24 Hours

Fees: No fee. Messaging rates apply if NOT on Verizon, Sprint, AT&T or T-Mobile.

Depression and Bipolar Support Alliance (DBSA)

Website: www.dbsalliance.org/

Services: In-person and online support groups give people living with depression and bipolar disorder a safe, welcoming place to share experiences, discuss coping skills, and offer each other hope.

* Michigan in-person support groups — www.dbsalliance.org/support/chapters-and-support-groups/find-a-support-group/?state=MI

* Online support groups — www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/ searchable by name, topic or category

* Identity-based support groups — www.dbsalliance.org/support/cifgroups/

Hours: See specific group for days and hours.

Fees: No fee.

Family Crisis Center of Washtenaw

Website: www.familycrisiscenterwashtenaw.org/programsservices (multiple languages)

Address: 2385 S. Huron Pkwy. Suite 2N, Ann Arbor MI 48104

Phone: (734) 544-3050 Crisis line / mobile crisis services

Services: Suicide risk assessment, information and referral for behavioral health and substance abuse services, crisis planning and crisis stabilization and support for those on Medicaid. Crisis lines open to all Washtenaw County residents.

Hours: 24 Hours

Fees: Vary; call for information.

Michigan Peer Warmline - Michigan Department of Health and Human Services

Website: mcal.my.site.com/mical/s/michigan-warmline

Phone: (888) 733-7753

Services: For Michiganders living with persistent mental health and/or substance use conditions. The Warmline connects individuals with certified peer support specialists who have lived experiences of behavioral health issues, trauma or personal crises, and are trained to support and empower the callers. All calls are anonymous. Other states may have a Warmline that take out-of-state calls and speak languages other than English — search at Find A Warmline www.warmline.org/

Hours: 10 am - 2 am

Fees: No fee.

Michigan Department of Health and Human Services - Stay Well Program Resources

Website: michigan.gov/StayWell

Services: Programming ended in 2023 but the archive contains helpful and relevant mental wellness resources.

Hours: 24 Hour

Fees: No fee.

Michigan Medicine - Comprehensive Eisenberg Family Depression Center - Depression Center Toolkit

Website: depressioncenter.org/outreach-education/depression-center-toolkit

Services: Provides information, tools, support and resources to help individuals and families struggling with depression, bipolar disorder or other mental health conditions. Offers resources for family members and caregivers who are looking to better understand depressive illness and related disorders.

Hours: 24 Hour

Fees: No fee.

NAMI - Connection 55+

Website: naminycmetro.org/programs/nami-connection-55/

Phone: (646) 558-8656, enter Meeting ID: 839 6887 8972, Password: 954414

Services: Online [video](#) (Zoom) & telephone support group for adults 55+ with mental illness or any mental health challenge. Develop coping skills, share common experiences, gain self-advocacy skills, and find community. Closed captioning available. Observers not permitted.

Hours: 1st & 3rd Tuesdays, 4 - 5:30 pm (join by 4:05 pm; no admission after 4:30 pm)

Fees: No fee.

NAMI (National Association on Mental Illness) - Washtenaw County

Website: namiwc.org/about/mental-health-support-groups/

Phone: (734) 994-6611

Services: Support group meetings are structured in ways that encourage full group participation. Registration required. All currently (March 2022) meeting via Zoom.

Contact agencies directly for current hours / services.

- *Connection Recovery Support Group* - open to anyone with a mental health condition who is 18+. 1st & 3rd Wednesdays 7 - 8:30 pm via Zoom
- *Friends and Family* - for adults who have a friend/family member with a mental health condition. 1st Tuesday & 3rd Wednesday 7 - 8:30 & 4th Monday 6 – 8:30 pm.
- *NAMI Faith Group* - combines scripture lessons, educational topics and a sharing time to promote support and spirituality in mental health. Open to adults living with mental health challenges, and to anyone who wants to learn how to better support them. Inclusive and welcomes all religions and all people. 2nd Tuesday 7 – 8:30 pm & 4th Tuesday 7:30 - 9 pm.

Hours: See individual group information above. To register, go to namiwc.org, click on " Our Programs, or call 734-994-6611

Fees: No Fee

Perfect Pair

Website: www.perfectpair.org/ (multiple languages)

Email: info@perfectpair.org umich@perfectpair.org

Services: Fosters one-on-one, intergenerational connections between older adults and college students to combat loneliness and improve overall health and wellbeing. New fall 2024 is a "Pairs with Pride" pilot in the AA/Metro Detroit area for creating connections between LGBTQIA+ older and younger adults through intentional pairing to create meaningful friends, mentorship, career development, and advocacy. There will be in-person meetings. Email pairswithpride@perfectpair.org

Hours: Determined by pair.

Fees: No fee.

Veterans Crisis Line

Website: www.veteranscrisisline.net <https://www.veteranscrisisline.net/es/>

Toll Free: 988 press 1 (888) 628-9454 en Español

TTY Toll Free: 711 then 1 (800) 273-8225

Text: 838255

Online Live Chat: Yes

Services: Confidential support for veterans -- including national guard and reserves, and their family members and friends.

Hours: 24 Hours

Fees: No fee

MULTIPLE SCLEROSIS

Ann Arbor MS Support Group

Website: www.nationalmssociety.org/how-you-can-help/get-involved/calendar-of-all-programs-and-events/ann-arbor-ms-support-group

Email: annarbormsgroup@gmail.com

Services: Email for link to Ann Arbor meeting. Other MS support groups are also available for virtual meetings.

Hours: Mondays 7 - 8:30 pm (except legal holidays) meets virtually

Fees: No fee.

National MS Society - Michigan Chapter

Website: www.nationalmssociety.org/resources/get-connected/in-your-area/mig

Contact agencies directly for current hours / services.

Phone: (800) 344-4867

Chat: Yes, www.nationalmssociety.org/contact-us

Services: Hosts a calendar of events www.nationalmssociety.org/how-you-can-help/get-involved/calendar-of-all-programs-and-events which includes exercise programs, support groups and more.

Hours: 24 Hours Website

Fees: No fee.

OSTEOPOROSIS

Bone Health and Osteoporosis Foundation (BHOFF) - Osteoporosis Online Support Community

Website: www.bonehealthandosteoporosis.org/osteoporosis-online-support-community/

Services: Brings people with and affected by osteoporosis together online to share experiences and provide support for one another. Message boards, moderated discussions and more. Must register for an online account with email address. These virtual support groups

www.bonehealthandosteoporosis.org/patients/patient-support/bhof-support-groups/ are open to all —

Bone Buddies Online (2nd Saturday 10 am plus others) and Osteoporosis Resources & Support Group (1st Tuesday 7 pm)

Hours: 24 Hours website

Fees: No fee.

PARKINSON'S DISEASE

Michigan Parkinson Foundation

Website: parkinsonsmi.org/wp-content/uploads/2024/12/2025-Up-to-Date-Support-Group-Listing-2.pdf

Address: Ann Arbor Support Group & Glacier Hills Support Group

Trinity Health - Women's Health Center, 5320 Elliott Dr., Suite 203, Ypsilanti MI 48197

2nd Sunday 2 pm — no meetings July & August

Glacier Hills Senior Living, 1200 Earhart Road, Ann Arbor MI 48105

3rd Monday 1 pm

Phone: see website for current phone contacts

Email: see website for current email contacts

Services: Support groups for people with PD and their families listed by county. Virtual Support Groups, Caregiver Virtual Support Groups and African American Support Group information given at end of county listings.

Hours: See website for most current information.

Fees: No fee.

PULMONARY DISEASE

Michigan Medicine - Division of Pulmonary & Critical Care Medicine - Support Groups

Website: www.uofmhealth.org/pulmonary-and-critical-care-medicine-support-groups

(multiple languages)

Address: Michigan Medicine Pulmonary Rehabilitation Center, Suite 14, Burlington Office Center, 325 E. Eisenhower Parkway, Ann Arbor MI 48108

Services: Support group opportunities for those with lung diseases and their caregivers.

- *Harmonica Club* - Tuesdays 10 am (734) 998-8723 ask for club director
 - Participants must purchase their own harmonicas.
- *Quest for Breath Idiopathic Pulmonary Fibrosis Support (IPF) Support Group* - 1st Tuesday 2 - 3:30 pm (Meets on Second Level, Burlington Office Center)
 - Please bring supplemental oxygen tank/s as they will not be provided.

Hours: Call for current information

Fees: No fee except as noted above.

TRANSPORTATION - rev Nov 2022

Ann Arbor Area Transportation Authority (AAATA) - The Ride

Website: www.theride.org

Address: 2700 S. Industrial, Ann Arbor MI 48104

Phone: General (734) 973-6500 normal business hours

Route/Schedule Information (734) 996-0400

A-Ride (734) 973-1611

Senior GoldRide

Flex Ride: (734) 794-0377 or [Mode Car](#) (734) 707-0707 or smartphone app

Holiday and Night Ride (734) 528-5432

Toll Free: myride2 (866) 977-9423 MyRide Mobility Management Service

Online Live Chat: Yes; canned responses; limited hours

Services: The AAATA provides bus service seven days a week on 34 routes serving Ann Arbor, Pittsfield Township, Ypsilanti, Ypsilanti Township, limited areas of Superior Township (SH and WCC), Chelsea, and Dexter.

- **A-Ride:** Wheelchair accessible transportation for disabled people unable to ride fixed-route buses free; advance reservations needed. Serves Ann Arbor and selected other locations (Pittsfield, Superior & Ypsilanti townships for a low fare). 8 am - 5:30 pm weekdays; 8 am - 5 pm weekends. Reservations required; may be made up to 3 days in advance.
- **Fare Deal:** 30-day discounted passes for fixed routes based on income, age (60-64) or disability.
- **Fixed-Route Bus Service:** 65+ free with GoldRide ID or discounts with Fare Deal card
- **GoldRide:** Seniors citizens 65+ with an ID card issued by AAATA ride free on regular fixed routes. Includes the City of Ypsilanti and portions of Ypsilanti Township. One-way rides are available for \$20; book 24 hours in advance. (734) 973-6500 or GoldRide@TheRide.org

Contact agencies directly for current hours / services.

- **[Flex Ride](#)**: A shared-ride transportation service for \$1, or discounts with Fare Deal card, providing connections to TheRide's fixed-route bus system and to other destinations in the greater Ann Arbor and Ypsilanti area. (734) 794-0377 or [Mode Car](#) (734) 707-9707 or smartphone app (*FlexRide by TheRide*). Provides curb-to-curb service during late-night hours and on major holidays when regular fixed-route service is not available. Next day and same day reservations.
- **[Holiday and Late Night Ride](#)**: late-night, door-to-door services in the City of Ann Arbor and downtown Ypsilanti by contract with local cab company. Call for fares. Reservations by phone (734) 528-5432 or via [ModeCar](#)
- **[Michigan Flyer-Air Ride](#)**: In addition to airport service for Ann Arbor, Brighton and East Lansing, provides transportation between Ann Arbor and Brighton as well as Ann Arbor and East Lansing on select routes. Motor coaches are wheelchair accessible. 24-hour advance reservations are recommended. (734) 707-7AIR (7247), (517) 333-0400 or [online](#).
- **[myride2](#)** Connects seniors & adults with disabilities to rides within Washtenaw and surrounding counties. Provides transportation coordination to transit dependent individuals within Washtenaw County and to select locations in surrounding counties. Monday - Friday 8:30 am - 11:30 am & 12:30 pm - 5:30 pm 8 am - 4 pm **Toll Free** (855) myride2 (697-4332) **TTY Toll Free**: (800) 649-3777 multilingual. 24 hour advance scheduling is recommended. Responds within two (2) business days.
- **[Senior Grocery Ride](#)**: Provides weekly trips from select senior housing communities for \$.75 cents each way per person. (734) 973-6500
- **[Washtenaw Express](#)**: Route between Blake Transit Center and Ypsilanti Transit Center with limited stops. Route 104. Runs Mondays - Fridays.

Fees: Based on services used.

Ann Arbor Community Center - Senior Ride Assist

Website: annarbor-communitycenter.org/services-seniors/

Phone: (734) 662-3128

Hours: Call and leave message.

Fees: No fee.

Ann Arbor (Jackson Road) Community Connector

Website: ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/

Phone: (734) 475-9494 reservations or route deviations - leave name + number after hours

Services: Inter-urban express bus routes linking Chelsea, Dexter, Scio Township and Ann Arbor along the Jackson Road corridor. Ride on a WAVE Community Connector bus at any of the bus stop locations **without a ride reservation**. Some route deviations are available — includes Kiwanis on request - call for more information.

Hours: Varies with route; see online [Maps and Schedules +](#).

Fees: Varies with route; see online [Maps and Schedules +](#)

Care Management by Natalie

Website: caremanagementbynatalie.com

Phone: (734) 224-4144

Email: info@cmbynatalie.com

Services: Outpatient transportation and companionship for taking people to medical procedures when the patient needs a companion (e.g., colonoscopy). In addition to accompanying and staying, they will pick up prescriptions and communicate with family about instructions. Covers greater Washtenaw County, Brighton and Plymouth areas.

Hours: Call for hours.

Fees: Currently (October 2022) \$38/hour.

Care Transport

Website: www.caretransport.us

Address: 4180 Packard Road, Ann Arbor MI 48108

Phone: (734) 216-4231 dispatch (734) 434-6786 office

Fax: (734) 434-6782

Email: info@caretransport.us

Services: Provides non-emergency transportation services by car, minivan, or wheelchair vans for ambulatory and wheelchair-bound persons. Wheelchair vans are equipped with lifts and raised roofs. Also provides shuttle service via buses and airport service.

Hours: 24 Hours; call to schedule during regular business hours.

Fees: Charge per mile or flat rate; call for details. Accepts cash, checks and major credit cards.

Chelsea Community Connector

Website: ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/

Phone: (734) 475-9494 reservations or route deviations - leave name + number after hours

Services: Inter-urban express bus routes linking Chelsea, Dexter, Scio Township and Ann Arbor along the Jackson Road corridor. Ride on a WAVE Community Connector bus at any of the bus stop locations **without a ride reservation**. Some route deviations are available — includes Kiwanis on request - call for more information.

Hours: Varies with route; see online [Maps and Schedules +](#).

Fees: Varies with route; see online [Maps and Schedules +](#)

Chelsea Community Ride

Website: ridethewavebus.org/maps-and-schedules/chelsea-community-ride/

<https://ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/>

Phone: (734) 475-9494

Services: Provides a free business district shuttle which can 'flex' between scheduled pickup points along the route to provide stops at the businesses of choice. [W.A.V.E.](#) policies and traffic conditions are considered when passengers request 'flex' stops.

Hours: Services provided 7 days a week. Phone Monday – Friday 9 am – 5 pm for information.

Fees: Free for Chelsea residents.

Chelsea Senior Center

Website: chelseaseniors.org

Phone: (734) 475-9242

Email: ROAM@chelseaseniors.org

Services: ROAM (Rural Older Adults in Motion) coordinator helps seniors 60+ connect to transportation options. Offers fare-free WAVE bus passes to seniors. Provides Ann Van transportation services to the Chelsea Farmers Market and special "ROAM Around Town" outings.

D2A² Connecting Detroit and Ann Arbor - Regional Transit Authority of Southeast Michigan

Website: d2a2.com (available in multiple languages)

Address: D2A2 Blake Transit Center, 328 S. 5th Avenue, AA MI 48104

D2A2 Grand Circus Park, 1508 Park Avenue, Detroit MI 48226

Phone: (517) 333-0400

Email: info@michflyer.com

Contact agencies directly for current hours / services.

Services: Pilot express bus service between Grand Circus Park, Detroit and the Blake Transit Center, Ann Arbor sponsored by the RTA and AAATA (The Ride; operated by Michigan Flyer). Wheelchair lift reservations available. Provides links to information on [Senior and Disabled Services](#)
Hours: See schedule for Monday - Friday and Saturday - Sunday hours.
Fees: c

Dexter Community Connector

Website: ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/
Phone: (734) 475-9494 reservations or route deviations - leave name + number after hours
Services: Inter-urban express bus routes linking Chelsea, Dexter, Scio Township and Ann Arbor along the Jackson Road corridor. Ride on a WAVE Community Connector bus at any of the bus stop locations **without a ride reservation**. Some route deviations are available — includes Kiwanis on request - call for more information.
Hours: Varies with route; see online [Maps and Schedules +](#).
Fees: Varies with route; see online [Maps and Schedules +](#)

Freedom Road Transportation

Website: freedomroadtransportation.org
Phone: (248) 232-1259
Fax: (248) 232-1242
Email: info@freedomroadtransportation.org
Services: Provides a volunteer driver program for Washtenaw County residents in need of transportation. Provides monetary incentives for volunteer drivers.
Hours: Call for information.
Fees: No fee.

Health Plus Transportation

Website: www.healthplustransport.com (multiple languages)
Address: 124 Pearl Street, Suite 403, (PO BOX 972054) Ypsilanti MI 48197
Phone: (734) 547-7813
Fax: (734) 547-8293
Email: info@healthplustransport.com
Services: Provides non-emergency 24 hour medical transportation via wheelchair vans, mlnivans and sedans for medical needs in southeast Michigan.
Hours: Services provided 24 Hours. Phone Monday – Friday 8 am – 5 pm or make reservations online. Need a minimum of 3 hours notice.
Fees: Call for fee. Accepts most insurances, workman's compensation and private pay.

Huron Valley Ambulance - Non-Emergency Transports
(formerly **Wheelchair Vans**)

Website: www.emergenthealth.org/schedule-a-transport/
Address: 1200 State Circle, Ann Arbor MI 48108
Phone: (734) 994-4111 dispatch
Toll Free: (800) 872-1111
Services: Provides non-emergency medically-necessary ambulance transport within Washtenaw and parts of Western Wayne counties.
Hours: Monday - Friday 6 am - 8 pm Saturday and after-hours pickup available by appointment.
Fees: Call for fee.

JFS GO (formerly Transportation Services)

Website: www.jfsann Arbor.org/jfsgo.html

Address: 2245 S. State Street, Ann Arbor MI 48104

Phone: (734) 769-0209 Ext. 305

Fax: (734) 769-0224

TTY Toll Free: 711

Email: info@jfsann Arbor.org

Services: Provides rides within the Ann Arbor and Ypsilanti area to medical appointments, grocery stores, work, errands, and special events. Must be a JFS client and make reservations by phone during business hours 30 days to a minimum of one day in advance. May make appointments for recurring, standing appointments events up to one month in advance.

Hours: Office, Monday - Thursday; 9 am - 5 pm; Fridays 9 am - 3 pm

Fees: Call for rates. Fees may be adjusted by the JFS Fee Review Committee to accommodate those who are unable to pay the full fee.

Kettles VA Medical Center (VA Ann Arbor) - Veterans Transportation Service (VTS)

Website: www.va.gov/ann-arbor-health-care/dav-vans-transportation-for-veterans/

Phone: (734) 222-7145

Services: Assists ambulatory Veterans (both inpatients and outpatients) with transportation to appointments. Must schedule by 4 pm the day prior to an appointment. Available to qualified veterans, caregivers, family and guests.

Hours: 5:30 am - 6:30 pm dispatch or leave voicemail

Fees: No fee.

Manchester Area Senior Citizens Council, Inc.

Facebook: www.facebook.com/groups/manchesterseniors

Address: 410 City Road, (PO BOX 31) Manchester MI 48158

Phone: (734) 385-6308

Meals/Transportation

Email: mascc2019@yahoo.com

Services: Transportation is available to medical appointments and to meals. Meals available Tuesdays and Thursdays for adults age 55+.

Fees: Call for rates. Vouchers may be available from the Community Resource Center by calling (734) 428-7722 before scheduling an appointment.

MedSync Transportation & Services

Website: www.medsynctransportation.com

Address: 2035 Hogback Road, Suite 103, Ann Arbor MI 48105

Phone: (734) 646-8846 24 Hours

Fax Toll Free: (877) 474-5065

Email: contact@medsts.com

Services: Provides non-emergency transportation for seniors, the disabled and those in wheelchairs in Ann Arbor, Metro Detroit, and Ypsilanti and extended transportation to the entire state of Michigan and neighboring states. Also has accompaniment service. Service for trips from 200-500 miles must be scheduled 36 hours In advance.

Hours: Service provided & phones answered 24 Hours, including federal holidays.

Fees: Fees are flexible. Insurance accepted. Call for fares.

Michigan Medicine - Guest Assistance Program

Contact agencies directly for current hours / services.

Website: <https://www.uofmhealth.org/patient-visitor-guide/guest-assistance-program>

Address: University Hospital, Room 2B203, 1500 E. Medical Center Drive, Ann Arbor MI 48109

Services: Evaluates all available resources and often provides the coordination of those services to get one to an appointment at Michigan Medicine.

Phone: (734) 764-6893

Toll Free: (800) 888-9825

Hours: Monday - Friday 9 am - 4 pm

Fees: No fee for assistance; transportation fee depends on provider.

Michigan Transportation Services, Inc. (MTS)

Website: www.michigantransportation.com

Address: PO Box 1118, Novi MI 48375

Toll Free: (877) 777-7900

Fax: (517) 552-1194

Email: customerservice@michigantransportation.com

Services: Provides non-emergency transportation in Washtenaw and adjoining counties for ambulatory and non-ambulatory individuals in sedans and wheelchair vans. Local and long distance door-to-door services available. Guarantees transportation with 24 hour notice; same day requests may be fulfilled.

Hours: Office Monday – Friday 8 am – 5 pm; Transportation services available 24 Hours

Fees: Accepts most major insurances and worker's compensation plus private pay. Call for fees.

Milan Seniors for Healthy Living - Transportation

Website: milanseniors.org/home/transportation

Address: 45 Neckel Court Milan MI 48160

Phone: (734) 508-6229

Text: (734) 508-2739

Fax: (734) 439-4315

Email: mshl@milanseniors.org

Services: Transportation services for persons 60+ in the 48160 zip code up to 20 miles outside Milan. Care partners ride at no additional cost. Uses wheelchair accessible vehicles.

Hours: Monday - Friday 7:30 am - 4 pm; closed federal holidays and for extreme weather

Fees: Visit the website for the current fees.

myride2

Website: www.myride2.com (multiple languages)

Toll Free: (855) myride2 (697-4332) also multilingual

TTY Toll Free: (800) 649-3777

Services: Provides telephone support and online information on finding transportation resources, continuing to drive safely, and using public transportation to seniors and adults with disabilities. Serves Washtenaw and other southeast Michigan counties, Developed by Area Agency on Aging 1-B.

Hours: Monday - Friday 8 am - 4 pm Leave message for call back within two (2) business days

Fees: No fee for assistance; usual fees for transportation.

Partners in Care Concierge (PiCC) - Jewish Family Services

Suspended due to COVID

Website: jfspartnersincare.org

Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104

Phone: (734) 769-0209

Fax: (734) 769-0224

Email: info@jfsannarbor.org

Services: Medical appointment accompaniment service by and transportation with trained volunteer partners for older adults. Wheelchair accessible transportation provided.

Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm

Fees: Call for rates.

People's Express (PEX)

Website: www.peoplesexpressmi.com

Address: 10 Jennings Road, Whitmore Lake MI 48189

Phone: (877) 214-6073 Reservations

Fax: (734) 449-0840

Services: Transports seniors or those with special needs door-to-door to locations within Washtenaw County that are not part of Ann Arbor Area Transit Authority (AAATA) fixed routes. Provides residents of greater Ann Arbor and Northern Washtenaw County with medical, work, educational, and personal rides. Grants are sometimes available for low income residents. Wheelchair accessible, aides ride free with the client. Must make reservations 3 days ahead. No weekend service. Call between the hours of 10 am - 7 pm for scheduling.

Hours: Monday – Friday 8 am - 5 pm; closed on select holidays.

Fees: Call for fee.

People's Express (PEX) - Washtenaw County - Northfield Township to Ann Arbor-Ypsilanti Urban Area

Website: peoplesexpressmi.com/washtenaw

Phone: (877) 214-6073 Reservations

Services: Transports residents of Northfield Township to the Ann Arbor-Ypsilanti Urban Area. Must make reservations 3 days ahead. Call 10 am - 7 pm for scheduling.

Hours: Closed on holidays and the day after Thanksgiving.

Fees: The fare for seniors 65+ and persons with disabilities is \$1.25 per mille or no more than \$7.00 each way.

People's Express (PEX) - Washtenaw County - Saline

Website: peoplesexpressmi.com/washtenaw

Phone: (877) 214-6073 Reservations

Services: Transports residents of Saline to locations within the City of Saline and to certain destinations in Ann Arbor and Ypsilanti. Must make reservations 3 days ahead. Call 10 am - 7 pm for scheduling.

Hours: Closed on holidays and the day after Thanksgiving.

Fees: The fare for seniors 65+ and persons with disabilities is \$2.00 for one-way trips within the City of Saline and to select nearby destinations. Fares for out of town trips are per-mile pricing.

Reliable Home Care, LLC

Website: www.reliablecare2.com/

Address: 2723 S. State Street, Suite 150, Ann Arbor MI 48104

Phone: (734) 395-7887 24 Hours

Email: rhcareinyourhome@aol.com

Chat: Leave message for email response.

Services: Call for information.

Hours: Monday - Friday 7 am - 5 pm

Fees: Call for information.

Scio Township (Jackson Road) Community Connector

Website: ridethewavebus.org/maps-and-schedules/chelsea-dexter-ann-arbor-connectors/

Phone: (734) 475-9494 reservations or route deviations - leave name + number after hours

Services: Inter-urban express bus routes linking Chelsea, Dexter, Scio Township and Ann Arbor along the Jackson Road corridor. Ride on a WAVE Community Connector bus at any of the bus stop locations **without a ride reservation**. Some route deviations are available — includes Kiwanis on request - call for more information.

Hours: Varies with route; see online [Maps and Schedules +](#).

Fees: Varies with route; see online [Maps and Schedules +](#)

There & Back Transportation

Website: www.thereandbacktransportation.com

Address: 1828 E. Michigan Avenue, Ypsilanti MI 48198

Phone: (734) 686-7300

Fax: (734) 905-7106

Email: thereandback60@gmail.com

Services: Provides non-emergency medical transportation and other transportation services including airport, casinos, business appointments, and special events. Offers wheelchair transport.

Hours: Monday - Friday 9 am - 5 pm Office

Fees: Call for fees.

Washtenaw Rides for Older Adults (formerly AARP Ride@50+SM - Washtenaw County)

Website: feonix.aarp.org/washtenaw (multiple languages)

Toll Free: (734) 259-4125

Email: support@feonixmobilityrising.org

Services: Helps seniors find and book transportation for essential trips, like medical appointments and grocery shopping, and food pantry appointments. Scheduled and on-demand rides available. Book [online](#), via phone or with the Feonix smartphone app ("Catch-A-Ride"). 24 hour notice required. May be put on waitlist.

Hours: Monday - Friday 6 am - 11 pm Saturday 8:30 am - 6 pm phone support

Fees: Winter 2024 - grant covers fees; when grant expires — based on ride length and transportation option chosen; pay online, by phone or via app.

Western-Washtenaw Area Value Express (WAVE)

Website: www.ridethewavebus.org

Phone: (734) 475-9494 Dispatch: 8 am - 4:15 pm

Services: Provides affordable transportation to everyone in need.

- Door-to-Door service in the Chelsea area and the Dexter school district via shared rides and standing ride appointments in accessible vehicles. Call in advance for this service.
- **Community Connector** (inter-urban express route) goes to AAATA transfer stop at Meijer on Jackson/Zeeb Road in Ann Arbor. Wheelchair lifts or ramps are available. Hop-On ride service; no reservations needed.

Contact agencies directly for current hours / services.

- **LifeLine Community Van service** is available to residents of western Washtenaw County. May be used for medical appointments, grocery shopping, pharmacy visits or general shopping. Reservations needed.
- **Stockbridge-Manchester Shuttle** operates fare-free from Chelsea to Stockbridge & Manchester via shared rides and standing ride appointments in accessible vehicles.

Hours: Door to door services: Monday – Friday 8 am – 4:30 pm; Community Connector Bus Service: [Maps and Schedules +](#). Stockbridge-Manchester Shuttle Monday – Friday 8 am – 4:15 pm

Fees: Dependent upon distance and service. Personal care attendants ride free. Discounts are available for those under 60, seniors, the disabled and students.

COMMERCIAL RIDE-SHARING & CAR-SHARING SERVICES

GoGoGrandparent

Website: GoGoGrandparent.com (also en Español)

Phone: (855) 464-6872 or (855) GoGo-USA 24 Hours

Email: support@gogograndparent.com

Services: Manages screened and monitored services on-demand and scheduled such as rides via Lyft or Uber; delivery of meals, groceries and prescriptions and home services; wellness checks. Requires a touch-tone telephone or voice commands. Rides available up to 100 miles in any direction. Smartphone recommended for rides. Allows advanced and recurring scheduled ride and grocery reservations. Provides updates to designated person/s via text message.

Hours: 24 Hours (Rides); Monday - Friday 8 am - 9 pm (Meals) and 9 am - 10 pm (Pharmacy)

Fees: Four levels of monthly membership fees; may have added fees for rides or meal, grocery, and prescription delivery. Cancellation and no-show fees may apply for rides.

Lyft

Website: www.lyft.com or www.lyft.com/rider or smartphone app

Services: Offers Wait & Save, Standard (up to 4 riders), Shared (4 riders) or Priority Pickup rides in luxury (high-end vehicle seating 4) or extra seating (XL for 6 riders) options for rides up to 100 miles in the Ann Arbor area, including the airport. May schedule rides hours ahead of time and up to 7 days in advance. Riders must have an account with an email address and phone number. Some locations offer rentals of cars, bikes or scooters. Wheelchair Access Vehicles / Access Mode service are *not currently available in Michigan*. Apps compatible with smartphone voice features.

Hours: 24 Hours.

Fees: Fees vary by level of service, distance, traffic and demand. Offers a monthly Smart Savings Plan subscription. Payment via the app only which can be linked to major credit cards, debit cards, prepaid cards and PayPal, Apple Pay or Google Pay, Venmo or checking account. Cancellation fees may apply.

ModeCar.com

Website: mymodecar.com and smartphone app (iOS app last updated 5 years ago)

Phone: (734) 707-9707

Services: Allows on demand and advanced reservations booking for transportation services in the Ann Arbor and Ypsilanti area. Uniformed drivers undergo background checks. Includes service to and from the airport (DTW) and non-emergency medical transportation for the ambulatory plus more.

Hours: 24 Hour dispatch

Fees: Vary by destination. All major credit cards accepted.

Obi (formerly **Bellhop**)

Website: www.rideobi.com for information; must use smartphone app

Services: Smartphone app for comparing prices of taxis, limos and ride sharing services including bikes and scooters (where available). Filter allows viewing of wheelchair accessible vehicles.

Hours: 24 Hours

Fees: No fee. Regular fees apply for using Lyft, Uber, etc.

RideGuru

Website: RideGuru or smartphone app

Services: Price comparison tool gives accurate fare estimates and ride hailing information for companies such as Uber and Lyft or a traditional taxi or limo service in Washtenaw County. Site has general information on ride sharing and a forum for users to exchange information.

Hours: 24 Hours

Fees: No fee. Regular fees apply for using Lyft, Uber, etc.

Turo

Website: turo.com or smartphone app

Services: Search this car sharing marketplace for the geographic area desired – home or away, for available rentals. Includes towns in Washtenaw County. Results can be sorted in various ways; and it's easy to browse by make, category, or destination. Three levels of insurance available, each with liability. 24/7 roadside assistance. Full refunds with 24 hour advance cancellation.

Hours: 24 Hours

Fees: As quoted by host. Discounts may be available for weekly or monthly rentals and early bird (1 week ahead) reservations.

Uber

Website: www.Uber.com or smartphone app (also Español and Chinese)

Services: Matches riders with independent drivers for local rides with up to 2 extra stops. May schedule rides 5 minutes to 30 days ahead of time. Riders must have an account with an email address and phone number. App does not require audio and is easy to use by deaf passengers. Those with low vision should enable smartphone voice services or use the wireless braille display.. [Uber Pet \(Pet Friendly Rides\)](#) available. Service animals permitted at all times with no extra charge.

Hours: 24 Hours

Fees: Fees vary depending on duration, distance, time and demand. Payment via credit or debit card, Uber Cash balance, PayPal or Venmo. Cancellation fees may apply.

UpHail

Website: UpHail.com or smartphone app

Services: A web tool or smartphone app which compares ride-sharing services Lyft, Uber and taxicabs (where each is available) and provides fare estimate and availability for residents of cities in Washtenaw County. No registration or login required for using the web site. Clicking on "Book It" goes to Lyft or Uber websites where an account is needed.

Hours: 24 Hours

Fees: No fee. Regular fees apply for using Lyft, Uber, etc.

ZipCar

Website: ZipCar.com for information and booking; smartphone app

Services: Access hourly, daily, weekly (14 day) car rentals available mostly on UM North and Central Campuses with a few locations downtown and on the outskirts. Vehicle must be returned to home location. Booking available through website or smartphone app. Account and smartphone app required.

Hours: 24 Hours

Fees: \$25 non-refundable application fee; monthly or yearly membership fee. Hourly or daily rates; \$0.58 per mile after 180 included miles per 24 hours; complimentary gas card; insurance included for members (\$1,000 deductible).

VOLUNTEER AND EMPLOYMENT OPPORTUNITIES - rev Sept 2024

Center for Workforce Inclusion (formerly *Senior Service America*)

Website: www.centerforworkforceinclusion.org

Address: 8403 Colesville Road, Suite 200, Silver Spring MD 20910 (Note: Has office in Michigan.)

Phone: (301) 578-8900

Email: contact@workforceinclusion.org

Services: The Center's Inclusion programs — SCSEP, SEE, ACES and others — empower workers 50+ and assist cities and employers, creating a wide-ranging positive economic impact. Programs exist to serve low-income, older job seekers with a focus on communities who traditionally underserved by workforce programs such as veterans, women, and job seekers who were formerly incarcerated.

Hours: Regular business hours.

Fees: Call for fees.

Foster Grandparent Program - Washtenaw County

Website: www.washtenaw.org/782/Foster-Grandparent-Program (multiple languages)

Address: 415 W. Michigan Ave, PO Box 915, Ypsilanti, MI 48197

Phone: (734) 544-3040 Program Specialist

Services: Matches low-income adults 60+ with youth in various settings for 20 hours/week. The foster grandparent acts as role model, mentor and friend; s/he engages the youth in activities that develop literacy and provide emotional support. Volunteers receive a monthly stipend, training and professional development to better understand the needs of youth, transportation assistance, and a free annual medical checkup.

Hours: Monday - Friday 8:30 am - 5 pm

Fees: No fee.

Jewish Family Services of Washtenaw County - GROW

Website: www.jfsannarbor.org/grow.html

Address: 2245 S. State Street, Suite 200, Ann Arbor MI 48104

Phone: (734) 769-0209

Fax: (734) 769-0224

Email: info@jfsannarbor.org

Services: Assists English and non-English speakers with employment searches, job readiness and resume preparation. Offers refugee assistance for employment and business development. Matched savings program available for educational / training goals.

Contact agencies directly for current hours / services.

- Micro Enterprise Development (MED) program offers financial literacy, business planning and technical support.
- MED SPARK offers those plus customer and employee retention best practices and access to craft fairs and markets to sell goods.
- SPARK also offers “Walk-In Wednesday” (program registration required) for guidance on the above topics, as well as hands-on help with business registration or other general consultation needs.

Hours: Monday - Thursday 9 am - 5 pm; Fridays 9 am - 3 pm

Fees: Many services free, others based on ability to pay.

Michigan Works! SE - Washtenaw Service Center (formerly E.T.C.S.)

Website: www.mwse.org Workshop Registration

Address: 1201 East Ellsworth Road, Ann Arbor MI 48108

Phone: (734) 714-9814

Toll Free: (800) 285-WORK (9675)

TTY Toll Free: 711

Services: Provides job search strategies, resume & cover letter assistance; access to computers, copier, telephone and fax services. Website offers a jobs database, workshop registration, and a link to [Adult Education](#) information.

Hours: Mondays, Wednesdays, Thursdays and Friday: 8 am - 5 pm; Tuesdays 8 am- 7 pm

Fees: No fee.

National Experienced Workforce Solutions (NewSolutions) (formerly National Older Worker Career Center)

Website: www.newsolutions.org

Address: 3811 N. Fairfax Drive, Suite 900, Arlington VA 22203

Phone: (703) 558-4200

Email: hq@newsolutions.org

Services: Administers the Agriculture Conservation Experienced Services (ACES) Program for the Natural Resources Conservation Service (NRCS) and for U.S. Forest Service (USFS) of the U.S. Department of Agriculture; the Senior Environmental Employment (SEE) Program for the Environmental Protection Agency (EPA); Senior Community Service Employment Program (SCSEP) in partnership with the AARP Foundation for U.S. Department of Labor and the Experienced Service Program (ESP) for the Bureau of Land Management (BLM) and the National Park Service (NPS) and the Fish & Wildlife Services (FWS) of the U.S. Department of the Interior, as well as for the Economic Research Service (ERS), National Agricultural Statistics Service (NASS), and Agricultural Research Service (ARS) of the U.S. Department of Agriculture.

Utilize its Jobs: Search <https://newsolutions.org/jobs/> database and/or contact recruiters <https://newsolutions.org/jobs/contact-a-recruiter/> for the above programs. Offers free workshops / events — register at <https://newsolutions.org/free-workshops/> or call (866) 523-4413.

Hours: Normal business hours.

Fees: Call for fees.

RSVP (Retired and Senior Volunteer Program) - Catholic Charities of Washtenaw County (formerly Catholic Social Services)

Website: ccwwashtenaw.org/seniors/rsvp-senior-volunteer-program/

Address: 4925 Packard Street, Ann Arbor MI 48108

Phone: (734) 971-9781 ext. 377

Fax: (734) 971-2730

Email: rsvp@csswashtenaw.org

Services: Matches people 55+ with Washtenaw County non-profit agencies who need volunteers to mentor, provide tax assistance, tutor children in after-school programs, conduct friendly visits to homebound senior citizens, deliver meals and more. Also known as [AmeriCorps Seniors](#).

Hours: Monday - Friday 8:30 am - 4:30 pm; Saturdays by appointment.

Fees: No fee. Donations are welcome.

Senior Community Service Employment Program (SCSEP) - AARP Foundation

Website: www.aarp.org/aarp-foundation/our-work/income/scsep/

Address: 3185 Logan Valley Road, Traverse City MI 49684

Toll Free: (855) 850-2525 (national) Se habla Español.

Services: Program helps people 55+ who are unemployed and low-income find part-time work at nonprofit and public agencies to improve work skills in paid training assignments. Provides professional job placement in seeking full-time work. May also access via

- [Center for Workforce Inclusion](#)
- [National Caucus and Center on Black Aged, Inc. \(NCBA\)](#)

As of September 2024, there are opportunities for remote training in the program, although community service assignments have been temporarily suspended. You can call the Work Resources Hotline at 1-855-850-2525 to add your name to a signup list for when training assignments resume.

Hours: Monday - Friday 9 am - 6 pm

Fees: No fee.

Senior Environmental Employment Program (SEE/SEEP) - Environmental Protection Agency

Website: www.epa.gov/careers/senior-environmental-employment-see-program

Services: Provides paid temporary, part-time and full-time positions. These are clerical, technical and professional positions, with benefits, for seniors 55+. Jobs are accessed via organizations that administer the SEE Program:

- [Center for Workforce Inclusion](#)
- [National Association for Hispanic Elderly](#) (ANPPM)
- [National Asian Pacific Center on Aging](#) (NAPCA)
- [National Caucus and Center on Black Aged, Inc. \(NCBA\)](#)
- National Experienced Workforce Solutions, Inc.
 - <https://newsolutions.org/programs/see-program/>
- [National Older Worker Career Center, Inc. \(NOWCC\)](#)

Volunteer Center - United Way for Southeastern Michigan (was: of Washtenaw County)

Website: unitedwaysem.org/get-involved/volunteer/

Address: AA Location — 2305 Platt Road, Ann Arbor MI 48104

Phone: 211 (313) 226-9200 (734) 971-8200

Email: LiveUnited@UnitedWaySEM.org

Services: Provides volunteers to help the community. Sign up for Volunteer Newsletter to see new opportunities.

Hours: Website 24 Hours Office Monday - Friday 8 am - 4:30 pm

Fees: No fee.

VolunteerMatch

Website: www.volunteermatch.org

Contact agencies directly for current hours / services.

Services: A database of opportunities available locally — **in-person** or virtually. Define skills and areas of interest to search. Create free account to save information for future searches.

Hours: 24 Hours

Fees: No fee.

VolunteerMichigan - Michigan Community Service Commission (MCSC)

Website: <https://michiganvolunteers.org/> or <https://www.volunteermichigan.org/>

Services: Programs of the MCSC, Search or browse by cause, explore Michigan nonprofits by name, and browse by ways to volunteer or volunteer centers. Share your interests and receive requests from nonprofits or browse and apply to open projects, consultation needs or board and committee positions. Contact is via web form or registration.

Hours: 24 Hours

Fees: No fee.